



CBSD FID WORKBOOK

GRADE 1

Name: _____



FLEXIBLE INSTRUCTION

DAY 1





What is a Flexible Instructional Day also known as a “FID” Day?

In Pennsylvania, a flexible instructional day, as defined by the Department of Education, refers to a day when schools can deliver instruction remotely rather than canceling school due to inclement weather or other unforeseen circumstances.

What is the purpose of a Flexible Instructional Day?

The purpose of implementing flexible instructional days is to ensure that students continue to receive meaningful instruction even when traditional “in-person” learning is not possible. Flexible instructional days allow schools to maintain continuity in the educational process, ensuring that students can continue their learning without interruption. By utilizing technology and remote learning workbooks/resources, schools can provide students with access to instructional materials, assignments, and teacher support, regardless of physical location.

How will I know when Central Bucks is having a “FID” day?

- Central Bucks School District will send notifications to families via email, website, text notification, social media, etc. to communicate the “FID” day.
- Your child's teacher will publish the FID content in Canvas:
 - Link to an online survey for attendance.
 - Link to an **optional** live Teams call for teacher “Office Hours.”

How will my child use the “Flexible Instructional Books” on these “FID” days?

This “flexible instructional book” is your child's workbook that outlines the procedures, expectations, and resources for completing the work for a flexible instructional day. Here's how such a book will be used:

- The **Flexible Instructional Book** provides approximately 4 hours of instructional activities.
- Your child will complete reading, math, writing, and specials (*P.E., Music, Library, Art, or QUEST*) during the “FID” day.
- Your child will then return the “FID” book to their homeroom teacher when school resumes “in-person.”

How will my child use Canvas on these “FID” days?

- Students will access Canvas via Classlink on district provided device
- Attendance will be submitted via Canvas
- Office Hours will be offered via a Teams call linked in Canvas from 12:00-12:30
- Digital workbooks will be linked to Canvas

What if I need to use a personal device and can't find my students Username and password?

- Student usernames can be found in the Parent Portal of Infinite Campus. It is located in the “More” section of the Main Menu under “Family Information”. The username is the student's full email address. Ex: Smith.J123@student.cbsd.org. The password for new students is Uppercase first initial, lowercase last initial, and their 6 digit birthday. Ex: James Smith born on 07/08/2009 a password of Js070809



CBSD FID WORKBOOK

GRADE 1



MATH

DAY 1



FLEXIBLE INSTRUCTIONAL DAY 1: MATH

MATH LESSON SUMMARY

Activity 1: Reflex
Math (25 minutes)

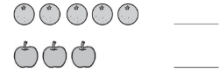
Get the Green Light!



Activity 2: Number Writing and Counting
to 10 (30 minutes)

Number Writing Practice

1	1	1	1
2	2	2	2
3	3	3	3
4	4	4	4
5	5	5	5
6	6	6	6
7	7	7	7
8	8	8	8
9	9	9	9
10	10	10	10



ACTIVITY 1:

REFLEX MATH (15 Minutes)



Get the Green Light!

Log into Classlink from any device.

<https://launchpad.classlink.com/cbsd>



* **Please Note:** Paper and pencil fact practice has been provided below in case students are unable to access *Reflex Math*.



ALTERNATIVE ACTIVITY 1:

Paper and Pencil Fact Practice

This page is an alternative assignment. Only complete if you are unable to access Reflex Math.

1. $3 + 1 = \underline{\quad}$

2. $6 + 1 = \underline{\quad}$

3. $7 + 1 = \underline{\quad}$

4. $3 + 1 = \underline{\quad}$

5. $1 + 1 = \underline{\quad}$

6. $9 + 1 = \underline{\quad}$

7. $0 + 1 = \underline{\quad}$

8. $5 + 1 = \underline{\quad}$

9. $2 + 1 = \underline{\quad}$

10. $4 + 1 = \underline{\quad}$

11. $8 + 1 = \underline{\quad}$

12. $2 + 1 = \underline{\quad}$

13. $10 + 1 = \underline{\quad}$

14. $0 + 1 = \underline{\quad}$

15. $1 + 1 = \underline{\quad}$

1. $4 - 0 = \underline{\quad}$

2. $6 - 0 = \underline{\quad}$

3. $8 - 0 = \underline{\quad}$

4. $0 - 0 = \underline{\quad}$

5. $2 - 0 = \underline{\quad}$

6. $1 - 0 = \underline{\quad}$

7. $5 - 0 = \underline{\quad}$

8. $3 - 0 = \underline{\quad}$

9. $7 - 0 = \underline{\quad}$

10. $10 - 0 = \underline{\quad}$

11. $2 - 0 = \underline{\quad}$

12. $4 - 0 = \underline{\quad}$

13. $7 - 0 = \underline{\quad}$

14. $9 - 0 = \underline{\quad}$

15. $1 - 0 = \underline{\quad}$

1. $3 + 2 = \underline{\quad}$

2. $6 + 2 = \underline{\quad}$

3. $7 + 2 = \underline{\quad}$

4. $3 + 2 = \underline{\quad}$

5. $1 + 2 = \underline{\quad}$

6. $9 + 2 = \underline{\quad}$

7. $0 + 2 = \underline{\quad}$

8. $5 + 2 = \underline{\quad}$

9. $2 + 2 = \underline{\quad}$

10. $4 + 2 = \underline{\quad}$

11. $8 + 2 = \underline{\quad}$

12. $2 + 2 = \underline{\quad}$

13. $10 + 2 = \underline{\quad}$

14. $0 + 2 = \underline{\quad}$

15. $1 + 2 = \underline{\quad}$

ALTERNATIVE ACTIVITY 1:

This page is an alternative assignment. Only complete if you are unable to access Reflex Math.

1. $3 + 6 = \underline{\quad}$

2. $6 + 6 = \underline{\quad}$

3. $7 + 6 = \underline{\quad}$

4. $3 + 6 = \underline{\quad}$

5. $10 + 6 = \underline{\quad}$

6. $9 + 6 = \underline{\quad}$

7. $12 + 6 = \underline{\quad}$

8. $5 + 6 = \underline{\quad}$

9. $11 + 6 = \underline{\quad}$

10. $4 + 6 = \underline{\quad}$

11. $8 + 6 = \underline{\quad}$

12. $7 + 6 = \underline{\quad}$

13. $10 + 6 = \underline{\quad}$

14. $6 + 6 = \underline{\quad}$

15. $3 + 6 = \underline{\quad}$

1. $13 - 7 = \underline{\quad}$

2. $16 - 7 = \underline{\quad}$

3. $17 - 7 = \underline{\quad}$

4. $12 - 7 = \underline{\quad}$

5. $10 - 7 = \underline{\quad}$

6. $9 - 7 = \underline{\quad}$

7. $12 - 7 = \underline{\quad}$

8. $15 - 7 = \underline{\quad}$

9. $11 - 7 = \underline{\quad}$

10. $14 - 7 = \underline{\quad}$

11. $18 - 7 = \underline{\quad}$

12. $17 - 7 = \underline{\quad}$

13. $10 - 7 = \underline{\quad}$

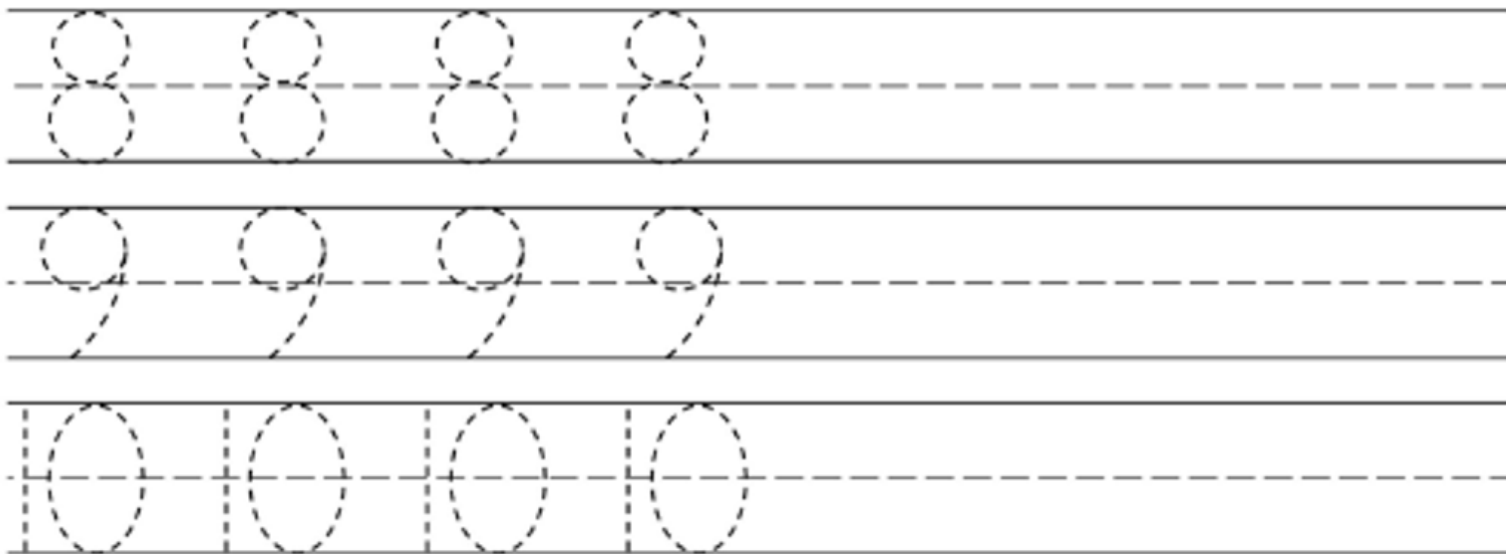
14. $16 - 7 = \underline{\quad}$

15. $13 - 7 = \underline{\quad}$

ACTIVITY 2: NUMBER WRITING AND COUNTING TO 10

Directions: Trace each dotted line to practice your numbers. Then, write 3 more numbers to practice. Remember to start from the top.

The image shows seven rows of handwriting practice lines. Each row consists of a solid top line, a dashed middle line, and a solid bottom line. The numbers 1 through 7 are provided in a dotted format for tracing. Each number is shown four times in a row. The numbers are positioned such that they span from the top solid line to the bottom solid line. The number 1 is a single vertical stroke. The number 2 starts at the top line, curves down to the middle dashed line, and then continues horizontally to the bottom line. The number 3 consists of two curved strokes, one above the middle dashed line and one below it. The number 4 has a vertical stroke from the top to the bottom line, with a horizontal stroke crossing it at the middle dashed line. The number 5 has a vertical stroke from the top to the bottom line, with a curved bottom that loops back to the vertical stroke. The number 6 has a circular shape between the middle dashed line and the bottom line, with a vertical stem extending from the top line to the bottom line. The number 7 has a horizontal stroke at the top line and a diagonal stroke from the top line to the bottom line.



Directions:

Choose 3 numbers that you practiced writing above and **draw** to show **how many**. An example is done for you.

Example: Number Chosen: 3 	

Directions:

Count. Write the numbers to show how many.

1.  _____

2.  _____

Directions:

Color to show how many.

3. **Color 9 flowers.**



4. **Color five stars.**



Directions:

Complete each number pattern.

5. 0, _____, 2, _____ 4, 5

6. 10, _____, _____, 7, 6

7. 5, _____, 7, 8, _____, 10

8. 6, 5, _____, _____ 2

9. 8, 7, _____, _____, _____, 3

10. Make your own.



CBSD FID WORKBOOK

GRADE 1



READING AND WRITING

DAY 1



FLEXIBLE INSTRUCTIONAL DAY 1: READING AND WRITING

READING AND WRITING LESSON SUMMARY

Total Time – 90 Minutes		
Time	Focus	Description
30 Minutes	Reading Horizons Phonics	1. Review short vowels. 2. Review spelling with c and k.
30 Minutes	Reading	Read decodable texts to practice phonics skills.
20 Minutes	Writing	Draw and/ or write about your day.
10 Minutes	Handwriting	Practice writing Most Common Words and sentences.

READING HORIZONS PHONICS - 30 MINUTES

Directions:

Short Vowel Sound Review:

1. Cut out the words with the short vowel spellings.
2. Read each word and sort them by the short vowel sound that you hear in each word.
3. Glue the words in the table under the correct short vowel sound heard in each word.
4. Read the words again.

Spelling with c and k Review:

1. Complete the 2 worksheets for Lesson 39: Spelling with C and K. (Note: See the detailed directions on the top of each page.)

Word Bank

bag

cup

did

got

not

pet

quit

sob

wax

zip

Vowel Sounds A, E, O, U, and I		
a	e	o
u	i	

Name _____

This exercise provides practice writing and reading slides and words containing letters c and k.

Lesson 39: Spelling with C and K

Write each slide and each word one time. Say the sound of each slide as you write it. Read each word.

ca
→

can
x

co
→

cot
x

cu
→

cup
x

ki
→

kit
x

ke
→

Ken
x

Name _____

To decide whether to use c or k, listen for the vowel sound. K takes *i* and *e*. C takes *a*, *o*, and *u*.

Lesson 39: Spelling with C and K

Write c or k at the beginning of each word. Then read each word. Remember: if the word is a name, it begins with a capital letter. The first words have been done for you.

kin

Kid

 ob

 at

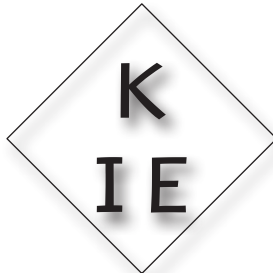
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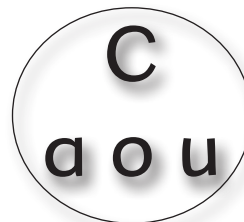
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 up

K takes *i* and *e*.



C takes the other three: *a*, *o*, and *u*.



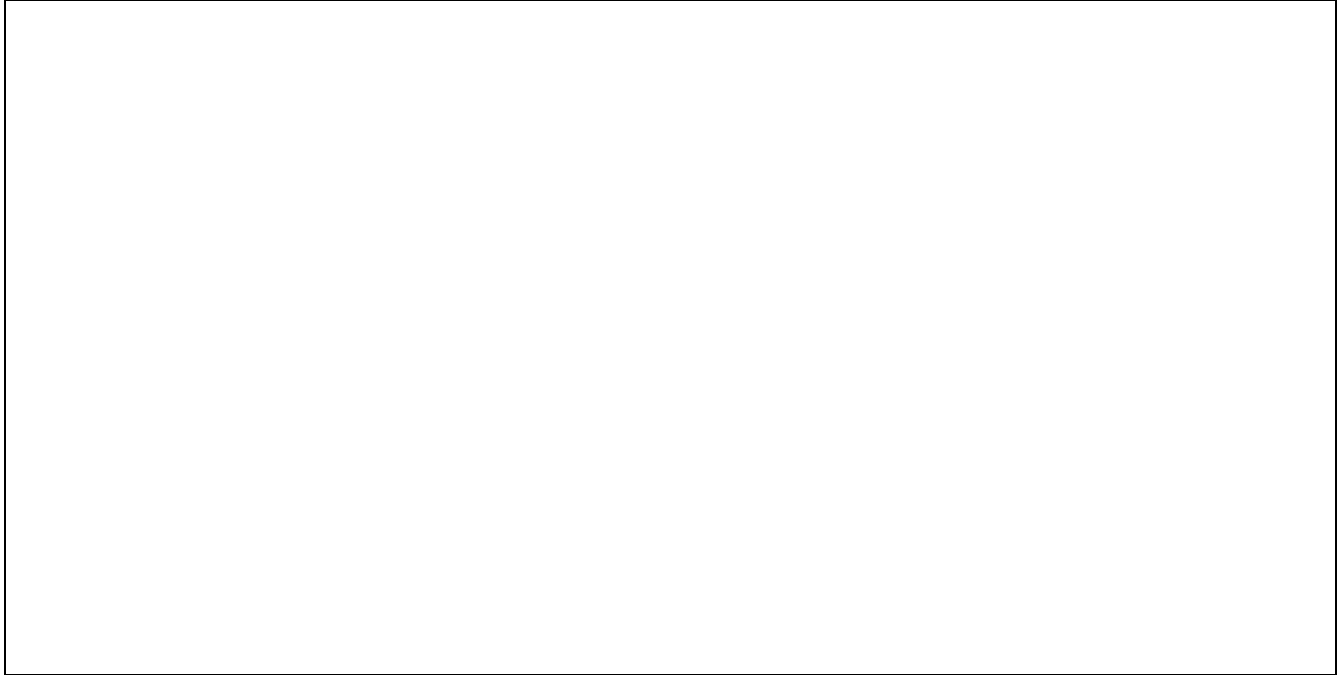
READING - 30 Minutes

Directions:

1. Read *The Cat Can* story to a family member, a pet, or a stuffed animal.
2. Read *Kip is the Best Pup* to a family member, a pet, or a stuffed animal.
3. **Optional:** Draw a picture for each story in the box above the story.

The Cat Can

Illustrate the story here:



Can Cam fit on the cot?

Cam can not fit on the cot.

Can the cat fit on the cot?

The cat can fit on the cot.

The cat can nap on the cot.

Cam can not nap on the cot.

Cam can nap on the mat.

Kip is the Best Pup

Illustrate the story here:



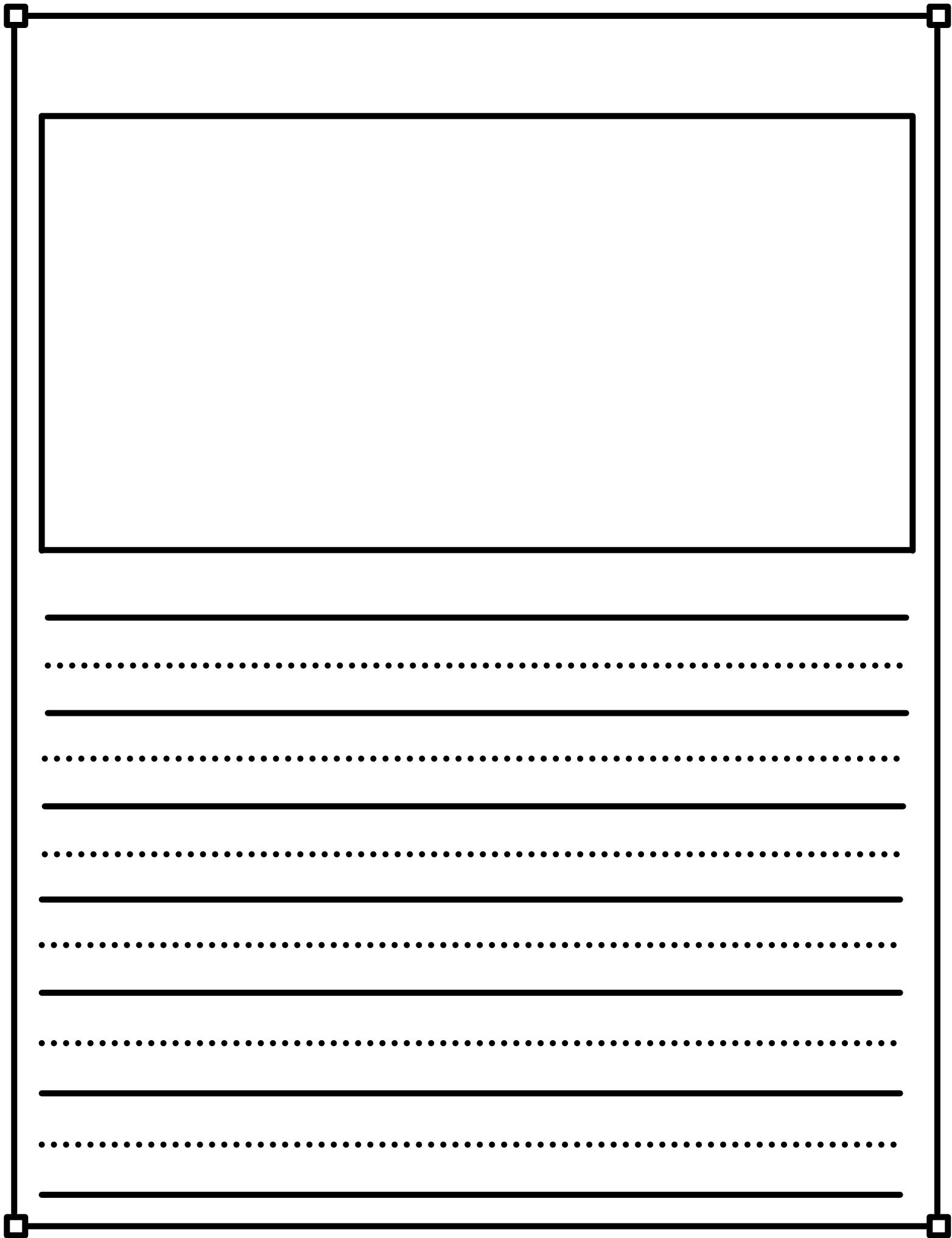
Kip is the best pup. Kip digs. Kip skips. Kip sits in the sun. Dad gets a disk. Dad spins the disk up, up, up. "Kip, get the disk," said dad. Kip is fast.

Kip can see the disk. But Kip did not see the mud. "Stop, Kip!," Dad said. But Kip can not stop. Kip skids into the mud. Dad gets Kip and the disk in the tub.

WRITING - 20 Minutes

Directions:

Using the writing paper provided, draw a picture of your day in the box. On the lines, write about your day using words or sentences.



HANDWRITING - 10 Minutes

Directions:

1. Hold your pencil correctly.
2. Trace each word using the dotted lines.
3. Write each word at least three times on the blank line.
4. Read each word as you spell it.
5. Trace each sentence using the dotted lines.
6. Write each sentence on the blank line.
7. Read the sentence.

MCW List 3

had had had had had

from from from from

I had a card from mom

MCW List 3

joy joy joy joy joy joy

one one one one one

One of them sat joy you

MCW List 3

have have have have

word word word word

Do you have this word?



CBSD FID WORKBOOK

GRADE 1



SPECIALS

DAY 1



ART - Grade 1

TIME

20 minutes

Learning Goal: I will practice drawing lines and coloring the primary colors red, yellow and blue

FID day
1

Materials

Color pencils, crayons or markers

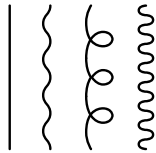


- 1. Trace your hand



- 2. Use lines to divide your hand into stripes

some line ideas....



- 3. Using only **RED**, **YELLOW** and **BLUE** color your hand with smooth color



- 4. Draw skinny lines with **RED**, **YELLOW** and **BLUE** to fill the page



Draw your hand here

A large, empty rectangular box with a thick black border, intended for drawing a hand.

