

Parent and Child Activities for May Better Speech, Language & Hearing Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h2 style="font-size: 2em; margin: 0;">May 2014</h2> 				<p>1 Talk about why speech, language and hearing are important.</p>	<p>2 Talk about all the muscles you use for speech.</p>	<p>3 Name 5 things that are hot and 5 things that are cold.</p>
<p>4 Wash the dishes together. Name each item and talk about what it is used for.</p>	<p>5 Talk about your favorite movie or book.</p>	<p>6 Play a naming game. See who can name the most fruits, animals, etc.</p>	<p>7 Find objects that rhyme like socks and locks. Talk about rhymes.</p>	<p>8 Take a trip to the library. Read with Mom or Dad every day!</p>	<p>9 Talk about the steps it takes to make your favorite kind of sandwich.</p>	<p>10 Follow a recipe and bake some cookies.</p>
<p>11 Talk about what makes your family wonderful.</p>	<p>12 Name 3 holidays and tell how you celebrate them.</p>	<p>13 Talk about and sort items that are the same or different.</p>	<p>14 Hum your favorite song together- talk about the changes in sound.</p>	<p>15 Look for objects that have the same starting sound.</p>	<p>16 Make Jello. Eat it, swish it in your mouth, and eat it with a fork.</p>	<p>17 Do exercises together. Play balloon volleyball. Run and jump.</p>
<p>18 Name parts of your face and body. Talk about what they are used for.</p>	<p>19 Play a matching game of Go Fish!</p>	<p>20 Find objects that are opposites, like hard and soft, big and little.</p>	<p>21 Listen to music. Talk about how listening too loud or for too long can hurt your ears.</p>	<p>22 Talk about, If you could have 3 wishes, what would you wish for?</p>	<p>23 How are an apple and a banana the same? How are they different?</p>	<p>24 Look in the refrigerator. Name all the fruits you see.</p>
<p>25 Exercise your speech muscles. Stick your tongue out; touch the corners of your mouth, or your nose.</p>	<p>26 Riddle: It has wings. You fly places on it. It's made of metal. What is it?</p>	<p>27 Talk about how you got your name.</p>	<p>28 Listen to sounds outside. Talk about if sounds are loud or soft.</p>	<p>29 Take a walk outside. Find everything that you can that grows.</p>	<p>30 Play with your speech. Talk fast and slow. Loud and soft.</p>	<p>31 Pretend you are going on a picnic. What would you take?</p>