



**JUNE 17, 18, and 19**  
**CRISIS MOBILE PACK FOR UKRAINE**  
(MP2206-166MI Warrington, PA)

at  
St Anne Ukrainian Catholic Church - 1545 Easton Road -  
Warrington, PA 18976

## **VOLUNTEER TO PACK THE FOOD:**

<https://www.fmsc.org/volunteer-listing?mobilepack=2206-166MI>

Registration Begins 5/5/2022



Volunteer having a blast at Mobile Pack

Bogdan &

Vera - Eastern Ukraine - April 2018

## **MONETARY DONATIONS:**

### **TO PAY ONLINE:**

URL: [give.fmsc.org/saintannes](https://give.fmsc.org/saintannes)

URL: <https://give.fmsc.org/campaign/2206-166mi-warrington-pa-st-annes-ukrainian-catholic-church/c401018>

**TO SEND CHECK:** Make Check out to: FMSC and in Memo area, please add **MP 2206-166MI** and send to:

FMSC  
Attn: Chris Savini  
555 Exchange Court  
Aurora, IL 60504

**INFO? Helene (215) 343-3948**

**THIS IS ABSOLUTELY NOT COLLECTING CANNED GOODS OR FOOD!!!!**

## **VOLUNTEER DUTIES AVAILABLE:**

(AGES: 6 to 100)

- **Set up Hall** (Friday 3:30-5p - 20 volunteers needed)
- **Pack the food** (10 people per station-24 stations per 2 hr session - 240 volunteers per session needed); **Put boxes on pallets; and Put labels on packs (sit down at table)** (Friday (6-8p); Saturday (9-11; 12-2; 2:30-4:30; 5:30-7:30); Sunday (11-1))
- **Clean Up Hall** (Sunday 12:30-3:30p - 20 volunteers needed)



## **MannaPack™ Rice ingredients**

**Ingredients:** White Rice, Textured Soy Protein (Soy Flour), Vegetarian Flavoring (Salt, Hydrolyzed Corn Protein, Corn Starch, Dextrose, Soybean Oil, Natural Flavor, Disodium Inosinate, Disodium Guanylate), Dehydrated Carrots, Dehydrated Potatoes.

**Vitamins & Minerals:** Dicalcium Phosphate (Calcium), Magnesium Oxide (Magnesium), Ascorbic Acid (Vitamin C), Ferric Orthophosphate (Iron), d-1 alpha Tocopheryl Acetate (Vitamin E), Maltodextrin, Niacinamide (Niacin), D-Calcium Pantothenate (Pantothenic Acid), Zinc Oxide (Zinc), Manganese Sulfate (Manganese), Vitamin A Palmitate, Pyridoxine Hydrochloride (Vitamin B6), Copper Sulfate (Copper), Thiamin Hydrochloride (Thiamin), Riboflavin, Folic Acid, Biotin, Potassium Iodide (Iodine), Cholecalciferol (Vitamin D3), Cyanocobalamin (Vitamin B12)

# Allergy information

SHARE:   

We advise any volunteers with food allergies to exercise caution when determining whether or not to participate in food packing. We are able to provide a complete list of ingredients in FMSC's food products, but we cannot guarantee the environments where our ingredients are manufactured. **Volunteers with extreme food allergies or allergies to any of the listed ingredients are advised not to pack.**