Hello Central Bucks Parents and students,

My name is Dan McAuley, and I have been a wrestling coach and parent in our community now for the last 14 years. I have watched as many of our current high school wrestlers have grown into outstanding student athletes using the life lessons, they learned in our sport to guide them in their futures. Wrestling more than any sport your child can compete in teaches and instills:

- Overall mental and physical fitness.
- Good listening skills.
- Self-confidence and independence.
- Self-discipline and respect for others.
- The ability to cope and deal with failure.
- The value of hard work in pursuit of one's goals.
- Self defense (Wrestling is the Ultimate Martial Art)

In our sport it's not a matter of size, skill, or natural athletic ability. Champions come in all shapes and sizes. Talent is the result of pursued interest. No other sport allows your child to compete in a team atmosphere while allowing for individual achievement like wrestling.

Starting Friday April 25th, the CB South Titan wrestling program will be hosting a "Free" Friday night wrestling and play session for all interested students from the schools noted below grades K thru 8 for <u>6 whole weeks.</u>

Participating Schools:

- Mill Creek
- Jamison
- Butler
- Titus
- Barkley
- Tamanend
- Unami

These sessions will combine wrestling-based drills along with gymnastic style games to not only introduce the sport to your child but begin forging the basic skills of our sport into our future wrestlers.

NO EXPERIENCE is necessary.

Session will be held in the CB South Wrestling room as follows:

Starting Fridays 4/25/25 thru 06/06/25

- Grades K thru 4 Arrive 5:45 PM Session from 6:00 PM to 7:00 PM
- Grades 5 & 8 Arrive 6:45 PM Session from 7:00 PM to 8:00 PM.
 - Wrestlers grade 5 thru 8 will have additional opportunities thru the summer into the fall.

To register simply email Coach Dan @ <u>dmcauley@cbsd.org</u> Be sure to include you child's:

- Name
- Grade
- School
- Parent contact information email and Phone#

Dan McAuley
Head Coach
JR Titans - (Tamanend-Unami)
dmcauley@cbsd.org
267-614-6322

