



YMCA OF BUCKS AND HUNTERDON COUNTIES

EARLY FALL

PROGRAM GUIDE

Doylestown | Sep 10–Oct 31, 2023



Welcome to YMCA of Bucks and Hunterdon Counties' fall program guide. We are pleased to provide clean facilities and safe programs to help you meet your health and wellness needs now more than ever.


IT PAYS TO BELONG.

As a member you have a full list of facility amenities and program benefits! [Click here to learn more.](#)

PROGRAM REGISTRATION DATES:

- **Family Members: August 16** (online, phone or in-person)
- **Member: August 18** (online, phone or in-person)
- **Non-member: August 21** (online, phone or in-person)

NOT A MEMBER? [Click here to join today.](#)



8:22

You have agreed to receive messages from YMCA of Bucks and Hunterdon Counties. Reply HELP for help or STOP to cancel. Msg/data rates may apply.

Know before you go. Sign up for text alerts.

Receive notifications about changes, cancellations and closures for branch-specific programs including:

- building opening delays and closures
- pool closures
- group exercise class changes and cancellations

[SCAN THE QR CODE](#) and fill in the form indicating YES in the space next to the text alerts you would like to receive.

Having trouble opting in? Or already in the system but need to add new locations? [Click here](#) to email Brittney for help.

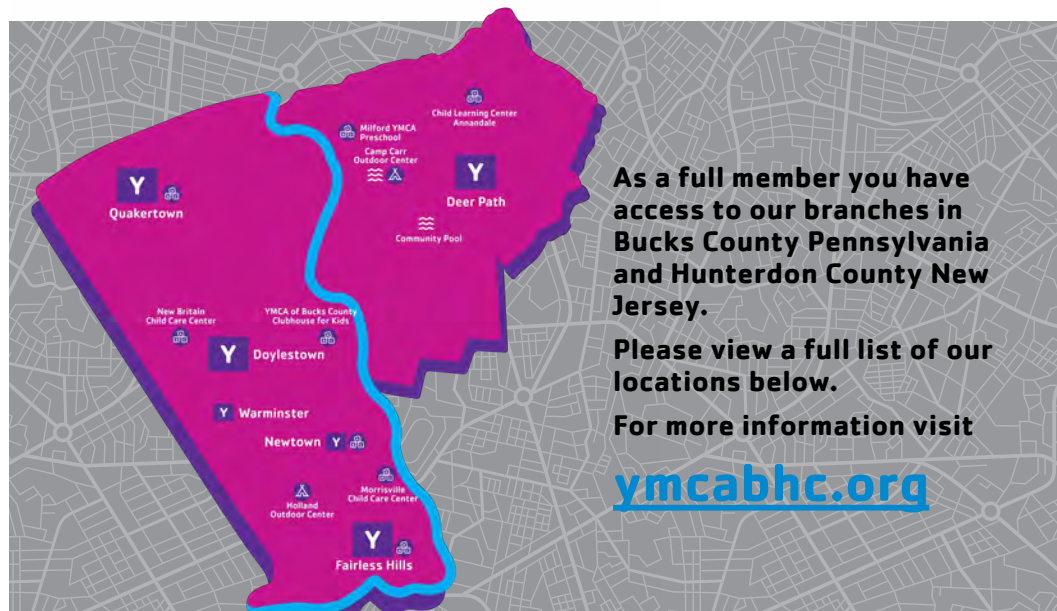
MONTHLY DRAFTS

For our regular youth and adult sports programs, arts and enrichment classes, we have transitioned to monthly drafts instead of requiring re-registration for a session with the exception of seasonal programs and leagues. Register for your youth swim, sports or personal training program and we'll continue to bill you monthly until you request to stop! Super convenient and helpful in establishing schedules for your family!

[Click here to learn more.](#)

FINANCIAL ASSISTANCE

Financial assistance is available for membership, programs and child care through an application process. In time of need, Y financial assistance provides assistance to individuals and families based on an application that takes household income, job loss and other special circumstances into consideration to determine a percentage of aid, based on a sliding scale. For full information and application details [click here to learn more.](#)



As a full member you have access to our branches in Bucks County Pennsylvania and Hunterdon County New Jersey.

Please view a full list of our locations below.

For more information visit

ymcabhc.org



Deer Path – Hunterdon County

144 West Woodschurch Rd., Flemington, NJ
908.782.1030

[Click here](#) for hours and amenities



Doylestown – Bucks County

2500 Lower State Road, Doylestown, PA
215.348.8131

[Click here](#) for hours and amenities



Fairless Hills – Bucks County

601 S. Oxford Valley Road, Fairless Hills, PA
215.949.3400

[Click here](#) for hours and amenities



Newtown – Bucks County

190 S. Sycamore Street, Newtown, PA
215.579.6200

[Click here](#) for hours and amenities



Quakertown – Bucks County

401 Fairview Avenue, Quakertown, PA
215.536.9622

[Click here](#) for hours and amenities



Warminster – Bucks County

624 York Road, Warminster, PA
267.387.9622

[Click here](#) for hours and amenities

FITNESS

We offer state-of-the-art wellness centers and exercise studios, focused on the health and wellbeing of each of our members. Our wellness centers are open and spacious during our operating hours with no reservation required.

GROUP EXERCISE

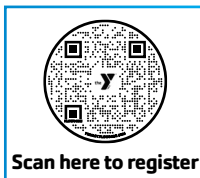
Group exercise classes are available virtually and in-person. Reservations are only required for aquatic group exercise classes. [Click here](#) for schedules and reservations.

FITNESS TRAINING

Training is available one-on-one, with a partner, or in a team setting of three or more participants, outdoors or indoors at any of our branch locations or virtually anywhere you are!

[Book an appointment for an InBody Wellness Scan](#)

For questions, prices, or to book a training package scan the QR code to the right.

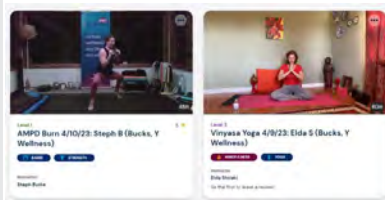


OPEN at the Doylestown branch!

Sips and Berries serving delicious smoothies and other healthy treats!

We are pleased to provide online access to group exercise classes and family and youth programs through our virtual platform, Y Wellness 24/7. This platform provides live and on-demand group exercise, sports and play programs with favorite instructors from 40 YMCAs. The platform also includes access to 80+ live classes each week and more than 7,500 Y-specific, on-demand classes in training, mindfulness, nutrition, stress management, and more.

24/7
Y Wellness



[Click here to enter our Y Wellness 24/7 website](#)

FALL PROGRAMS



Scan or [click here](#) to view program registration information online

GYMNASIUM

Hunterdon County: Deer Path

Bucks County: Doylestown, Fairless Hills and Quakertown

Our gymnasiums are available for open gym, basketball and pickleball.

To view our gymnasium schedules, [click here](#).

AQUATICS

[Click here for Aquatics:](#) Deer Path, Doylestown, Fairless Hills, Quakertown and Warminster

In addition to our aquatics and swim programs, we offer lap swim, open/family swim, a whirlpool (Deer Path, Doylestown) and aquatic group exercise classes. Bucks aquatic exercise classes are available via a reservation system.



Y Wellness My Way – Let's Get Started is a personalized wellness program that helps to keep you accountable while connecting you with others. With the support of fitness professionals, you will learn how to set and reach your goals over a four week period. Get ready to experience results!

Begins Monday, October 2, 2023! [Click here to learn more!](#)



DOYLESTOWN SKATEPARK

Mon-Thurs 4-8 PM

Fri 10 AM-12 PM; 4-9 PM

Sat/Sun 12-6 PM

Hours and availability are subject to change due to weather conditions. Please check our website for the latest information.

[Click here for more information.](#)

METRO ESPORTS GAMING LOUNGE

Doylestown Lounge

Mon-Fri 2:30-9 PM

Sat & Sun 2-6 PM

Warminster Lounge

Thurs 5-8 PM, Fri 3-7 PM, Sat 1-5 PM

[Click here for more information.](#)



NOW OPEN at our Warminster branch

Teamwork • Leadership • Safety • Inclusion

STAY & PLAY HOURS

[Click here for more information.](#)

Deer Path-Hunterdon County

Mon-Fri 8:30-11:30 AM and Mon-Thurs 4-7:30 PM; Sat 8-11 AM

Doylestown-Bucks County

Mon-Thurs 8:30 AM-1 PM; 4-8 PM; Fri 8:30 AM-1 PM; Sat 8:30 AM-1 PM; Sun 9:30 AM-1 PM

Fairless Hills-Bucks County

Mon-Thurs 8:30 AM-11:30 AM; 4:30-7:30 PM; Fri 8:30 AM-11:30 AM; Sat 8:30 AM-12 PM

Quakertown-Bucks County

Mon-Sat 8:30 AM-12:30 PM; Mon-Thurs 5-7:30 PM



**JOIN IN SEPTEMBER
PAY NO JOIN FEE!**

Visit ymcabucks.org for details.

MEMBER REFERRAL PROGRAM

Current members will receive \$30 in Y Bucks when they refer a friend who joins the Y! Visit the Welcome Center to learn more.



SCAN THE QR CODE TO LEARN MORE!

beCAUSE together we're touching lives



This is a membership about community, caring and cause! You are supporting vital community programs in a meaningful way where everyone benefits!

**FIND YOUR
POTENTIAL.
FIND YOUR Y.**

For a better us.®



Enjoy a career with a future and the opportunity to make a lasting difference in the lives of those around you.

- Includes FREE YMCA membership & reduced membership and program fees for the family
- FREE virtual wellness platform for the entire family
- Competitive hourly pay rates
- Friendly, caring team environment
- Nurturing employee onboarding program

Apply at ymcabhc.org/hr and in person at the Welcome Center at one of our branches!

SMARTPHONE APP

Our app includes a "find a class" feature, electronic access to schedules and links to our reservation system and virtual wellness platform. Keep track of your workouts and participate in member challenges. Turn on notifications, and you'll receive push notifications when there is important information and closures.

HOW TO INSTALL:

1. Visit your app store.
2. Search for "bucks & hunterdon ymcas" using the "&"
3. Download to your phone
4. Use your personal information to create an account



**Download our app
for Android users**



**Download our app
for iPhone users**



Available on the
App Store

GET IT ON
Google Play

METRO ESPORTS FALL GUIDE

DOYLESTOWN AND WARMINSTER BRANCHES



FREE TO MEMBERS! The Metro Esports gaming lounge and technology-based education center at the Doylestown and Warminster branches offers open access gaming for members and the community of all ages in addition to classes, leagues, and more!

FRIDAY NIGHT SERIES

at Doylestown Y

Join us down in the Metro Game Lounge each and every Friday for esports tournaments! Players of all ages and skill levels are welcome. Each week will feature a different esports title and format, including Fortnite, Rocket League, NBA2k, Smash Ultimate, and others. Join with a team or register as a free agent to be matched with other players.

SATURDAY SHOWDOWN

at Warminster Y

Every Saturday, join us for an open to close Fortnite Elimination Race! Players can participate solo or as teams. No minimums. The top three scores of the day can win Metro coin prizes and a \$10 V-Bucks gift card!

METRO COIN

The Metro Coin is a new currency that you can earn by playing games or completing in challenges that change regularly! They can be spent on prizes and educational courses!

GAMETIME AFTERSCHOOL PROGRAM (9/12/23) AT DOYLESTOWN Y

Step into the future with a safe and fun place for kids & teens after school with the addition of our new gaming and esports facility. Students will have time to complete homework and wind down after school before rotating between gym activities, swimming, and gaming and esports. After School Program is a weekly fee for either one day or two days per week, and follows the Central Bucks school calendar- no program on half days or closure days.

ROBLOX AND CODE (9/25/23) AT DOYLESTOWN Y

Our mission is to inspire and empower students participating in the Metro TechU camp! Students will explore Roblox and Roblox Studio, engaging their creativity to learn the basics of game development and programming through fun and interactive lessons. The Roblox & Code class teaches 3rd to 6th graders how to play Roblox and make their own fun platforming games using Roblox Studio. Students will learn how to use Roblox Studio and its tools to build simple game levels and add fun features like checkpoints.

OPEN LOUNGE HOURS

Doylestown YMCA
2500 Lower State Rd

Mon-Fri: 2:30 PM-9 PM
Sat-Sun: 2 PM-6 PM

215.348.8131

Warminster YMCA
624 York Rd

Thurs: 5 PM-8 PM
Fri: 3 PM-7 PM
Sat: 1 PM-5 PM

215.348.8131

[Visit **ymcabhc.org/metro**](https://ymcabhc.org/metro)

Financial assistance available for all gaming and esports memberships and programs.



Scan here to learn more

PRIVATE SWIM LESSONS

Contact Anahita Mir with questions at
amir@ymcabhc.org

Private Swim Lessons		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Private Swim Lessons: 1:1 Ratio Student / Instructor	(4) 30-minute lessons	3 yrs+					\$154	\$253
	(8) 30-minute lessons	3 yrs+					\$304	\$502
Semi-Private Swim Lessons: 2:1 Ratio Student / Instructor	(4) 30-minute lessons	3 yrs+			Pricing is per person		\$115	\$189
	(8) 30-minute lessons	3 yrs+			Pricing is per person		\$226	\$374

GROUP SWIM LESSONS

Contact Anahita Mir with questions at
amir@ymcabhc.org or 215.348.8132, x1183

Gray highlighted classes are currently full. New classes may become available based on interest.

Parent & Child Swim Lessons		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Please select your child's level based on their age and ability. Not sure which lesson you or your child should register for? View our Swim Lesson selector here or contact Anahita Mir to set up an appointment for a free evaluation.								
A / Water Discovery: Introduces infants and toddlers to the aquatic environment and encourages them to enjoy themselves while learning about the water with a parent/caretaker whom they trust. Parents practice the important survival skill of teaching their child to roll from front to back and float.	6-18 mos	WP Pool	Mon	10:15 AM	10:55 AM		\$84	\$139
	6-18 mos	WP Pool	Thu	10:15 AM	10:55 AM		\$84	\$139
	6-18 mos	WP Pool	Sun	9:35 AM	10:15 AM		\$84	\$139
B / Water Exploration: Parents work with their toddlers to learn fundamental safety and pre-swimming skills like floating, blowing bubbles, paddle stroke and kicking. Skills are taught in the context of repetitive songs, fun activities and drills which reinforce physical learning and encourage positive interaction.	19-36 mos	WP Pool	Mon	9:30 AM	10:10 AM		\$84	\$139
	19-36 mos	WP Pool	Thu	9:30 AM	10:10 AM		\$84	\$139
	19-36 mos	WP Pool	Sun	10:40 AM	11:20 AM		\$84	\$139
1 / Water Acclimation: Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	2.5-5 yrs	WP Pool	Mon	11:00 AM	11:40 AM		\$84	\$139
	2.5-5 yrs	WP Pool	Thu	11:00 AM	11:40 AM		\$84	\$139
	2.5-5 yrs	WP Pool	Sun	11:25 AM	12:05 PM		\$84	\$139

Preschool Swim Lessons		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Please select your child's level based on their age and ability. Not sure which lesson you or your child should register for? View our Swim Lesson selector here or contact Anahita Mir to set up an appointment for a free evaluation.								
1 / Water Acclimation (3-4 yrs): Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.	3-4 yrs	WP Pool	Mon	9:30 AM	10:10 AM		\$84	\$139
	3-4 yrs	WP Pool	Mon	4:20 PM	5:00 PM		\$84	\$139
	3-4 yrs	WP Pool	Mon	5:05 PM	5:45 PM		\$84	\$139
	3-4 yrs	WP Pool	Tue	9:30 AM	10:10 AM		\$84	\$139
	3-4 yrs	WP Pool	Tue	4:20 PM	5:00 PM		\$84	\$139

1 / Water Acclimation (3-4 yrs)

3-4 yrs	WP Pool	Tue	5:05 PM	5:45 PM	\$84	\$139
3-4 yrs	WP Pool	Wed	4:20 PM	5:00 PM	\$84	\$139
3-4 yrs	WP Pool	Wed	5:50 PM	6:30 PM	\$84	\$139
3-4 yrs	WP Pool	Thu	9:30 AM	10:10 AM	\$84	\$139
3-4 yrs	WP Pool	Thu	11:00 AM	11:40 AM	\$84	\$139
3-4 yrs	WP Pool	Thu	4:50 PM	5:30 PM	\$84	\$139
3-4 yrs	WP Pool	Sun	9:00 AM	9:40 AM	\$84	\$139

1 / Water Acclimation (4-5 yrs):

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

4-5 yrs	WP Pool	Mon	9:30 AM	10:10 AM	\$84	\$139
4-5 yrs	WP Pool	Mon	10:15 AM	10:55 AM	\$84	\$139
4-5 yrs	WP Pool	Mon	4:20 PM	5:00 PM	\$84	\$139
4-5 yrs	WP Pool	Mon	5:05 PM	5:45 PM	\$84	\$139
4-5 yrs	WP Pool	Tue	9:30 AM	10:10 AM	\$84	\$139
4-5 yrs	WP Pool	Tue	4:20 PM	5:00 PM	\$84	\$139
4-5 yrs	WP Pool	Tue	5:05 PM	5:45 PM	\$84	\$139
4-5 yrs	WP Pool	Wed	4:20 PM	5:00 PM	\$84	\$139
4-5 yrs	WP Pool	Wed	5:50 PM	6:30 PM	\$84	\$139
4-5 yrs	WP Pool	Thu	9:30 AM	10:10 AM	\$84	\$139
4-5 yrs	WP Pool	Thu	5:35 PM	6:15 PM	\$84	\$139
4-5 yrs	WP Pool	Sun	9:00 AM	9:40 AM	\$84	\$139
4-5 yrs	WP Pool	Sun	11:15 AM	11:55 AM	\$84	\$139

2 / Water Movement:

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

3-5 yrs	WP Pool	Mon	10:15 AM	10:55 AM	\$84	\$139
3-5 yrs	WP Pool	Mon	11:00 AM	11:40 AM	\$84	\$139
3-5 yrs	WP Pool	Mon	4:20 PM	5:00 PM	\$84	\$139
3-5 yrs	WP Pool	Mon	5:05 PM	5:45 PM	\$84	\$139
3-5 yrs	WP Pool	Tue	10:15 AM	10:55 AM	\$84	\$139
3-5 yrs	WP Pool	Tue	11:00 AM	11:40 AM	\$84	\$139
3-5 yrs	WP Pool	Tue	4:20 PM	5:00 PM	\$84	\$139
3-5 yrs	WP Pool	Tue	5:05 PM	5:45 PM	\$84	\$139
3-5 yrs	WP Pool	Wed	4:20 PM	5:00 PM	\$84	\$139
3-5 yrs	WP Pool	Thu	10:15 AM	10:55 AM	\$84	\$139
3-5 yrs	WP Pool	Thu	11:00 AM	11:40 AM	\$84	\$139
3-5 yrs	WP Pool	Thu	4:50 PM	5:30 PM	\$84	\$139
3-5 yrs	WP Pool	Thu	5:35 PM	6:15 PM	\$84	\$139
3-5 yrs	WP Pool	Sun	9:00 AM	9:40 AM	\$84	\$139
3-5 yrs	WP Pool	Sun	9:45 AM	10:25 AM	\$84	\$139

3 / Water Stamina:

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

3-5 yrs	WP Pool	Mon	11:00 AM	11:40 AM	\$84	\$139
3-5 yrs	WP Pool	Mon	4:20 PM	5:00 PM	\$84	\$139
3-5 yrs	WP Pool	Mon	6:20 PM	6:50 PM	\$84	\$139

3 / Water Stamina

3-5 yrs	WP Pool	Tue	10:15 AM	10:55 AM	\$84	\$139
3-5 yrs	WP Pool	Tue	4:20 PM	5:00 PM	\$84	\$139
3-5 yrs	WP Pool	Tue	5:05 PM	5:45 PM	\$84	\$139
3-5 yrs	WP Pool	Thu	5:35 PM	6:15 PM	\$84	\$139
3-5 yrs	WP Pool	Sun	9:00 AM	9:40 AM	\$84	\$139
3-5 yrs	WP Pool	Sun	9:45 AM	10:25 AM	\$84	\$139

4 / Stroke Introduction:

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Sitting dives are introduced.

3-5 yrs	WP Pool	Mon	5:00 PM	5:40 PM	\$84	\$139
3-5 yrs	WP Pool	Tue	11:00 AM	11:40 AM	\$84	\$139
3-5 yrs	WP Pool	Wed	4:20 PM	5:00 PM	\$84	\$139
3-5 yrs	WP Pool	Thu	10:15 AM	10:55 AM	\$84	\$139
3-5 yrs	WP Pool	Sun	9:45 AM	10:25 AM	\$84	\$139

Gray highlighted classes are currently full. New classes may become available based on interest.

School Age Swim Lessons

Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
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Please select your child's level based on their age and ability. Not sure which lesson you or your child should register for?

[View our Swim Lesson selector here](#) or contact Anahita Mir to set up an appointment for a free evaluation.

1 / Water Acclimation:

Students are taught pre-swimming and personal water safety skills including front and back float as they become comfortable with underwater exploration and learn how to safely exit the water if they fall in.

6-12 yrs	WP Pool	Mon	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Tue	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Wed	5:05 PM	5:45 PM	\$84	\$139
6-12 yrs	WP Pool	Sun	10:30 AM	11:10 AM	\$84	\$139

2 / Water Movement:

Students focus on body position and control, directional change and forward movement in the water while continuing to learn personal water safety skills including paddle stroke, floating, treading water and safely exiting the water should they fall in.

6-12 yrs	WP Pool	Mon	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Mon	6:35 PM	7:15 PM	\$84	\$139
6-12 yrs	WP Pool	Tue	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Tue	6:35 PM	7:15 PM	\$84	\$139
6-12 yrs	WP Pool	Wed	5:05 PM	5:45 PM	\$84	\$139
6-12 yrs	WP Pool	Wed	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Thu	6:20 PM	7:00 PM	\$84	\$139
6-12 yrs	WP Pool	Sun	10:30 AM	11:10 AM	\$84	\$139
6-12 yrs	WP Pool	Sun	11:15 AM	11:55 AM	\$84	\$139

3 / Water Stamina:

Students continue to learn personal water safety skills and learn to swim to safety from a longer distance using a swim/float/swim sequence. Rhythmic breathing and the purposeful integration of arm and leg movements are taught.

6-12 yrs	WP Pool	Mon	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Mon	6:35 PM	7:15 PM	\$84	\$139
6-12 yrs	WP Pool	Tue	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Tue	6:35 PM	7:15 PM	\$84	\$139
6-12 yrs	WP Pool	Wed	5:05 PM	5:45 PM	\$84	\$139
6-12 yrs	WP Pool	Wed	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Thu	6:20 PM	7:00 PM	\$84	\$139
6-12 yrs	WP Pool	Sun	10:30 AM	11:10 AM	\$84	\$139

4 / Stroke Introduction:

Students develop stroke technique in front and back crawl and are introduced to breaststroke and butterfly kick. Water safety is reinforced through treading water and elementary backstroke. Diving is introduced.

6-12 yrs	WP Pool	Mon	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Mon	6:35 PM	7:15 PM	\$84	\$139
6-12 yrs	WP Pool	Tue	5:50 PM	6:30 PM	\$84	\$139
6-12 yrs	WP Pool	Tue	6:35 PM	7:15 PM	\$84	\$139
6-12 yrs	WP Pool	Wed	5:05 PM	5:45 PM	\$84	\$139
6-12 yrs	WP Pool	Thu	6:20 PM	7:00 PM	\$84	\$139
6-12 yrs	WP Pool	Sun	11:15 AM	11:55 AM	\$84	\$139

5 / Stroke Development:

Students perfect rotary breathing and backstroke while learning breaststroke, butterfly and starts and turns. Emphasis is on improving technique and endurance. Personal water safety continues through treading, water and sidestroke.

6-12 yrs	WP Pool	Mon	5:05 PM	5:45 PM	\$84	\$139
6-12 yrs	Lap Pool	Tue	5:00 PM	5:40 PM	\$84	\$139
6-12 yrs	Lap Pool	Tue	6:50 PM	7:30 PM	\$84	\$139
6-12 yrs	Lap Pool	Wed	5:05 PM	5:45 PM	\$84	\$139
6-12 yrs	Lap Pool	Thu	5:00 PM	5:40 PM	\$84	\$139
6-12 yrs	Lap Pool	Sat	10:20 AM	11:00 AM	\$84	\$139
6-12 yrs	Lap Pool	Sun	10:30 AM	11:10 AM	\$84	\$139

6 / Stroke Mechanics:

Students learn butterfly while continuing to develop technique and endurance while refining breaststroke, back and front crawl and diving. Flip turns and diving from the block are introduced as they learn about competitive swimming.

6-12 yrs	Lap Pool	Mon	6:05 PM	7:05 PM	\$126	\$208
6-12 yrs	Lap Pool	Tue	5:45 PM	6:45 PM	\$126	\$208
6-12 yrs	Lap Pool	Wed	5:55 PM	6:35 PM	\$126	\$208
6-12 yrs	Lap Pool	Sat	9:15 AM	10:15 AM	\$126	\$208
6-12 yrs	Lap Pool	Sun	11:15 AM	12:15 PM	\$126	\$208

7 / Advanced Stroke Mechanics

6-12 yrs	LP Lane 6	Mon	5:00 PM	6:00 PM	\$126	\$208
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Adult & Teen Swim Lessons

		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Adult Swim Lessons	1-2 / Water Acclimation & Water Movement	18 yrs+	WP Pool	Sat	11:05 AM	11:45 AM	\$84	\$139

SWIM TEAM

Contact John Foff with questions at
Jfoff@ymcabhc.org

Barracudas Swim Team - Competitive Team

		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
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Our Swim Team is a YMCA and USA Swimming sanctioned team with a mission to develop good swimmers and great kids. Our swimmers achieve success at all levels of competition. We provide the foundation for our athletes to excel based on their talent, skills and level of commitment. \$100 registration fee includes team cap, shirt, banquet and Y-USA registration. Swimmers also have the option to swim at the USA Swimming level in the Mid-Atlantic Division with meets held regionally.

Competitive Team	Age Groups	8-12 yrs	Lap Pool	Sun-Thu	Varies	Varies	\$174	n/a
	Pre-Senior	11-14 yrs	Lap Pool	Sun-Thu	Varies	Varies	\$181	n/a
	Senior	13-21 yrs	Lap Pool	Sun-Thu	Varies	Varies	\$194	n/a

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Swim Team Personal Coaching	Personal Coaching	12-21 yrs	Lap Pool	Sun-Sat	Varies	Varies	\$174	n/a

Swim Academy - Club Team		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
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Do you like to swim? Do you want to practice, get in great shape, make new friends and hone your swimming skills, but aren't sure that you want to swim in competitions? If you are thinking about joining the Competitive team, or if you just love swimming and making friends, then our Swim Academy: Intramural is the perfect place for you! Coaches will train swimmers to have more endurance and be more efficient with the four key swim strokes, starts and turns. \$100 registration fee includes team cap, shirt and Y-USA registration.

Swim Academy: Intramural		5-12 yrs	Lap Pool	Varies	Varies	Varies	\$162	n/a
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AMERICAN RED CROSS CLASSES

Contact Anahita Mir with questions at
amir@ymcabhc.org or 215.348.8132, x1183

Lifeguard Training (Blended Learning)		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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All days must be attended to receive certification | American Red Cross Lifeguarding classes are for adults or young adults age 15 and over who want to earn their lifeguard instructor certification. Blended Learning lifeguard training classes requires online coursework to be completed prior to the first class session. Please see our website for full detail.

November 17, 18 & 25, 2023	15 yrs+	Doylestown	Fri	4:00 PM	9:00 PM	\$343	\$463
			Sat	9:00 AM	6:00 PM		

Lifeguard Training Recertification		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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A review course allows eligible individuals with a current lifeguard certification, or a certification expired by no more than 30 days, to recertify and receive an American Red Cross certificate for Lifeguarding/First Aid/ CPR/AED without participating in a full course. The purpose of a review course is to give individuals the opportunity to review the course content within a formal class setting. Students will be sent link to the online training which must be completed prior to the first day of class.

September 30, 2023	15 yrs+	Doylestown	Saturday	9:00 AM	6:00 PM	\$194	\$262
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SPORTS & ARTS

Doylestown | Early Fall

YOUTH SPORTS

Contact Maddy Moore with questions at
mmore@ymcabhc.org

Fall Youth Leagues (Starting September 2023)				Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Fall Season runs from September 9-October 28. Registration deadline is August 22.										
NFL Flag Football	Time is split between skill building and gameplay. All players receive a reversible jersey and flag belt. Optional skill nights taught by Y staff are offered on Wednesdays. 7-9 and 10-12 age groups will have two tournament days during the season: September 30 @ Fairless Hills and October 28 @ Doylestown.	5-6 yrs	Pettine Athletic Complex	Sat	9:00 AM	10:00 AM	\$135	\$223		
		7-9 yrs		Sat	9:00 AM	10:00 AM	\$135	\$223		
		10-12 yrs		Sat	10:15 AM	11:15 AM	\$150	\$238		
Fall Soccer	Time is split between skill building and gameplay. All players receive a jersey.	4-5 yrs	Pettine Athletic Complex	Sat	9:15 AM	10:15 AM	\$109	\$180		
		6-8 yrs		Sat	10:30 AM	11:30 AM	\$109	\$180		
Fall T-Ball	Time is split between skill building and game play. All players receive a team shirt and hat. Optional skill nights taught by Y staff are offered on Tuesdays.	4-5 yrs	Pettine Athletic Complex	Sat	10:30 AM	11:30 AM	\$109	\$180		
Cheetahs Cross Country	Thursdays 5:30-6:15 PM and Saturdays 10:00-10:45 AM	5-8 yrs	YMCA	Sat / Thu			\$130	\$215		
	Thursdays 6:15-7:00 PM and Saturdays 10:45-11:30 AM	9-14 yrs					\$130	\$215		
YMCA Field Hockey Club	Time is split between skill building and game play.	8-12 yrs	Pettine Athletic Complex	Sat	9:15 AM	10:15 AM	\$109	\$180		
NHL Street Hockey	Time is split between skill building and gameplay. All participants receive a NHL Team reversible jersey. Players are required to wear a mouth guard and encouraged to bring their own stick.	6-8 yrs	Outdoor Courts	Wed	6:30 PM	7:30 PM	\$109	\$180		
Preseason Basketball (Starting November 2023)				Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Preseason Basketball	4-Week season runs on Saturdays from November 4 to November 25. Each session consists of skill development drills designed to get players ready for the Junior Sixers season.	4-5 yrs	Gym A/B	Sat	9:00 AM	9:50 AM	\$45	\$74		
		6-7 yrs	Gym A/B	Sat	10:00 AM	10:50 AM	\$45	\$74		
		8-9 yrs	Gym A/B	Sat	11:00 AM	11:50 AM	\$45	\$74		
		10-12 yrs	Gym A/B	Sat	12:00 PM	12:50 PM	\$45	\$74		
Junior Sixers (Starting December 2023)				Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Registration deadline for all Jr. Sixers Leagues is Sunday, November 13. All players receive a reversible Junior Sixers jersey.										
Junior Sixers Basketball	Season runs 10 weeks from December 2 to February 10 with no games on 12/23. Each session is split between skill development and instructional game play.									
4-7 yrs - Group A	Games will be played at either 8:45 AM, 9:50 AM, or 10:55 AM each week. sSchedule will rotate games between the six teams.	4-5 yrs	Gym B	Sat	8:45 AM	11:55 AM	\$135	\$223		
Six teams		6-7 yrs	Gym A	Sat	8:45 AM	11:55 AM	\$135	\$223		

Junior Sixers Basketball		Season runs 10 weeks from December 2 to February 10 with no games on 12/23. Each session is split between skill development and instructional game play.						
4-7 yrs - Group B	Games will be played at either 12:00 PM, 1:05 PM, or 2:10 PM each week. Schedule will rotate games between the six teams.	4-5 yrs	Gym B	Sat	12:00 PM	3:10 PM	\$135	\$223
<i>Six teams</i>		6-7 yrs	Gym A	Sat	12:00 PM	3:10 PM	\$135	\$223
8-9 yrs	Games will be played from 3:20-4:20 PM each week. Schedule will rotate games between the four teams.	8-9 yrs	Gym A/B	Sat	3:20 PM	4:20 PM	\$135	\$223
<i>Four teams</i>								
Junior Sixers Basketball:	Season runs 10 weeks from December 1 to February 9 with no games on 12/22. Games will be played at 6:00 PM or 7:00 PM each week. Schedule will rotate games between the four teams. Each session is split between skill development and instructional game play.	10-12 yrs	Gym B	Fri	6:00 PM	8:00 PM	\$135	\$223
10-12 yrs								
<i>Four teams</i>								

Sports Classes		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Basketball	Skill development program focusing on the fundamental skills of basketball.	5-7 yrs	Gym A	Mon	4:40 PM	5:20 PM	\$51	\$85
		8-12 yrs	Gym A	Mon	5:30 PM	6:10 PM	\$51	\$85
		5-7 yrs	Gym A	Wed	4:40 PM	5:20 PM	\$51	\$85
		8-12 yrs	Gym A	Wed	5:30 PM	6:10 PM	\$51	\$85
Sports Frenzy	Play a variety of sports and games while promoting skill development, self-confidence, movement, teamwork, sportsmanship, and fun. Sports include basketball, soccer, floor hockey, football, baseball and more!	3-4 yrs	Gym B	Tue	9:30 AM	10:10 AM	\$51	\$85
		4-6 yrs	Gym B	Tue	10:20 AM	11:00 AM	\$51	\$85
		4-6 yrs	Gym A	Thu	10:20 AM	11:00 AM	\$51	\$85
		3-4 yrs	Gym B	Fri	9:30 AM	10:10 AM	\$51	\$85
		4-6 yrs	Gym B	Fri	10:20 AM	11:00 AM	\$51	\$85
		4-6 yrs	Gym A	Fri	1:40 PM	2:20 PM	\$51	\$85
Tennis	Dynamic development program focusing on the fundamental skills of tennis.	4-6 yrs	Gym B	Thu	10:30 AM	11:15 AM	\$51	\$85
Volleyball Clinic	Skill developmental clinic that will teach the basics of volleyball. Each clinic will focus on a different skill, teaching athletes how to bump, set, spike, serve and block. They will then get to put together all of their skills in a gameplay setting.	10-14 yrs	Gym B	Wed	5:50 PM	6:50 PM	\$78	\$129
Ultimate Sports	Rotate through different ultimate games. Games include NERF games, Obstacle courses, Dodgeball, Capture the Flag and more. Each class focuses on different skills used in gameplay.	8-12 yrs	Gym B	Mon	4:40 PM	5:20 PM	\$51	\$85
		5-7 yrs	Gym B	Mon	5:30 PM	6:10 PM	\$51	\$85
		8-12 yrs	Gym B	Thu	4:30 PM	5:10 PM	\$51	\$85
Obstacle Ninja	Run through an obstacle course like a ninja! Train to do just that with strength and conditioning exercises, daily challenges, and ninja courses.	4-6 yrs	Gym A	Fri	9:30 AM	10:10 AM	\$51	\$85
		3-4 yrs	Gym A	Fri	10:20 AM	11:00 AM	\$51	\$85

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Kids Triathlon 8-week Program: Powered by USA Triathlon's USA Kids Tri, the 8 week YMCA Kids Triathlon program prepares your child for the annual YMCA Kids Triathlon races. Taught by YMCA and USA Triathlon Certified Coaches in a fun and rewarding setting, the program will introduce youth to multi-sport opportunities for lifelong success into the sport. Focus is on general conditioning, along with swim, bike, run, and transition skills to prepare for fun competition in youth triathlon. Weekly sessions include drills and games with an emphasis on fun, competition, and sportsmanship, capped off with a mini triathlon to celebrate program completion. All participants must be able to proficiently swim at least 25 yards continuously and be able to ride and safely control a two-wheel bicycle. All youth participants will receive a FREE USA Triathlon Youth annual membership, discounts off of the annual YMCA Kids Tri race, and USA Triathlon swag!								
Each week will focus on a specific aspect of a triathlon. Please see below for the breakdown of each week. For this program, kids will need a bicycle, helmet, and swimsuit. Weather permitting, run days and bike days will be held outdoors in an enclosed area. Swim days will be held in our indoor pool.								
Week 1: Introduction Week 2: Run Week 3: Bike Week 4: Swim Week 5: Run Week 6: Bike Week 7: Swim Week 8: Mini Triathlon								
	Thursdays, September 14 to November 2	8-12 yrs		Thurs	5:15 PM	6:00 PM	\$103	\$168
Jump Rope Mini Clinics	Learn new jump rope skills with the Zero Gravity Jump Rope Team and nationally recognized jumpers. All skill levels welcome!							
	September 16	6-7 yrs	Gym	Sat	9:00 AM	10:00 AM	\$10	\$15
	September 16	8 yrs+	Gym	Sat	10:00 AM	12:00 PM	\$15	\$20
	October 14	6-7 yrs	Gym	Sat	9:00 AM	10:00 AM	\$10	\$15
	October 14	8 yrs+	Gym	Sat	10:00 AM	12:00 PM	\$15	\$20
Zero Gravity Jump Rope Tryouts: Saturday, October 21	Children ages 8+ can try out for the nationally recognized Zero Gravity Jump Rope Team. The Team practices 2-3 times per week in the Doylestown area, and will attend clinics and competitions throughout the year. All skill levels welcome!	8 yrs+	Gym	Sat 10/21	Open tryouts begin at 9:00 AM		\$0	\$0
Parent & Child		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Gym Kids - Sports Sampler	Come jump, run, tumble and play on our gymnastics equipment and learn the basics of a different sport each week.	2-4 yrs	Gym A	Mon	9:30 AM	10:10 AM	\$51	\$85
		2-4 yrs	Gym A	Mon	10:20 AM	11:00 AM	\$51	\$85
		Gray highlighted classes are currently full. New classes may become available based on interest.						
Gymnastics & Tumbling		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Kindergym	Instructional preschool gymnastics classes. Children will use all pieces of apparatus; vault, bars, beam, floor and tumble trak. Evaluations will occur every other month to monitor progress.	3-5 yrs	Gym A	Tue	9:30 AM	10:30 AM	\$78	\$129
		3-5 yrs	Gym A	Wed	9:30 AM	10:30 AM	\$78	\$129
		3-5 yrs	Gym A	Wed	10:40 AM	11:40 AM	\$78	\$129
Gymnastics: Level 1	For the beginner gymnast with no formal gymnastics training and for those gymnasts who have not tested out of the Level 1 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to evaluate progress.	5 yrs+	Gym A	Tue	4:30 PM	5:30 PM	\$78	\$129
		5 yrs+	Gym A	Thu	4:30 PM	5:30 PM	\$78	\$129
		5 yrs+	Gym A	Thu	5:35 PM	6:35 PM	\$78	\$129
Gymnastics: Level 2	For the Gymnast who has completed and/or tested out of the Level 1 program. Skills are taught on all pieces of equipment (vault, bars, beam, floor, and tumble trak.) Evaluations will occur every other month to evaluate progress.	5 yrs+	Gym A	Tue	5:35 PM	6:35 PM	\$78	\$129
		5 yrs+	Gym A	Tue	6:45 PM	7:45 PM	\$78	\$129
		5 yrs+	Gym A	Thu	6:45 PM	7:45 PM	\$78	\$129

Gray highlighted classes are currently full. New classes may become available based on interest.

Martial Arts

		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Contact Jennefer Pursell with questions jpursell@ymcabhc.org								
Dragon Warriorz	Basic Shotokan Karate techniques mixed with interactive games and exercises to develop self-esteem and confidence. Learn respect, humility, focus and discipline. Sneakers required.							
	Dragon Warriorz	5-8 yrs	Studio 1	Tue	6:15 PM	6:45 PM	\$51	\$85
	Advanced Dragon Warriorz: For orange belts and above	5-8 yrs	Studio 1	Tue	6:50 PM	7:20 PM	\$51	\$85
Youth & Adult Karate: JKA Style Shotokan Karate using the AJKA-I curriculum. Learn the traditional art of self defense, and enjoy the benefits of increased flexibility, balance, strength and character development.	Class times for Beginner: (White-Candidate Green Belt)	8 yrs+	Gym B	Tue	6:00 PM	6:45 PM		
		8 yrs+	Gym B	Thu	6:15 PM	7:00 PM		
		8 yrs+	Studio 3	Sat	11:00 AM	11:45 AM		
	Class times for Green Belt & Above	8 yrs+	Gym B	Tue	6:00 PM	7:30 PM		
		8 yrs+	Gym B	Thu	6:15 PM	7:45 PM		
		8 yrs+	Studio 3	Sat	11:00 AM	12:30 PM		
2 Classes per Week: All Levels	For this class option, students can attend up to 2 Youth/Adult classes per week.	8 yrs+	Gym B	Attend 2 class times listed above			\$120	\$198
3 Classes per Week: All Levels	For this class option, students can attend up to 3 Youth/Adult classes per week.	8 yrs+	Gym B	Attend 3 class times listed above			\$143	\$236
Aikido: Japanese art of unarmed self-defense uses attacker's force against them. Encourages discipline and a nonviolent attitude. Classes will focus on weapons training and meditation principles. Under 10 must be with a participating adult.		9 yrs+	Studio 1	Fri	7:00 PM	7:45 PM	\$68	\$113

Free Member Classes

		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Kids Yoga	Focus on learning breathing techniques to help calm and center. Poses and games to help with balance, strength and flexibility.	5-12 yrs	Studio 1	Thu	4:30 PM	5:15 PM	\$0	n/a
Dodgeball	Play a variety of dodgeball games including obstacle dodgeball, poison, jailbreak, etc.	8-12 yrs	Gym A	Fri	5:00 PM	5:40 PM	\$0	n/a
Powerplay	Emphasizes activity through sports and active games. Kids stay moving and active throughout the class.	4-6 yrs	Gym A	Thu	9:30 AM	10:10 AM	\$0	n/a
Jump, Run, Tumble Fun	Play on our indoor gymnastic equipment playground. Great place to let out some energy. This is an open gym style program, with no instructor. Parent required to stay with children.	0-6 yrs	Gym A	Mon	11:00 AM	11:40 AM	\$0	n/a
		0-6 yrs	Gym A	Tues	10:30 AM	11:10 AM	\$0	n/a

METRO ESPORTS

Contact metroesports@ymcabhc.org
with questions

Esports & Gaming		Age	Day	Start Time	End Time	Y / Esports Member FLAT FEE	Non-member FLAT FEE
Friday Night Tournaments		Join us down in the Metro Game Lounge each and every Friday for esports tournaments! Players of all ages and skill levels are welcome. Each week will feature a different esports title, cycling between Fortnite, Rocket League, NBA2k/Madden, and Smash Ultimate! Join with a team or register as a free agent to be matched with other players. Weekly trophies for 1st and 2nd place, and awesome seasonal prizing including gaming peripherals, giftcards, and more!					
	September 8th: Fortnite 2v2 Elimination Race	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	September 15th: Smash Ultimate 1v1	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	September 22nd: NBA2K23 & Madden2k23 1v1	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	September 29th: Rocket League 2v2	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	October 6th: Fortnite 2v2 Elimination Race	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	October 13th: Smash Ultimate 1v1	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	October 20th: NBA2K23 & Madden2k23 1v1	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	October 27th: Rocket League 2v2	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
	November 3rd: Fortnite 2v2 Elimination Race	All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
Minecraft Mondays		Each Week, Metro will be hosting Minecraft Monday, FREE for YMCA members! Each Monday, join us for fun, easy, and family friendly mini-events on our YMCA Minecraft Server. Guests who join us in the lounge will earn double points towards our various stat tracking categories and leaderboards, and have the opportunity to win special in-game rewards. Players will work together to complete challenges, think creatively, and earn points. Great for kids and families!					
	Every Monday	All ages	Mon	2:30 PM	8:00 PM	\$0	\$10
Mario Wednesday		Everyone loves Mario, and Metro's hosting the ultimate Mario Party every Wednesday! Visit the Metro Gaming Lounge every Wednesday with friends and family to play a variety of Nintendo games.					
	Every Wednesday	All ages	Wed	2:30 PM	8:00 PM	\$0	\$10
YCasters On-Air		Step into the spotlight, connect with fellow enthusiasts and take your passion for gaming and content creation to the next level with Ycasters. Whether you're interested in shout casting, commentating, hosting, analyzing game strategies, or running your own live show, Ycasters has got you covered. Aspiring broadcasters can learn the ins and outs of esports casting, offering unique insights, relevant resources and tools, and constructive feedback to help them cultivate their skills. Every Friday from 5:30pm to 7:30pm, Ycasters provides an engaging, hands-on opportunity to delve into the vibrant world of esports broadcasting. Free to members. Friday events rotate between Fortnite, Smash Ultimate, NBA2k23, and Rocket League. See the Friday Night Tournament schedule to choose which games you may want to cast. No commitment, try it once or come every Friday!					
	Every Friday	13 yrs+	Fri	5:30 PM	7:30 PM	\$0	\$0

ARTS & HUMANITIES

Contact Taylor Jermyn with questions at
tjermyn@ymcabhc.org

Art & Cooking		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Mixed Arts	Learn different styles of art using a variety of fun techniques.	3-6 yrs	Stay & Play Art Room	Tue	9:30 AM	10:10 AM	\$51	\$85
Mixed Arts	For students who are predisposed to art fundamentals. Explore drawing styles and painting skills as well as unique materials, concepts and processes using charcoal, gel pen, ink, paint and so much more.	6-12 yrs	Clubhouse	Wed	5:00 PM	5:40 PM	\$51	\$85

Youth Baking	An introduction to baking. Participants will learn different baking techniques and make various types of baked goods.	9-12 yrs	Teen Center	Thu	6:00 PM	7:15 PM	\$64	\$106
Jr. Chefs	Participants will be introduced to baking techniques and follow different recipes each class.	4-6 yrs	Teen Center	Tue	10:30 AM	11:30 AM	\$64	\$106

Gray highlighted classes are currently full. New classes may become available based on interest.

YDA Dance		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Adult Dance	Missing the fun of dance or just want to learn a new skill? Come join our new Adult Dance program! Practice working on skills that include rhythm, coordination and balance through isolated steps and combinations. Term runs September 10 through mid-December.							
	Adult Tap	18 yrs+	Studio 1	Mon	1:25 PM	2:25 PM	\$165	\$258
	Adult Ballet	18 yrs+	Studio 1	Wed	9:45 AM	10:45 AM	\$165	\$258
<i>Youth Dance classes run Sunday, September 10 through mid-December. The term concludes with The Nutcracker performance, which all of these dancers participate in.</i>								
Petite Feet	Discover your child's ability and interest for ballet. Class challenges basic motor skill development and coordination.	3-4 yrs	Studio 1	Fri	9:40 AM	10:20 AM	\$165	\$258
		3-4 yrs	Studio 3	Sat	8:40 AM	9:20 AM	\$165	\$258
Ballet I	Emphasizes the development of ballet skills and steps with a focus on body placement, alignment, strength, and technique.	4 1/2-5 yrs	Studio 2	Thu	4:30 PM	5:10 PM	\$165	\$258
		4 1/2-5 yrs	Studio 1	Sat	9:20 AM	10:00 AM	\$165	\$258
Ballet II	Emphasizes the development of more intricate ballet skills and steps with a focus on body placement, alignment, strength, and technique.	6 yrs	Studio 2	Thu	5:10 PM	5:50 PM	\$165	\$258
		6 yrs	Studio 1	Sat	10:00 AM	10:40 AM	\$165	\$258
Ballet III-V:	Ballet III	7 yrs	Studio 2	Thu	5:50 PM	6:40 PM	\$165	\$258
Emphasizes the development of complicated ballet skills and steps with a focus on body placement, alignment, strength, and technique.	Ballet III	7 yrs	Studio 1	Sat	10:40 AM	11:30 AM	\$165	\$258
	Ballet IV	8-10 yrs	Studio 2	Thu	6:45 PM	7:45 PM	\$165	\$258
	Ballet IV	8-10 yrs	Studio 2	Sat	11:35 AM	12:35 PM	\$165	\$258
	Ballet V	10-12 yrs	Studio 1	Wed	4:45 PM	5:45 PM	\$165	\$258
Ballet / Tap Combo	Combination of ballet and tap. Learn basic ballet and tap steps and movements. Tap shoes and ballet slippers required	4 1/2-5 yrs	Studio 1	Mon	10:00 AM	10:40 AM	\$165	\$258
		4 1/2-5 yrs	Studio 2	Mon	4:30 PM	5:10 PM	\$165	\$258
Jazz / Tap Combo:	Jazz / Tap I	4 1/2-5 yrs	Studio 1	Mon	12:45 PM	1:25 PM	\$165	\$258
Jazz and tap classes are fun and energetic. Dancers will learn steps in isolation and in combinations with a focus on flexibility, balance, and technique. Tap shoes and ballet slippers required.	Jazz / Tap I	4 1/2-5 yrs	Studio 3	Sat	8:00 AM	8:40 AM	\$165	\$258
	Jazz / Tap II	6 yrs	Studio 2	Mon	5:10 PM	5:50 PM	\$165	\$258
	Jazz / Tap III	7 yrs	Studio 2	Wed	4:45 PM	5:45 PM	\$165	\$258
	Jazz / Tap IV	8-10 yrs	Studio 1	Mon	5:55 PM	6:55 PM	\$165	\$258
	Jazz / Tap IV	8-10 yrs	Studio 2	Wed	5:45 PM	6:45 PM	\$165	\$258
	Jazz / Tap V	10-12 yrs	Studip 2	Wed	6:45 PM	7:45 PM	\$165	\$258

ADULT & TEEN SPORTS

Contact Madeline Moore with questions
at mmoore@ymcabhc.org

Adult Sports		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Adult Volleyball	Pick-up format, Fridays 8-10 PM and Sundays 11 AM-1 PM. Players will be divided into teams when they arrive.	18 yrs+	Gym B	Fri & Sun			\$18	\$36
Women's Basketball	Pick-up style format.	18 yrs+	Gym A/B	Sun	6:00 PM	7:30 PM	\$0	\$21
		18 yrs+	Gym A/B	Thu	7:30 PM	9:00 PM	\$0	\$21

Adult & Teen Pickleball		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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View the [Pickleball schedule on our website](#) for a full list of group play times available to members.

To schedule a private or semi private lesson, contact Maddy Moore, mmoore@ymcabhc.org

Private Pickleball Lessons	A private Pickleball lesson is the ultimate learning environment. No matter your skill level or goals, a private lesson will help advance your game, hone in on skill development, and enhance overall enjoyment of the sport. Dedicated to one player and their needs for the lesson.							
	60-min Private Pickleball: (1) Lesson	18 yrs+	Gym B/ Outdoor Courts				\$65	\$90
	60-min Private Pickleball: (5) Lessons	18 yrs+					\$300	\$425
Semi-Private Pickleball Lessons	A semi-private pickleball lesson is one-hour dedicated to two players. No matter what your skill level or goals, a semi-private lesson will help advance your game, hone your skill development, and enhance your overall enjoyment of the sport.							
	60-min Semi-private Pickleball: (1) Lesson	18 yrs+	Gym B/ Outdoor Courts				\$40	\$60
	60-min Semi-private Pickleball: (5) Lessons	18 yrs+					\$180	\$280
3-and-Me Pickleball Lessons	This one-hour lesson is for you, two others, and our Pickleball instructor to take your skills to the next level! These lessons are designed for players who would like to work on specific aspects of the game in order to improve their overall skills while having a ton of fun along the way.							
	60-min 3-and-Me Pickleball: (1) Lesson	18 yrs+	Gym B				\$35	\$50
Beginner Pickleball Clinic	If you have never played pickleball or recently started, this is the clinic for you. Join the fastest growing sport in the country! Clinics cover basic stroke production and technique, scoring, court positioning and basic strategy. Each clinic will have a 8 participants and 1 instructor.							
	Mondays	18 yrs+	Outdoor Courts	Mon	5:00 PM	6:30 PM	\$30	\$45
	Wednesdays	18 yrs+		Wed	10:00 AM	11:30 AM	\$30	\$45
	Fridays	18 yrs+		Fri	9:00 AM	10:30 AM	\$30	\$45

Adults Leagues		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Adult Basketball League: Over 35 - Mondays	Side court, 4v4 basketball league held on Monday nights starting September 18. League will run for regular season plus playoffs. Teams will pay referee fees of \$35 each week in addition to the registration fee.	35 yrs+	Gym A/B	Mon	7:00 PM	10:00 PM	\$51	\$96
Adult Basketball League: Over 35 - Wednesdays	Side court, 4v4 basketball league held on Wednesday nights starting September 20. League will run for regular season plus playoffs. Teams will pay referee fees of \$35 each week in addition to the registration fee.	35 yrs+	Gym A/B	Wed	7:00 PM	10:00 PM	\$51	\$96

Adult Basketball League: 18 Years+	Full court, 5v5 basketball league. Games will be played on Tuesday and Thursday evenings beginning September 19. Games will be played at 8 or 9 PM, and each team will play one game per week. League will be limited to 8 teams. Teams will pay referee fees of \$40 each week in addition to the registration fee.	18 yrs+	Gym A/B	Tue/Thu	8:00 PM	10:00 PM	\$51	\$96
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METRO ESPORTS

Contact metroesports@ymcabhc.org
with questions

Gaming Lounge Open Hours

6 yrs+ | Kids 8 and under must be accompanied by chaperone. | Kids 9-11 should
have a parent in the building.Mon-Fri 2:30-9:00 PM
Sat & Sun 2:00-6:00 PM

Esports Lounge Memberships		Age	Member MONTHLY	Non-member MONTHLY
Unlimited monthly access during open lounge hours	Full Privilege YMCA Members	6 yrs+	\$0	n/a
	Non-members Esports Membership Only	6 yrs+	n/a	\$43

Esports Lounge Daily Pass	Age	Member FLAT FEE	Non-member FLAT FEE
Daily Drop-In Pass / Friday Night Tournament Pass	6 yrs+	\$0	\$10

Esports & Gaming		Age	Day	Start Time	End Time	Y Member or Esports Member FLAT FEE	Non-member FLAT FEE
Friday Night Tournaments		Join us down in the Metro Game Lounge each and every Friday for esports tournaments! Players of all ages and skill levels are welcome. Each week will feature a different esports title, cycling between Fortnite, Rocket League, NBA2K/Madden, and Smash Ultimate! Join with a team or register as a free agent to be matched with other players. Weekly trophies for 1st and 2nd place, and awesome seasonal prizing including gaming peripherals, giftcards, and more!					
September 8th: Fortnite 2v2 Elimination Race		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
September 15th: Smash Ultimate 1v1		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
September 22nd: NBA2K23 & Madden2k23 1v1		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
September 29th: Rocket League 2v2		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
October 6th: Fortnite 2v2 Elimination Race		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
October 13th: Smash Ultimate 1v1		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
October 20th: NBA2K23 & Madden2k23 1v1		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
October 27th: Rocket League 2v2		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
November 3rd: Fortnite 2v2 Elimination Race		All ages	Fri	6:00 PM	8:00 PM	\$0	\$10
Minecraft Mondays		Each Week, Metro will be hosting Minecraft Monday, FREE for YMCA members! Each Monday, join us for fun, easy, and family friendly mini-events on our YMCA Minecraft Server. Guests who join us in the lounge will earn double points towards our various stat tracking categories and leaderboards, and have the opportunity to win special in-game rewards. Players will work together to complete challenges, think creatively, and earn points. Great for kids and families!					
Every Monday		All ages	Mon	2:30 PM	8:00 PM	\$0	\$10
Mario Wednesday		Everyone loves Mario, and Metro's hosting the ultimate Mario Party every Wednesday! Visit the Metro Gaming Lounge every Wednesday with friends and family to play a variety of Nintendo games.					
Every Wednesday		All ages	Wed	2:30 PM	8:00 PM	\$0	\$10

Ycasters On-Air

Step into the spotlight, connect with fellow enthusiasts and take your passion for gaming and content creation to the next level with Ycasters. Whether you're interested in shout casting, commentating, hosting, analyzing game strategies, or running your own live show, Ycasters has got you covered. Aspiring broadcasters can learn the ins and outs of esports casting, offering unique insights, relevant resources and tools, and constructive feedback to help them cultivate their skills. Every Friday from 5:30pm to 7:30pm, Ycasters provides an engaging, hands-on opportunity to delve into the vibrant world of esports broadcasting. Free to members. Friday events rotate between Fortnite, Smash Ultimate, NBA2k23, and Rocket League. See the Friday Night Tournament schedule to choose which games you may want to cast. No committment, try it once or come every Friday!

Every Friday	13 yrs+	Fri	5:30 PM	7:30 PM	\$0	drop in fee
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After School Program

**Gametime
After School Program:**
Begins September 18

Step into the future with a safe and fun place for kids & teens after school with the addition of our new gaming and esports facility. Students will have time to complete homework and wind down after school before rotating between gym activities, swimming, and gaming and esports. After School Program is a monthly fee for either one day or two days per week, and follows the Central Bucks school calendar - no program on half days or closure days.

	Age	Day	Start Time	End Time	Y Member or Esports Member MONTHLY FEE	Non-member MONTHLY FEE
One day per week: Tuesday OR Thursday	Gr 2-5	Tue or Thu	2:45 PM	5:45 PM	\$127	\$158
Two days per week: Tuesday AND Thursday	Gr 2-5	Tue & Thu	2:45 PM	5:45 PM	\$232	\$288

Day Off School Camp

Roblox & Code Day

For those who love Roblox and want to take their first steps in engineering and computer science. Roblox and Code offers a seamlessly integrated opportunity for young students to learn about coding through something they adore - Roblox! Through fun interactive activities, students learn the basics of coding in Roblox Studio and create their own game levels and elements.

September 25th	Gr 2-6	Mon	8:00 AM	5:00 PM	\$129	\$155
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Esports Parties

Esports Party

Available during open Lounge Hours: 15 kids included; \$10 per additional kid.

Y Member or Esports Member FLAT FEE	Non-member FLAT FEE
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\$365	\$450
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After Hours Esports Party

Outside regular open Lounge Hours: 25 kids included; \$10 per additional kid.

\$499	\$595
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COMMUNITY & FAMILY

Doylestown | Early Fall

PARENT'S NIGHT OUT

Contact our Welcome Center
with questions at 215.348.8132

Doylestown Parent's Night Out (PNO)

Mark your calendar, PNO is held every 2nd & 4th Friday of each month with a different theme!

Kids enjoy a fun evening at the Y and parents can enjoy a night out! All children will enjoy a night of games, a craft, pizza, snacks, and a movie. Registration for two or three children pricing must be completed over the phone or in person to receive the reduced rate. *(Member rate available to children with a youth or family membership)*

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
	(1) child						\$29	\$49
	(2) children <i>(requires phone or in person registration)</i>						\$41	\$68
	(3) children <i>(requires phone or in person registration)</i>						\$48	\$80
Parent's Night Out	Friday, Sept 8	3 mos-12 yrs	Stay & Play	Fri	5:30 PM	9:00 PM	<i>Pricing listed above</i>	
	Friday, Sept 22	3 mos-12 yrs		Fri	5:30 PM	9:00 PM	<i>Pricing listed above</i>	
	Friday, Oct 27	3 mos-12 yrs		Fri	5:30 PM	9:00 PM	<i>Pricing listed above</i>	

STAY & PLAY

Contact our Welcome Center
with questions at 215.348.8132

Member Use - Open Hours

While you workout or utilize the facility, your children age 3 months through 6th grade can play and have fun in Stay & Play. Stay & Play is FREE to members (with adult and family memberships.) Visit the Stay & Play page on www.ymcabhc.org for detailed information.

Mon-Fri 8:30 AM-1:00 PM
Mon-Thu 4:00-8:00 PM
*New Sat 8 AM-1:00 PM
Sun 9:30 AM-1:00 PM

Sitter Service

Offered during Stay & Play hours to those who need to leave the Y campus for errands, appointments, shopping, etc. Registration required prior to drop-off.

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
	90 minutes: (1) Child	3 mos- Gr 6	Stay & Play				\$17	\$28
	90 minutes: (2) Children						\$22	\$36
	90 minutes: (3) Children						\$27	\$45
	3 hours: (1) Child	3 mos- Gr 6	Stay & Play				\$27	\$45
	3 hours: (2) Children						\$38	\$62
	3 hours: (3) Children						\$43	\$71

COMMUNITY & FAMILY

Doylestown | Early Fall

FAMILY & TEEN

Contact Taylor Jermyn with questions at tjermyn@ymcabhc.org

Family Events

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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Join us for our Free Family Fun Friday nights for our members. Each Friday one of our branches will host a free family activity for membership only. One member of the family needs to register.

Pickle & Pizza: Friday, September 15	Enjoy Pickleball, Pizza, and other outdoor games!	All Ages		Fri	6:00 PM	8:00 PM	\$0	n/a
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Adventure Guides

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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Adventure Guides Designed for parents and children to develop healthy relationships, gain a sense of belonging, and learn the importance of giving back to the community through one-on-one interactions, activities with other families, and community service projects.

<i>\$42 early bird registration fee through October 14th; Registration fee increases to \$79 on October 15.</i>	Dads and Daughters	5 yrs+					\$0	\$42
	Dads and Sons	5 yrs+					\$0	\$42

Teen & Pre-teen Programs

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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Pre-Teen Nights	Friday, October 20	Gr 4-6	Teen Center	Fri	6:00 PM	9:00 PM	\$5	\$10
Drop your kids off for a night of fun at the Doylestown YMCA. Y staff will lead various fun activities.	Friday, November 17	Gr 4-6	Teen Center	Fri	6:00 PM	9:00 PM	\$5	\$10
	Friday, December 15	Gr 4-6	Teen Center	Fri	6:00 PM	9:00 PM	\$5	\$10

Day Off School Camp

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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Day Off School Camp	Monday, September 25	5-12 yrs	Teen Center	Mon	8:00 AM	5:30 PM	\$58	\$78
The Y offers seasonal day off school camp, providing activities and supervision for kids when schools are closed.	Tuesday, November 7	5-12 yrs	Teen Center	Tue	8:00 AM	5:30 PM	\$58	\$78
	Wednesday, November 22	5-12 yrs	Teen Center	Wed	8:00 AM	5:30 PM	\$58	\$78
	Friday, November 24	5-12 yrs	Teen Center	Fri	8:00 AM	5:30 PM	\$58	\$78
	Wednesday, December 27	5-12 yrs	Teen Center	Wed	8:00 AM	5:30 PM	\$58	\$78
	Thursday, December 28	5-12 yrs	Teen Center	Thu	8:00 AM	5:30 PM	\$58	\$78
	Friday, December 29	5-12 yrs	Teen Center	Fri	8:00 AM	5:30 PM	\$58	\$78

Skatepark

		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
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Member Use - Open Hours	Skatepark use is free to members and available to non-members when paying a guest fee. Anyone 17 years or younger must have a parent signed liability waiver on file. Helmet rentals are available at \$5/day.				Mon-Thu 4:00-8:00 PM Fri 4:00-9:00 PM		Sat 12:00-6:00 PM Sun 12:00 PM- 6:00 PM	
Private Skate Lessons	(1) 45-minute Lesson with a Skate Instructor	5 yrs+	Skatepark	Mon-Sat			\$26	\$43
	(5) 45-minute Lessons with a Skate Instructor	5 yrs+	Skatepark	Mon-Sat			\$126	\$208

ABILITY PROGRAMS

Contact Kaitlyn Stevens with questions at
kstevens@ymcabhc.org or 215.348.8132

Adapted Aquatics Private Lessons		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Private Swim Lessons	(4) 30-minute Lessons	5 yrs+					\$154	\$253
	(8) 30-minute Lessons	5 yrs+					\$304	\$502
Semi-private Swim Lessons	(4) 30-minute Lessons	5 yrs+			Price is per participant		\$115	\$189
	(8) 30-minute Lessons	5 yrs+			Price is per participant		\$226	\$374

Adapted Personal Training		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Private Fitness Packages: Work one-on-one with a qualified trainer on fitness and health goals.	30-min Adapted Personal Training: (5) Sessions	12 yrs+					\$236	\$390
	30-min Adapted Personal Training: (10) Sessions	12 yrs+					\$452	\$745
	45-min Adapted Personal Training: (5) Sessions	12 yrs+					\$312	\$515
	45-min Adapted Personal Training: (10) Sessions	12 yrs+					\$604	\$996
	60-min Adapted Personal Training: (5) Sessions	12 yrs+					\$389	\$641
	60-min Adapted Personal Training: (10) Sessions	12 yrs+					\$754	\$1,244

Ability Mainstream Group Classes		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
In addition to ability-specific programs, almost any youth or teen program can become an ability program through our Inclusive Programming Model. Children and teens can join their peers of all abilities in a variety of mainstreamed youth and teen fitness and social programs with the assistance of an ability instructor.								
Mainstream Group Classes	Youth Leagues, Sports, Gymnastics, Martial Arts, Arts & Humanities			Class offerings vary. Please contact Kaitlyn Stevens for full details.				

Ability Art Programs		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Creative Creations	In this workshop, students will enjoy making a seasonal project and prepare a delicious, creative snack! Please be sure to pre-register for the event!							
	Friday, September 29	18+	Club House	Fri	6:00 PM	7:30 PM	\$20	\$30
	Tuesday, October 24	8-18 yrs	Club House	Tue	5:30 PM	7:00 PM	\$20	\$30

Ability Day Off School Camp		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Ability Day Off School Camp Available for children of all abilities on days when schools are closed and families are looking for fun, safe and engaging coverage for their children.	Monday, September 25	5-22 yrs	Teen Center	Mon	8:00 AM	5:30 PM	\$66	\$89
	Tuesday, November 7	5-22 yrs	Teen Center	Tue	8:00 AM	5:30 PM	\$66	\$89
	Wednesday, November 22	5-22 yrs	Teen Center	Wed	8:00 AM	5:30 PM	\$66	\$89
	Friday, November 24	5-22 yrs	Teen Center	Fri	8:00 AM	5:30 PM	\$66	\$89

Ability Day Off School Camp	Wednesday, December 27	5-22 yrs	Teen Center	Wed	8:00 AM	5:30 PM	\$66	\$89
	Thursday, December 28	5-22 yrs	Teen Center	Thu	8:00 AM	5:30 PM	\$66	\$89
	Friday, December 29	5-22 yrs	Teen Center	Fri	8:00 AM	5:30 PM	\$66	\$89

Ability Teen Night		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Ability Teen Night: A night for teens to come together for dancing, food, and activities. Teens will enjoy pizza with friends, then participate in the night's activity. The night ends with a dance party!	September 8: Zumba with Caitlin Brown	14-21 yrs	Teen Center	Fri	6:30 PM	9:00 PM	\$15	\$25
	September 22: CB West Football Game (Home vs. North Penn)	14-21 yrs	Teen Center	Fri	6:30 PM	9:00 PM	\$15	\$25
	October 13: Flick or Float	14-21 yrs	Teen Center	Fri	6:30 PM	9:00 PM	\$15	\$25
	October 27: Halloween Bash! (Big Event)	14-21 yrs	Teen Center	Fri	6:30 PM	9:00 PM	\$20	\$30

Biking 101		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Biking 101: Evaluation A one time, one on one skills assessment to determine if the participant has the pre-requisite skills for riding a 2 wheeler bike. This is required prior to registration for Biking 101 Lessons.		7 yrs+	Parking Lot				\$42	\$69
Biking 101: (4) Lessons Biking 101 lessons include 4 one on one private lessons taught by a Certified Cycling Instructor with over 34 years of experience working with Children and Adults with Special Needs.		7 yrs+	Parking Lot				\$146	\$241

Club After 2		Age	Location	Day	Start Time	End Time	Member MONTHLY	Non-member MONTHLY
Club After 2	Follows the Central Bucks School District calendar. An after school program designed for students with special needs. Join this friendly, supportive group for daily activities based around the themes of: expressive arts, fitness & wellness, communication & cooperation, service projects, and community-based learning. Teaches cooperation, socialization skills, healthy-living, helpfulness, and utilizes community based instruction. Ratio 1:6							
	1 Day per Week	12-21 yrs	Club House	Mon-Fri	2:30 PM	5:00 PM	\$87	\$144
	3 Days per Week	12-21 yrs	Club House	Mon-Fri	2:30 PM	5:00 PM	\$177	\$293
	5 Days per Week	12-21 yrs	Club House	Mon-Fri	2:30 PM	5:00 PM	\$272	\$449

Employee Mentorship Training		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Employee mentees are paired with a Job Coach at the Y to work together once a week for 1.5 hours per session for an 8 week session/rotation. The session would be 1:1 for a time that works with both the Job Coach and the mentee. The YMCA job can change after 8 weeks or the mentee can stay in the same role if more mastery is needed. Mentees will need to know that this does not guarantee a job at the end. All Mentees would need to wear a uniform for their shifts and fill out a practice timecard before and after each shift. Currently, the job positions could include: welcome center, health & wellness coach and swim deck coordinator. More roles added as the program grows.								
Employee Mentorship Training	1.5 Hour Session for 8 weeks	16 yrs+	Jobs throughout the YMCA				\$353	\$582

Seekers		Age	Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
An evening program for adults with developmental disabilities full of fun, physical activity, and socializing. Activities include swimming, basketball, dancing, crafts and much more. Program runs from Sept-June, in a two semester format. Ratio 1:15								
Seekers	1 Day per Week: Monday OR Wednesday	18+ yrs	Teen Center	Mon or Wed	4:00 PM	7:00 PM	\$257	\$424
	2 Days per Week: Monday AND Wednesday	18+ yrs	Teen Center	Mon & Wed	4:00 PM	7:00 PM	\$475	\$783

COMMUNITY & FAMILY

All Branches| Early Fall

For questions or inquiries on availability, contact:

Camp Carr - Kristin Heimall, kheimall@ymcabhc.org

Doylestown, Fairless Hills, Holland, Deer Path & Warminster -
Valerie Tanner, vtanner@ymcabhc.org & Hannah Keller, Hkeller@ymcbhc.org

Quakertown - Becky Musselman, bmusselman@ymcabhc.org

PARTIES

After Hours Splash 'N Bash

After Hours Splash 'N Bash Party

This party is EXCLUSIVE and held after-hours on Saturdays. Great option for boy scouts/girl scouts, school celebrations, church groups and more! Please see pool policies for important safety information. 25 guests maximum. 15 min swim testing, 1 hr pool celebration, 15 min changing time and 30 min party room. 3-4 lifeguards. Ages 4 yrs+.

**Warminster Branch party time may be adjusted if the facility is closing later.*

Branch Location	Day	Start Time	End Time	Member FLAT FEE	Non-member FLAT FEE
Deer Path	Saturdays	5:00 PM	7:00 PM	\$386	\$483
Doylestown	Saturdays	6:00 PM	8:00 PM	\$386	\$483
Fairless Hills	Saturdays	5:00 PM	7:00 PM	\$386	\$483
Quakertown	Saturdays	5:00 PM	7:00 PM	\$386	\$483
Warminster	Saturdays	2:30 PM	4:30 PM	\$308	\$385
Additional hour at all branches:				\$165	\$165

Esports Parties

Love gaming? Celebrate your birthday at our new gaming lounge! Guests enjoy all lounge amenities and party space for food and cake. Ages 7 yrs+

Esports Party during Open Lounge Hours: Shared Space with Community

Two Hour Party
Monday-Friday 4:30 PM-6:30 PM
Saturday and Sunday 3:30 PM-5:30 PM
Saturday After Hours 6:00-8:00 PM

Doylestown	YMCA Members & Esports Members:	\$365
Doylestown	Non-members:	\$450
Doylestown	Additional hour:	\$160

Esports After Hours Party:

Saturdays 6:00 PM-8:00 PM

Doylestown	YMCA Members & Esports Members:	\$499
Doylestown	Non-members:	\$595
Doylestown	Additional hour:	\$160

Esports Party during Open Lounge Hours: Shared Space with Community

Two Hour Party
Mon, Tue, Wed 5:00 PM-7:00 PM
Saturday 11:00 AM-1:00 PM
Sunday 12:00 PM-2:00 PM; 2:30-4:30 PM

Warminster	YMCA Members & Esports Members:	\$299
Warminster	Non-members:	\$384
Warminster	Additional hour:	\$160

Skatepark Party					Member FLAT FEE	Non-member FLAT FEE
	Branch Location	Day	Start Time	End Time		
Skatepark Party						
Available seasonally upon request, during shared hours with community members.	Doylestown	Saturdays	3:30 PM	5:30 PM	\$308	\$385

RENTALS

After Hours Full Facility Rental					Member	Non-member
					FLAT FEE	FLAT FEE
Branch Location	Day	Start Time	End Time			
After Hours Full Facility Rentals						
Pool, gymnasium, locker rooms, studios.						
Deer Path	Saturdays / Sundays	7:00 PM	10:00 PM		\$773	\$1,004
Doylestown		6:00 PM	9:00 PM		\$773	\$1,004
Fairless Hills		5:00 PM	8:00 PM		\$773	\$1,004
Quakertown		5:00 PM	8:00 PM		\$773	\$1,004
Additional hour at all branches:					\$258	\$258
Individual instructors available at an hourly rate:					\$30/hr	\$30/hr

Facility Space Rentals					Member RENTAL FEE	Non-member RENTAL FEE
	Branch Location	Day	Available Hours			
Individual Space Rentals at hourly rates	Teen Center / Pavilions	Doylestown	Sat / Sun	2:00 PM-9:30 PM	\$74	\$151
		Additional fee for rentals after 6:00 PM:			\$103	\$103
	Outdoor Basketball Courts	Doylestown	Sat / Sun	12:00 PM-5:00 PM	\$26/hr	\$38/hr
	Gymnasium	Quakertown	Contact for availability		\$103/hr	\$103/hr
	Auxiliary Gymnasium	Quakertown	Contact for availability		\$77/hr	\$97/hr
	Pool / Aquatic Center - After Hours Only	Warminster	Sat / Sun	12:30 PM-2:30 PM	\$308	\$385
				Additional hour:	\$165	\$165
		Individual instructors available for swim lessons at an hourly rate:			\$15/hr	\$15/hr
	Studio	Warminster	After Hours or Weekends 12:00 PM-2:00 PM		\$103/hr	\$180/hr
	Holland Pool Rental	After Hours Only - Seasonal, Mid-June thru August	Saturdays	5:00 PM	7:00 PM	\$299
			Additional hour:			\$165

Hunterdon County Seasonal Rentals					Member RENTAL FEE	Non-member RENTAL FEE
Day					Available Hours	
Camp Carr Rental						
A campground that operates April-October.					<i>Call for availability and pricing</i>	

PERSONAL TRAINING

Contact Nicole Martorella with questions
at nmartorella@ymcabhc.org

Personal Training Club		Age	Member MONTHLY	Non-member MONTHLY
Personal Training Club: Join the PT Club and get one-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey. Club prices are lower than package pricing, clients may carry over one unused session per month, and the monthly draft is automatically taken out at the beginning of each month with no additional need to register each month. <i>There is a three month minimum commitment in order to receive the discounted pricing.</i>	30-min Sessions: (4) per Month / 1x per Week	12 yrs+	\$130	N/A
	30-min Sessions: (8) per Month / 2x per Week	12 yrs+	\$160	N/A
	30-min Sessions: (12) per Month / 3x per Week	12 yrs+	\$391	N/A
	45-min Sessions: (4) per Month / 1x per Week	12 yrs+	\$189	N/A
	45-min Sessions: (8) per Month / 2x per Week	12 yrs+	\$378	N/A
	45-min Sessions: (12) per Month / 3x per Week	12 yrs+	\$567	N/A
	60-min Sessions: (4) per Month / 1x per Week	12 yrs+	\$247	N/A
	60-min Sessions: (8) per Month / 2x per Week	12 yrs+	\$494	N/A
	60-min Sessions: (12) per Month / 3x per Week	12 yrs+	\$740	N/A

Personal Training		Age	Member FLAT FEE	Non-member FLAT FEE
Personal Training Packages: One-on-one time with a personal fitness trainer who can help you to meet your goals or get started on your fitness journey.	30-min Personal Training: (5) Sessions	12 yrs+	\$184	\$303
	30-min Personal Training: (10) Sessions	12 yrs+	\$347	\$572
	45-min Personal Training: (5) Sessions	12 yrs+	\$259	\$428
	45-min Personal Training: (10) Sessions	12 yrs+	\$499	\$823
	60-min Personal Training: (5) Sessions	12 yrs+	\$336	\$554
	60-min Personal Training: (10) Sessions	12 yrs+	\$649	\$1,071
First Time Client Promotion: (3) 45-minute Sessions	Special pricing for first time personal training clients. Three (3) 45-minute introductory sessions.	12 yrs+	\$125	N/A

Partner Training		Age		Member FLAT FEE	Non-member FLAT FEE
Partner Training Packages: There's no better way to stay motivated than to train with a friend. Partner Training allows you both to train, side-by-side with a Personal Trainer and stay on target!	45-min Partner Training: (5) Sessions	12 yrs+	Pricing is per person	\$161	\$265
	45-min Partner Training: (10) Sessions	12 yrs+	Pricing is per person	\$299	\$494
	60-min Partner Training: (5) Sessions	12 yrs+	Pricing is per person	\$214	\$353
	60-min Partner Training: (10) Sessions	12 yrs+	Pricing is per person	\$400	\$660

Team Training				Member FLAT FEE	Non-member FLAT FEE
				Age	
Team Training Packages: Work with any of our motivating and experienced trainers in a TEAM setting of three to five participants. Perfect for neighbors, friends, school teams, etc. Teams will also be created by Y professional staff, giving you the greatest price value in personal training savings!	3 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$84	\$139
	3 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$147	\$243
	3 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$110	\$182
	3 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$200	\$329
	4 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$74	\$121
	4 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$126	\$208
	4 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$100	\$165
	4 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$179	\$295
	5 People 45-min: (5) Sessions	12 yrs+	Pricing is per person	\$63	\$104
	5 People 45-min: (10) Sessions	12 yrs+	Pricing is per person	\$105	\$173
	5 People 60-min: (5) Sessions	12 yrs+	Pricing is per person	\$89	\$147
	5 People 60-min: (10) Sessions	12 yrs+	Pricing is per person	\$150	\$260

WELLNESS TOOLS & PROGRAMS

Contact Andrea Brown with questions
at agbrown@ymcabhc.org

Renew You			Member FLAT FEE	Non-member FLAT FEE
			Age	
Are you struggling with stubborn fat, low energy, joint pain, thinning skin, mood swings, or brain fog? These are some of the unpleasant symptoms of aging and changing hormones. Renew You is a habit-based, hormone optimizing program designed specifically for women over 40 looking to lose weight and improve their health. This 8 week program is held virtually 12PM or 8PM on Mondays.				
8 Weeks 8 Habits: Renew You	Mondays, October 16-December 4	40 yrs+	\$360	\$504

Heart Strong			Member FLAT FEE	Non-member FLAT FEE
			Age	
Heart Strong is a unique exercise program specifically for patients who've participated in Doylestown Health cardiac rehabilitation and want to maintain optimal heart and vascular health. A collaboration between Doylestown Health and community gyms, the Heart Strong program keeps patients fit with prescribed exercises from their cardiac rehab team. Participation in the program includes six weeks of full branch access.				
Heart Strong 6-Week Program	(12) 30-minute Sessions	12 yrs+	\$415	\$415

InBody Scan				Member FLAT FEE	Non-member FLAT FEE
		Age	Start Time	End Time	
Members receive a complimentary InBody scan with fitness consultation every 3 months with their YMCA membership. Additional scans may be purchased at \$25 per scan.					
InBody Scan	Free every 3 months for YMCA members with consultation	12 yrs+	Additional available at:	\$25	\$40