



CBSD FID ish kitobi

BOLALAR BOG'CHASI

Nomi: _____



Moslashuvchan yo'riqnoma

1-KUN





"FID" kuni sifatida ham tanilgan Moslashuvchan ta'lim kuni nima?

Pensilvaniyada ta'lim departamenti tomonidan belgilangan moslashuvchan o'quv kuni maktablar noqulay ob-havo yoki boshqa kutilmagan holatlar tufayli maktabni bekor qilish o'rniga masofadan turib ta'lim berishlari mumkin bo'lgan kunni anglatadi.

Moslashuvchan o'quv kunining maqsadi nima?

Moslashuvchan o'quv kunlarini joriy etishdan maqsad, an'anaviy "shaxsiy" o'rganish imkonini bo'lmagan taqdirda ham o'quvchilar mazmunli ta'lim olishda davom etishlarini ta'minlashdir. Moslashuvchan o'quv kunlari maktablarga o'quv jarayonida uzluksizlikni ta'minlash imkonini beradi, bu esa o'quvchilarning o'qishni uzluksiz davom ettirishini ta'minlaydi. Texnologiyalar va masofaviy ta'lim ish kitoblari/resurslaridan foydalangan holda, maktablar jismoniy joylashuvidan qat'i nazar, o'quvchilarga o'quv materiallari, topshiriqlar va o'qituvchilar yordamiga kirishni ta'minlashi mumkin.

Central Bucks qachon "FID" kuni bo'lishini qanday bilsam bo'ladi?

- Central Bucks School District elektron pochta, veb-sayt, matn orqali oilalarga bildirishnomalar yuboradi "FID" kuni bilan bog'lanish uchun xabarnoma, ijtimoiy media va boshqalar.
- Farzandingiz o'qituvchisi FID tarkibini Canvas'da nashr etadi:
 - Ishtirok etish uchun onlayn so'rovga havola.
 - Ixtiyoriy jonli Jamoalar o'qituvchi uchun "Ish soatlari" chaqiruviga havola.

Farzandim ushbu "FID" kunlarida "Moslashuvchan o'quv kitoblari" dan qanday foydalanadi?

Ushbu "moslashuvchan o'quv kitobi" sizning farzandingizning ish kitobi bo'lib, unda moslashuvchan o'quv kuni uchun ishni yakunlash uchun protseduralar, taxminlar va manbalar ko'rsatilgan. Bunday kitobdan qanday foydalaniladi:

- **Moslashuvchan o'quv kitobi taxminan 4 soatlik o'quv mashg'ulotlarini taqdim etadi.**
- Farzandingiz o'qish, matematika, yozish va maxsus fanlarni (PE, Musiqa, Kutubxona, San'at yoki *QUEST*) yakunlaydi . "FID" kunida.
- Farzandingiz "FID" kitobini maktab o'qituvchisiga qaytaradi.
odam."

Farzandim ushbu "FID" kunlarida Canvas-dan qanday foydalanadi?

- Talabalar tumanda taqdim etilgan qurilmada Classlink orqali Canvas'ga kirishadi
- Davomat Canvas orqali yuboriladi
- Ish soatlari Canvas-da 12:00 dan 12:30 gacha bo'lgan jamoalar qo'ng'irog'i orqali taklif qilinadi.
- Raqamli ish kitoblari Canvas bilan bog'lanadi

Agar men shaxsiy qurilmadan foydalanishim kerak bo'lsa va o'quvchilarimning foydalanuvchi nomi va parolini topa olmasam-chi?

- Talabalarining foydalanuvchi nomlarini Infinite Campus ota-ona portalida topish mumkin. da joylashgan "Oila haqida ma'lumot" ostidagi asosiy menyuning "Batafsil" bo'limi. Foydalanuvchi nomi talabani to'liq E-pochta manzili. Masalan: **Smith.J123@student.cbsd.org**. Yangi talabalar uchun parol katta harfdir birinchi harf, kichik harf oxirgi bosh harf va ularning 6 xonali tug'ilgan kuni. Masalan: Jeyms Smit 07.08.2009 yilda tug'ilgan bo'lsa, paroli



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BOLALAR BOG'CHASI



MATH

1-KUN

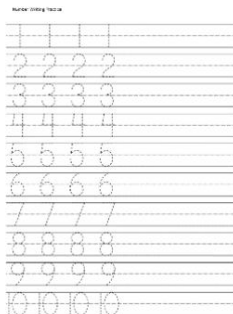


Moslashuvchan yo'riqnoma 1-kun: MATEMATIKA

MATEMATIKA DARS XULOSASI

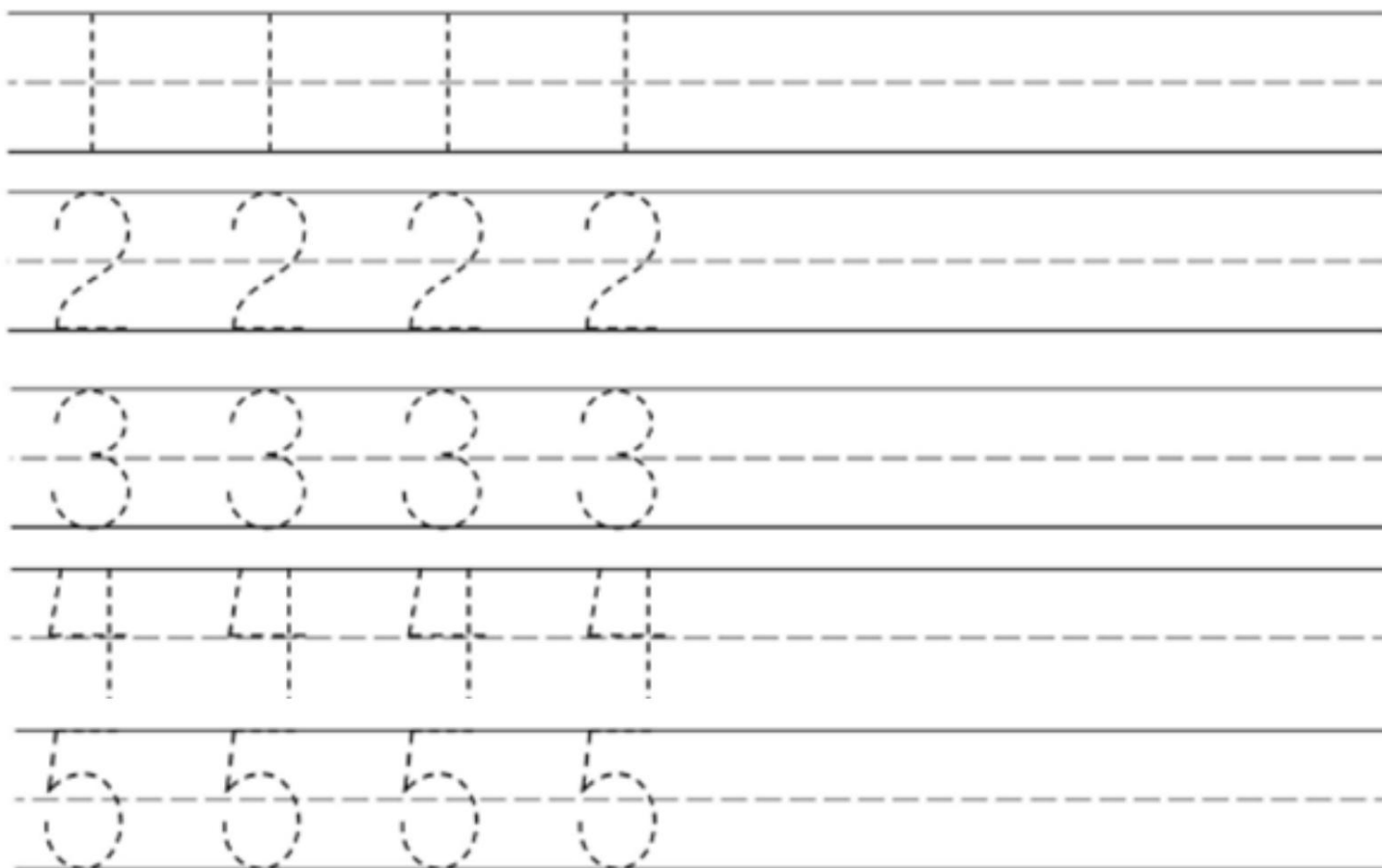
Raqlamlarni yozish va raqlamlardan 5 gacha.

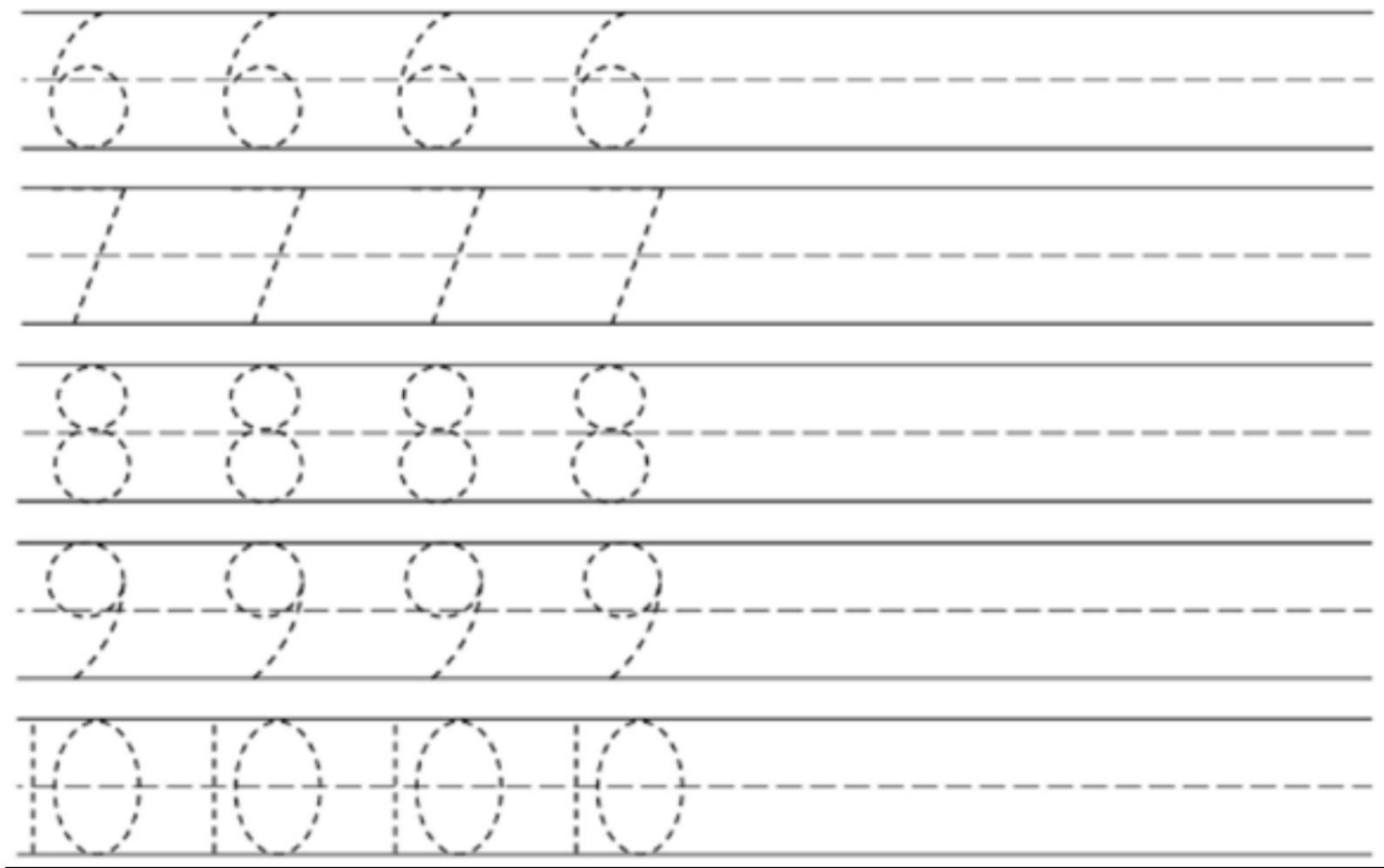
(30 daqiqa)



1-FAOLIYAT:

Yo'nalishlar: raqlamlarni mashq qilish uchun har bir nuqta chiziqni kuzatib boring. Keyin mashq qilish uchun yana 3 ta raqlam yozing. Yuqoridan boshlashni unutmang.





Yo'nalishlar:

Yuqorida yozishni mashq qilgan 3 ta raqamni tanlang va **nechtasini** ko'rsatish uchun **chizing** . Siz uchun namuna qilingan.

Misol:

Tanlangan raqam: 3



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Yo'nalishlar: 5 ga qadar bo'lgan raqamlar uchun nechtani ko'rsatish uchun iz.

1. Ko'rsating 3

○	○	○	○	○	○	○	○	○	○
---	---	---	---	---	---	---	---	---	---

2. 5-ko'rsatma

○	○	○	○	○	○	○	○	○	○
---	---	---	---	---	---	---	---	---	---

3. 1-ko'rsating

○	○	○	○	○	○	○	○	○	○
---	---	---	---	---	---	---	---	---	---

4. Ko'rsating 4

○	○	○	○	○	○	○	○	○	○
---	---	---	---	---	---	---	---	---	---

5. 2-ko'rsatma

○	○	○	○	○	○	○	○	○	○
---	---	---	---	---	---	---	---	---	---



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BOLALAR BOG'CHASI



O'QISH VA YOZISH

1-KUN



Moslashuvchan yo'riqnoma 1-kun:

O'QISH VA YOZISH

O'QISH VA YOZISH DARS XULOSASI

Umumiy vaqt - 40 daqiqa		
Vaqt	Diqqat	Tavsif
10 daqiqa	O'qish Ufqlar Fonika	Alfavit harflarini ko'rib chiqing. 1. Barcha 26 harfni nomlang. 2. Ko'rib chiqish A a 3. Ko'rib chiqish B b
10 daqiqa	O'qish	A a va B b harflarini ko'rib chiqish uchun kitob o'qing.
10 daqiqa	Yozish	Kuningiz haqida chizing va/yoki yozing.
10 daqiqa	Qo'l yozuvi Harflarni	shakllantirish amaliyoti.

Ism _____

Alifboda 26 ta harf mavjud.
21 undosh harf va besh unli
harf Aa, Ee, Ii, Oo va Uu.

1-dars: Alifbo bilan tanishish

Alifbodagi harflarni bilish juda muhimdir.

Alifbodagi harflar va tovushlarni bilganingizda, siz juda ko'p turli so'zlarni o'qishingiz va yozishingiz mumkin.

Har bir harfni ko'rsating va uning nomini ayting.

Aa Bb Cc Dd Ee Ff

Gg Hh Ii Jj Kk Ll

Mm Nn Oo Pp Qq Rr

Ss Tt Uu Vv Ww

Xx Yy Zz

Bu xatning nomi a. A - unli tovush. a
uchun birinchi ovoz

atdagi kabi /a/ hisoblanadi .

Ism _____

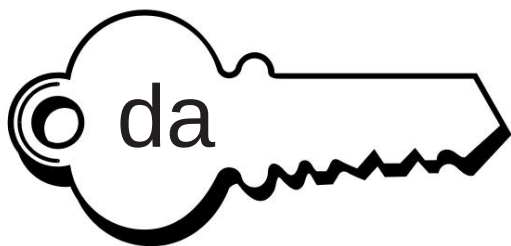
2-dars: A unlisi

Har bir satr boshidagi misolga mos keladigan a harfining qatorlarini
yozing . Har safar xat yozganingizda ism va tovushni ayting: a, /a/; a, /a/.

AA

aa

Aa



A uchun kalit
so'z at .

Bu harfning nomi undosh. In ovozi b. B a - /

Ism _____

b b/, kabi

xato.

3-dars: **B** undoshi

Har bir satr boshidagi misolga mos *b* harfining qatorlarini yozing .
Har safar xat yozganingizda ism va tovushni ayting: b, /b/; b, /b/.

BB

bb

B b

O'QISH - 10 daqiqa

Yo'nalishlar:

1. "A unlisi" hikoyasini oila a'zolariga, uy hayvonlariga yoki to'ldirilgan hayvonlarga o'qing.
2. "B undosh" hikoyasini oila a'zosiga, uy hayvoniga yoki do'lmaga o'qing.

Vowel A



Kindergarten Chapter 1
Lesson 2: Vowel A

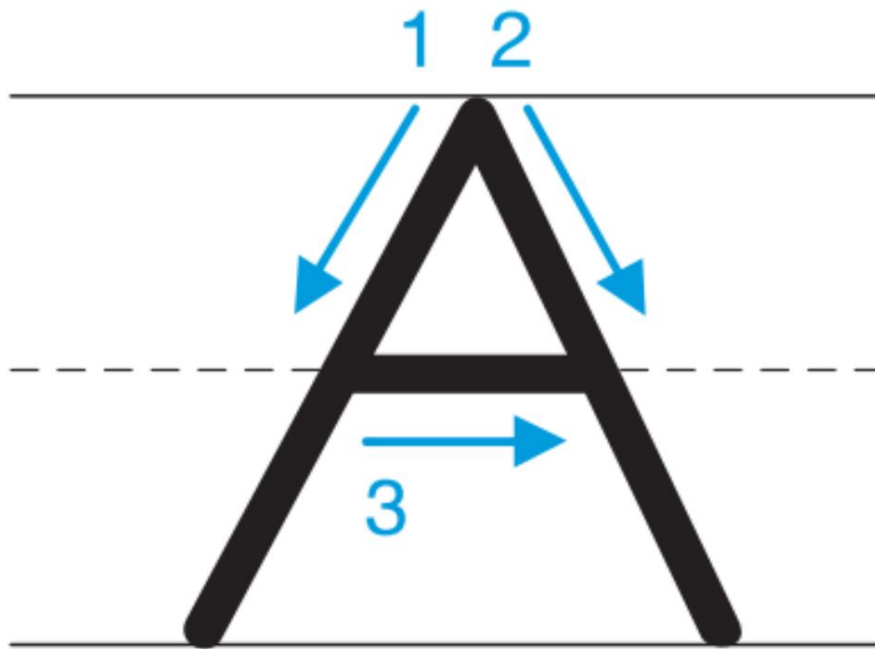


A large, bold, black uppercase letter 'A' is centered on the page. It is a simple, sans-serif font with a horizontal crossbar.

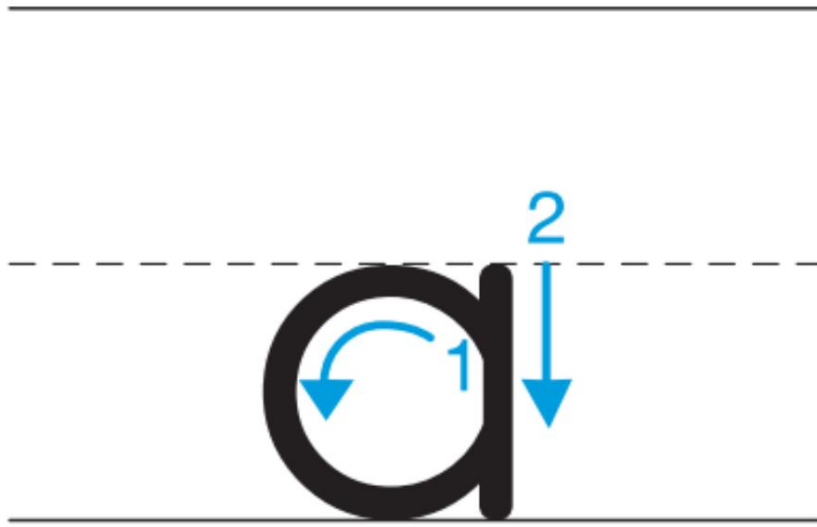
This is uppercase A.

a

This is lowercase a.



Trace uppercase A
with your finger.



Trace lowercase a
with your finger.



The sound of
the letter is /ă/.



ant



apple



ask

The End

Consonant B



Kindergarten Chapter 1
Lesson 3: Consonant B

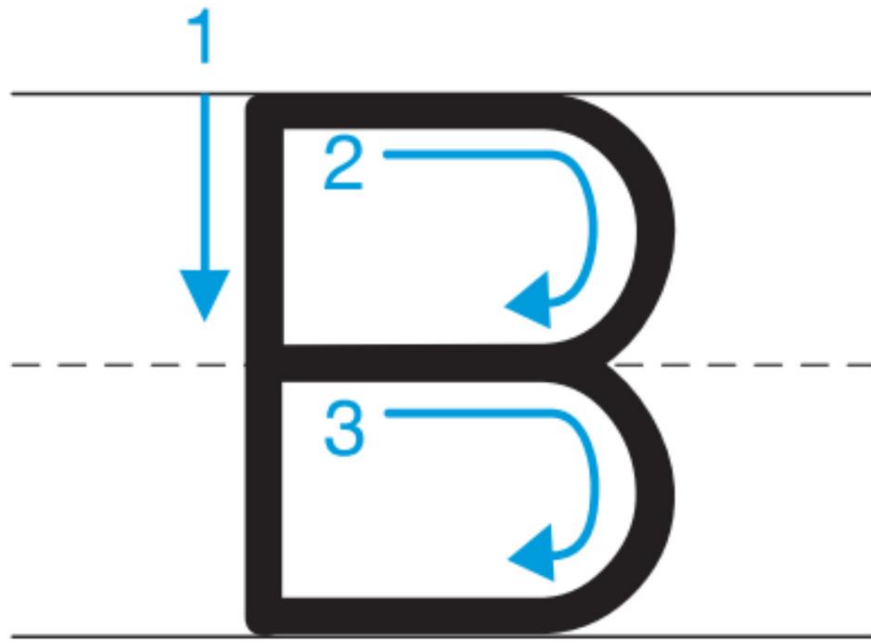


A large, bold, black uppercase letter 'B' is centered on the page. The letter is rendered in a simple, sans-serif font with a thick stroke.

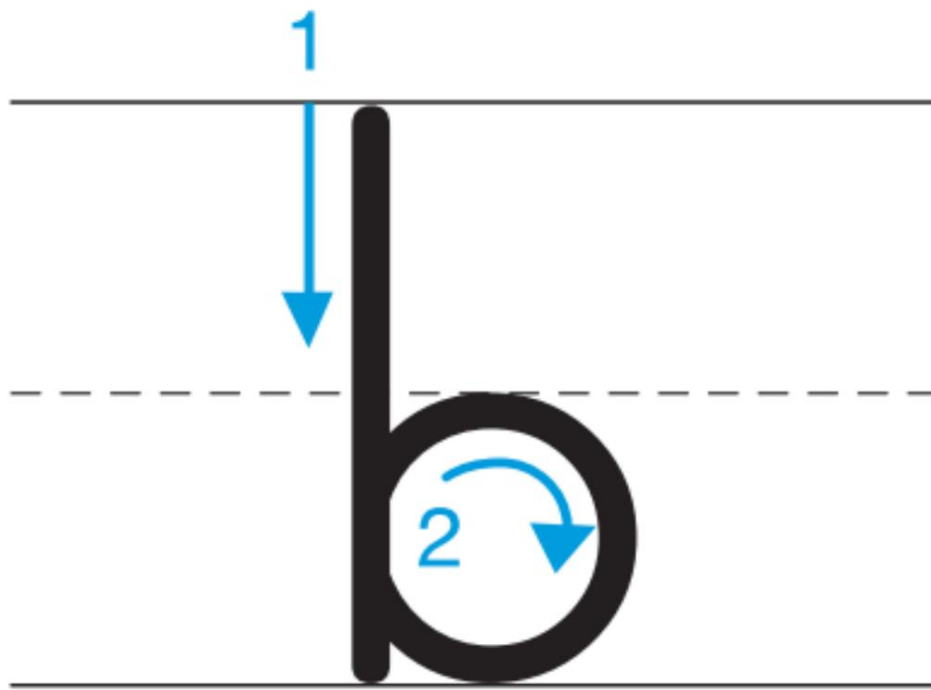
This is uppercase B.

b

This is lowercase b.



Trace uppercase B
with your finger.



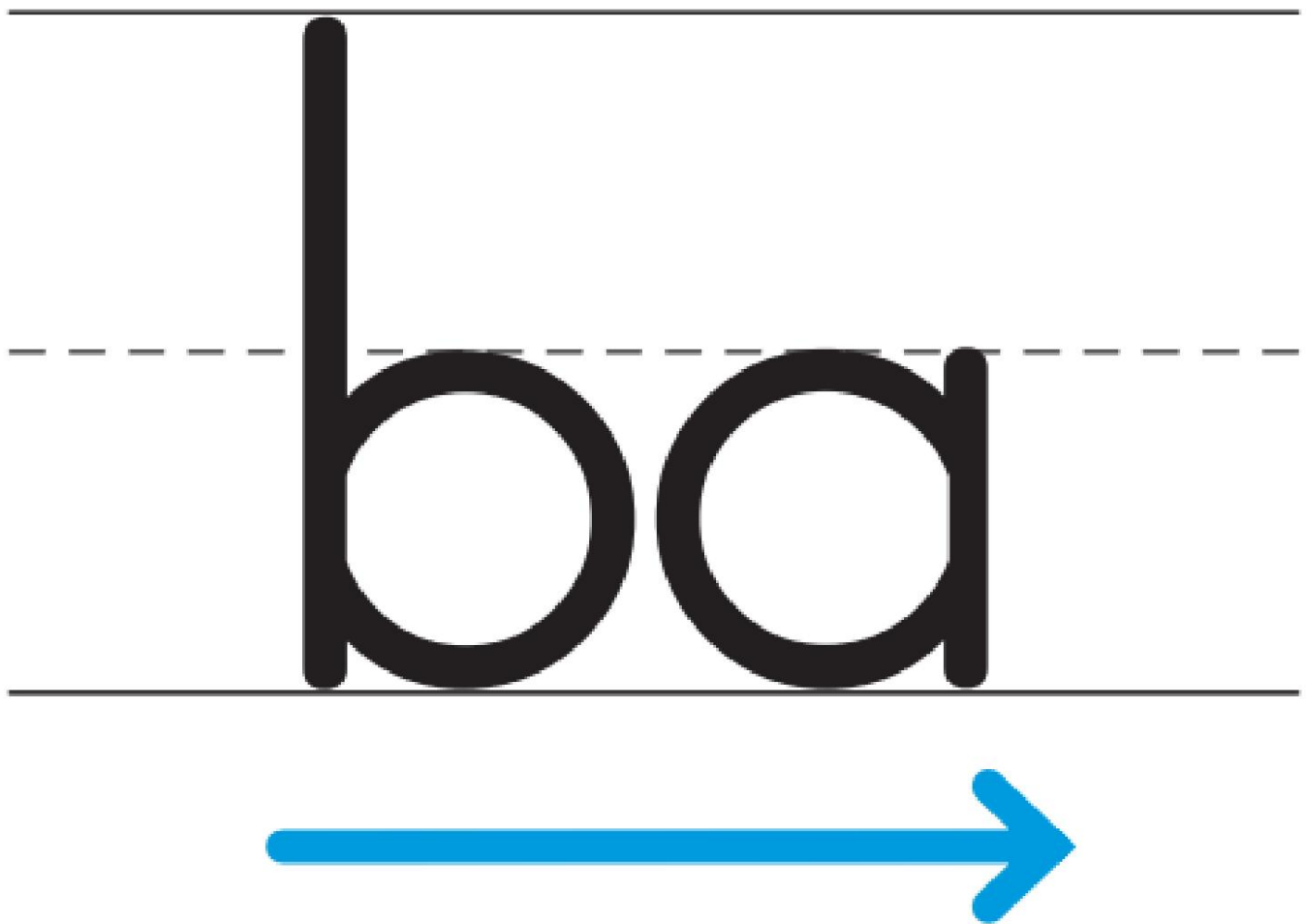
Trace lowercase b
with your finger.



The sound of
the letter is /b/.

Ba







bat



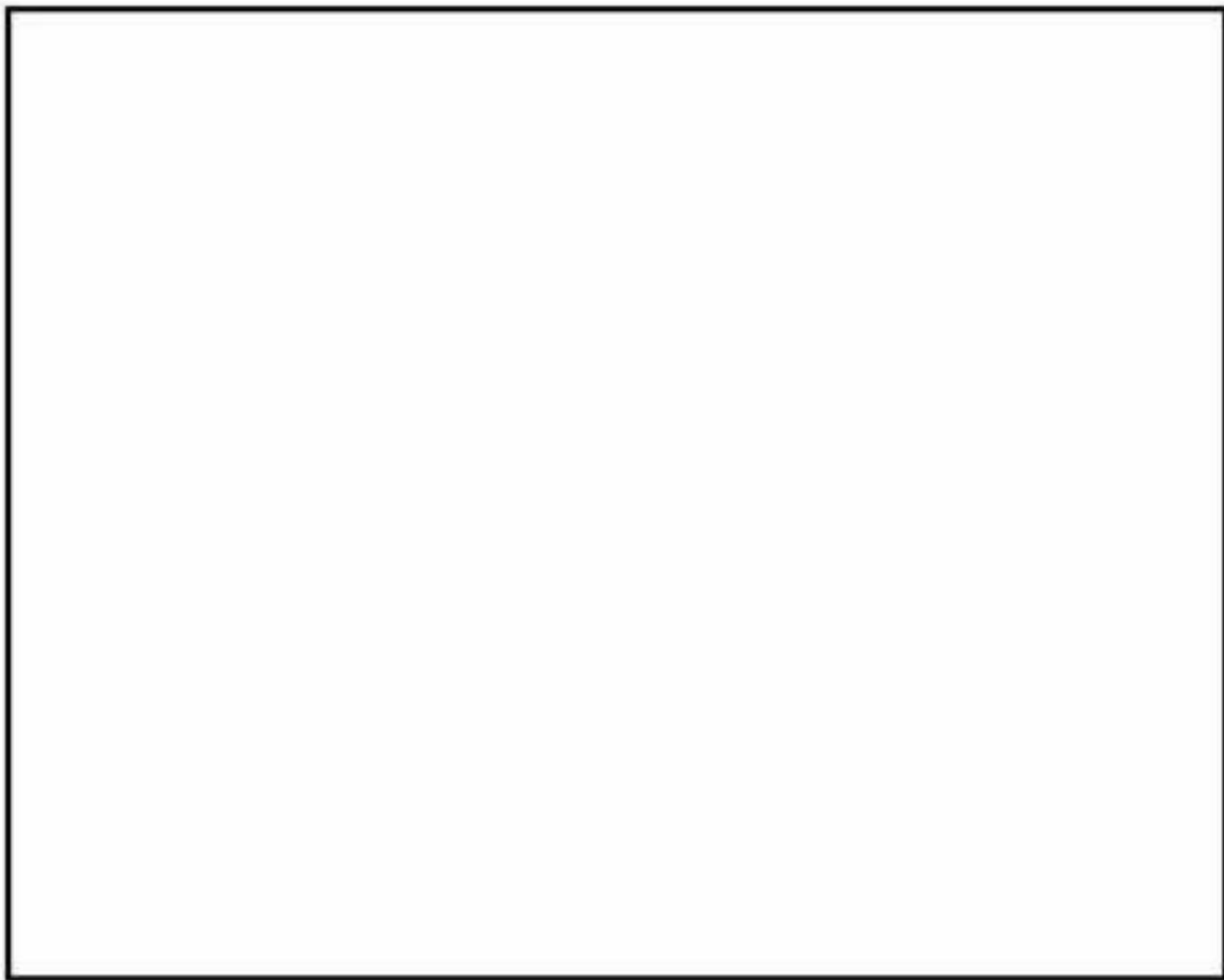
bag

The End

YOZISH - 10 daqiqa

Yo'nalishlar:

1. Berilgan yozuv qog'ozidan foydalanib, qutiga kuningizning rasmini chizing.
2. ***Majburiy emas:*** satrlarda so'zlar yoki jumlar yordamida kuningiz haqida yozing.



QO'L YAZISHI - 10 daqiqa

Yo'nalishlar:

1. Qalamni to'g'ri ushlang.
2. Berilgan qatorlar yordamida har bir harfni belgilang.
3. Har bir harfni nuqtali chiziqlarga bir martadan yozing.
4. Har bir harfni nomlang va yozayotganda tovushni ayting.

Bolalar bog'chasi tez boshlash **diktant taxtasi: B** undoshi

A b

Handwriting practice lines for the letter 'b'.

B a

Handwriting practice lines for the letter 'a'.

Bolalar bog'chasi tez boshlash **diktant** taxtasi: undosh C

C b

Handwriting practice lines for the letter 'C' (undosh).

B c

Handwriting practice lines for the letter 'c' (undosh).



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BOLALAR BOG'CHASI



MAXSUS

1-KUN



P.E.- Kindergarten

TIME

20 daqiqa

Ta'lim maqsadi:

Men tanamning qandayligini o'rganaman
harakat qiladi.

1

Materiallar

- Krossovkalar
- Xavfsiz joy
- Rangli qalam

PEga xush kelibsiz! Ishni boshlashdan oldin, darsda xavfsiz ishtirok etish uchun krossovkalar kiyganingizga va atrofingizdagi polni tozalaganingizga ishonch hosil qiling. Har bir qismni tugatgandan so'ng, uni tugallangan deb belgilash uchun katakchani belgilang.

Bahra oling; vaqtini chog' o'tkazing!

1

2

3

Isitish harakati 1 Sovutish



1

Qizdirish; isitish

Ko'rsatmalar: Ochiq joy toping va isinish uchun quyidagi mashqlarning har birini bajaring. Har bir strechni 10 soniya ushlab turing.



10

Sakrash jaklari



10

Qo'l doiralari



Kapalak
Stretch



Hamstring
Stretch

2 Faoliyat - kunning mashg'uloti

Yo'nalish: *Quyidagi rasmlarga qarang. Xuddi shu shaklni nusxalash va chizish uchun shakl yonidagi bo'sh qutidan foydalaning.* Keyin, muvozanatni saqlash va har bir pozani 15 soniya ushlab turish uchun berilgan misollardan foydalaning.

Tor



Bu yerda chizish



Keng



Bu yerda chizish



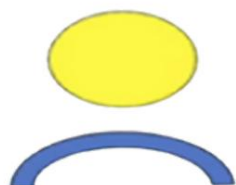
Buralgan



Bu yerda chizish



Dumaloq



Bu yerda chizish



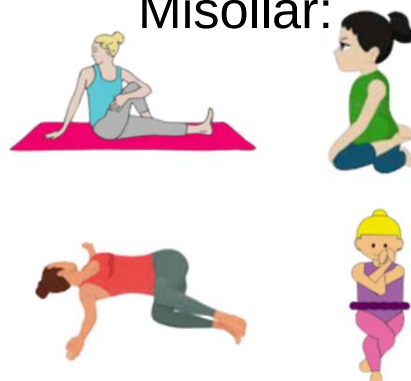
Misollar:



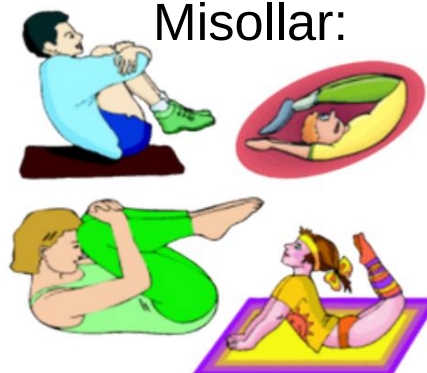
Misollar:



Misollar:



Misollar:



Qutiga ismingizni yozing:



Ismingizni fitnes alifbosi bilan yozing.

Har bir pozani 15 soniya ushlab turing.



3 O'zingizni bosing

Yo'nalish: Har bir strechni 10 soniya ushlab turing. Uzatishni yakunlang o'ng va chap tomon.



Yelka cho'zish



Yon cho'zish



Kuadrisepli cho'zish

