



Backpack Newsflash



A NEWSLETTER FROM CB CARES PARENT NETWORK * SPONSORED BY FRED BEANS AUTO DEALERSHIPS



TEACHING YOUR CHILD DIGITAL CITIZENSHIP

Parents have always had a lot to worry about when it comes to their children. It's simply part of the job. Many of the issues parents face today are the same ones they've dealt with in the past, including safety, diet and how much independence to give their kids. But parenting in the 21st century also comes with new challenges that past generations never had to tackle. Overwhelmingly, these challenges have to do with how kids safely and responsibly use digital technology.

Kids are starting to use social media at progressively younger ages, but they often aren't prepared for navigating the online world. Rather than handing them a device and letting them learn from friends or on their own, many parents have made it a priority to teach their kids the importance of safe online communication.

As kids are back to school and reconnected with friends, parents should expect an increase in their kids' online socializing. Therefore, reviewing these five key points on internet safety with your child is both important and timely.

- 1. Take a pledge of anonymity.** One of the most important lessons you can impart on your children is the need to remain anonymous while online. Make sure they understand that "stranger danger" applies to the online world as much as to the real world. Have them pledge to remain anonymous when online, and never share personal information such as their full name, address or phone number.
 - 2. Keep the computer in a common area.** To better monitor how your children use their devices, allow them to explore the online world in a public place in your home where you can coach them through any issues they might encounter.
 - 3. Prepare them for social media.** Many kids under 13 are eager to jump on social media before they are ready or permitted. A great way for kids between the ages of six and 12 to connect with friends is through Animal Jam, the online playground for kids to safely explore the online world. Think of Animal Jam as social media training wheels. With in-game moderators, strict privacy features and regularly updated chat filters, Animal Jam allows kids to have a positive experience connecting and playing games with friends online.
 - 4. Embrace the benefits of games.** More parents are realizing the positive impact that educational games can have on their children's development. According to research conducted by WildWorks, a leading developer of online games, 71 percent of parents think online games help their child relax and unwind, and 66 percent agree that online games help to broaden their child's imagination. Be sure to encourage your kids to keep an eye out for inappropriate behavior and to tell you about anything that might be worrisome or makes them uncomfortable.
 - 5. Keep the conversation going.** Once you've talked to them about online safety, it's not over! The conversation continues, and you should continually talk with your kids about proper online etiquette and behavior.
- The internet can be a wonderful resource that opens up new and exciting worlds for your kids. However, to get the most out of the seemingly limitless potential of the internet, kids need to know how to be responsible digital citizens.

SOURCE: <http://www.latimes.com/bp/la-ara-31464-teaching-your-child-to-be-a-responsible-digital-citizen-20170821-adstory.html>

NOVEMBER'S BOOMERANG ASSET #39 Sense of Purpose



PARENT POSITIVE

Partnerships creating a healthier, stronger community.

Parent Positive presents Social Media Specialist

Josh Ochs

Thursday, November 16th

7pm - Lenape MS



Josh Ochs is the author of the book, "Light, Bright and Polite." He travels the country training Teens and Tweens on how to create a positive digital footprint. Josh will provide practical tips to protect your child and allow them to shine online tomorrow. Register TODAY: <http://cb-cares.org/>



The following students represent the Boomerang Youth Recognition Award for
October's Asset #35 Resistance Skills
Young person can resist negative peer pressure and avoid dangerous situations.

Boomerang Youth Recognition Award



Linden Elementary School Vivian Mysliwec Grade 3

Vivian's father submitted a nomination for his daughter after she came home and revealed how most of the girls in her class created a "secret club" where you had to be asked to join, in order to play with them. While Vivian was invited to join the club, she soon realized their time was spent arguing with each other and not playing. Even though it meant not playing with some of her friends, Vivian had the confidence in herself to resist following the crowd and joining a club that wasn't fun or not fair to everyone. She had to adjust who she played with but felt she was making the right decision to not join in. Her parents were very proud that she had the confidence in herself to be her own person and not to follow the crowd. The "secret club" has since disbanded and Vivian is now back to playing with all her friends, even those that had joined the "secret club". She became a leader!



Lenape Middle School Taylor Lee Grade 9

Taylor demonstrates resistance skills by using her inner strength to not give into peer pressure. She demonstrates resistance by not participating in any kind of social media. While social media is not a negative thing, she understands that it is something that can distract or hinder her from being present at all times. She also understands that building resistance skills is like growing muscles and if you learn and practice saying no to little things, it will become much easier to say "no" in the bigger things in life. Her parents have witnessed Taylor being able to go against the grain and say "no" in various situations like choosing not to hang around in town at night with her friends without parental supervision, choosing family events and completing her school work over social events. She says saying "no" to drugs or alcohol would not even be a question for her because she has been practicing resistance skills. Taylor sets a great example for her younger sisters and inspires other teens around her. We believe her positive influence helped her younger sister Ella to win the DARE Essay Contest last year at Kutz.



CB South High School Tyler Stevens Grade 12

Tyler had an issue on Social Media that was inappropriate and some students' in the cafeteria were giving him a hard time. Although concerned about the repercussions of reported the issue, Tyler went home and spoke with his father about the situation. Tyler also spoke with his teacher about these incidences. Together with his teacher and father they came up with solution to end the problem. We are of proud of Tyler because he was not afraid to speak up about these classmates making him feel uncomfortable at school and demonstrated great resistance.

November's Asset #39 Sense of Purpose
Young person believes their life has purpose.
Boomerang nominations are due by **Wednesday, November 29th**

NOVEMBER'S ASSET TIPS #39 SENSE OF PURPOSE

Tips for building this asset

Ask young people what inspires or excites them and share your thoughts on the subject with them. Encourage them to write down their thoughts about the meaning of life to help gain a greater understanding about what's important to them. Tell them to review what they've written from time to time and notice how some of these things may change over time. Let them know changes are healthy and natural as people mature. Encourage them to aim for the things that give their lives purpose.

Also try this:

In your home and family: Ask your child how he or she would like to contribute to the family and to others in the community. Then help her or him get started.

In your neighborhood and community: Look for stories or images that depict local people who've lived with a clear sense of purpose. What did they accomplish? Write an article about one of these people for your local newspaper or newsletter.

In your school or youth program: Ask young people in your school or program to help younger kids. Pair them up in general mentoring relationships or for tutoring on specific school subjects. This will give the older kids a sense of purpose, as well as model to the younger ones what it means to help others.



▲Special THANKS to Mr. Mike Sykes and his students at MBIT for constructing the Baggio games.

Bushels of gratitude to the Central Bucks chapter of the National Charity League for helping with the carnival games at Pumpkinfest.

We couldn't have done it without ALL of YOU! ▼



Principal Spotlight: Ms. Cheryl Leatherbarrow Tamanend MS Years in CBSD: 18

This month's principal spotlight shines brightly on Ms. Cheryl Leatherbarrow, who proudly serves CBSD since 1999. She attended Cardinal O'Hara high school and went to college at the University of Scranton where she studied Productions Operations Management. She soon discovered her real calling was in education and went to Villanova University to become a mathematics



teacher. Her love for learning brought forth her MA from Immaculata University in Educational Leadership and now a doctoral student at East Stroudsburg University. Her teaching career began as a math teacher at Springfield HS in Delaware County and in the summer of '99 she was hired as a House Principal for CB East before moving onto assistant principal at Tamanend MS. A year later, she became the proud TOGETHER TAMANEND principal where she beams with pride on a daily basis. Ms. Leatherbarrow is a tremendous advocate of CB Cares work and our programs and is famous for her monthly Boomerang celebrations with her Tigers.

The one thing she loves best about her role is her STUDENTS! According to Ms. Leatherbarrow, "Middle school students are full of energy, ideas and hope." She finds her students to be inspiring and cherishes seeing her students flourish during their middle school years at Tamanend MS.

Community News & Events

THANK YOU TO EVERYONE WHO MADE CB CARES PUMPKINFEST GLOW BRIGHTER!

Picture perfect weather set the stage for the 25th Annual Pumpkinfest. From daylight to dusk the crowds took in the sights and sounds of this year's event. Festival goers discovered impressive artfully carved pumpkins in the professional gallery along with the talent of the National Art Honor Society from all three high schools in the youth gallery. Pumpkinfest firsts included CB West alumni, Evan Myles magic performance, Theater Arts Center Broadway showcase, jazz ensemble Django and Seamus Kelleher. The evening's keynote message was delivered by District Attorney Matt Weintraub who echoed the message of CB Cares' regarding the importance of making good choices and avoiding risky behaviors for our youth. Special thanks to our Pumpkinfest planning committee, CB Cares Volunteer Teens, CB East Key Club, National Charity League, MBIT, School of Rock Doylestown and everyone who helped us GLOW brighter than EVER!



D.A. Matt Weintraub addressed the crowd about the value of CB Cares programs. (top)

◀ CB West National Art Honor Society "Decades" theme in the Youth Gallery.

"Forest Spirit" ▶ created by Jeff Brown took home 1st Place



BUCKS COUNTY
Choral SOCIETY
THOMAS LLOYD, ARTIST DIRECTOR
BUCKSCHORAL.ORG

45
Celebrating
45 Years of Music

A CHILD'S CHRISTMAS

HOLIDAY MUSIC FOR THE WHOLE FAMILY

SATURDAY, DECEMBER 9, 2017

11:00 A.M. DOYLESTOWN PRESBYTERIAN CHURCH

NEW THIS YEAR!



Congratulations to Tim & Ronan Petrosky for their "Pumpkannibal" creation. Their carving took home the coveted Malloy Award and People's Choice for the second year in a row!

Our Mission Statement:

CB Cares Educational Foundation, in partnership with Doylestown Health, the Central Bucks School District, local businesses, and the community, is dedicated to enriching the experience of students through learning grants and 40 Developmental Asset based programs which promote responsible and resilient youth.