

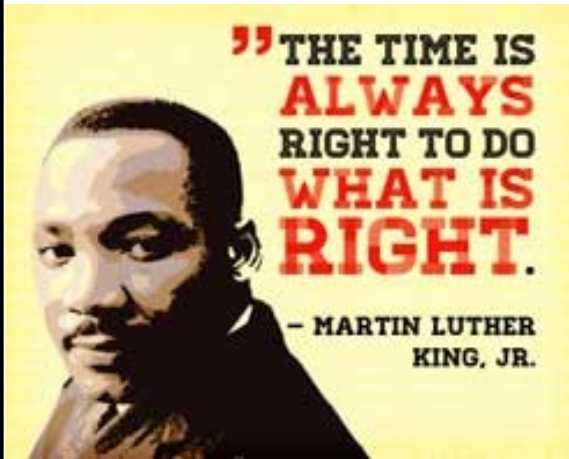
Backpack Newsflash



A NEWSLETTER FROM CB CARES PARENT NETWORK * SPONSORED BY FRED BEANS AUTO DEALERSHIPS

ALL ARE WELCOMED

CB Cares 15th Annual MLK Day of Service Opening Ceremony



MLK Opening Ceremony
8:30 am (prompt)
Second Baptist Church of Doylestown
6055 Swamp Road Fountainville

Please join us for this year's Martin Luther King, Jr. Day of Service opening ceremony. This year marks CB Cares 15th Annual celebration of Dr. King's dream and legacy. Central Bucks is one of the larger service project sites in the region with hundreds of volunteers in place to make it a day on.

This year's line-up of guest speakers include Pastor Dr. Robert Hamlin (Second Baptist Church of Doylestown), Cantor Paul Frismark (Temple Judea), State Representative Marguerite Quinn, Mayor Ron Strouse (Borough of Doylestown), Caroline Cassidy (CB East) and keynote speaker Barbara Simmons (The Peace Center/Bucks County). Performances will include Second Baptist's a cappella gospel choir the Backbench Boys, Anointed Dance Ministry (youth dance troupe) and vocalist Chaya Plummer (CB West).

Attendees are welcomed to stay after the ceremony to participate in one of the many service project at Second Baptist. To learn more about the service projects in our community or to register visit: <http://cb-cares.org/get-involved/volunteer/>

JANUARY'S BOOMERANG ASSET #9 Service to Others

CB CARES PRESENTED INNOVATIVE LEARNING GRANT CHECKS IN DECEMBER

CB Cares presented Ms. Mattern/South classroom → Ms. Stone/West(not shown) with an Innovative Learning grant check for "Digital microscope" project.

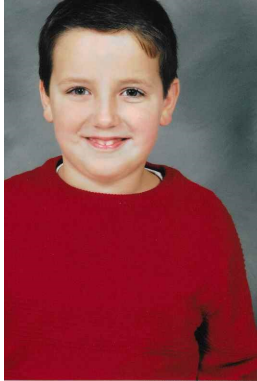


←Unami's Ms. Christein's and Ms. Frederick's classrooms were presented with an Innovative Learning grant check for their "Book Love Club" project.



Boomerang Youth Recognition Award

The following students represent the Boomerang Youth Recognition Award for
December's Asset #38 Self-Esteem
 Young person feels good about themselves.



Matthew Santoro

Butler Elementary School

Grade 3

Matthew has faced some challenges since coming to third grade. He had a weakness in his leg that made it difficult for him to walk. It was determined that it would be best for him to use a wheel chair to help get around the school building with greater ease. Being in a wheelchair meant Matthew faced greater challenges by not being able to keep up with his friends at recess or navigating in the classroom. It took a lot of work to get in and out of the wheel chair for story time – most kids would be sad but not Matthew! Matthew faced his challenges head on and kept a smile on his face with each new daily task. He was interested to learn how to move his wheel chair on his own and transition to a walker where he mastered these skills quickly. He has self-esteem and determination to stick it out and is an excellent role model for the students at Butler!



Caleb Zucker

Tohickon Middle School

Grade 8

Caleb has a very clear sense of himself and is open to exploring new adventures and situations by taking initiative without being encouraged. For example, he tried out for the Under 14 Philadelphia Boys Soccer Maccabi team without knowing anyone involved on the team or players or coaches. He knew he was the smallest and youngest player on the team and by taking the risk made the team. He even spent a week with the team in Miami and stayed with a host family whom he had never met. Another example of his self-esteem is in his comfort with his clothing appearance and hair style despite being teased at times. Finally, at a lunchtime bullying situation, he decided to not be upset and instead faced the culprits the next day to end the teasing.



Rina Suka

CB South High School

Grade 12

Rina demonstrates a healthy sense of self-esteem in all aspects of her high school experience. From the moment I met her she was clearly a young woman who was comfortable in her own skin and projected a sense of confidence, poise and energy in all her interactions with others. As a member of Central Bucks South's Mock Trial Team, I have seen Rina conduct herself with grace and self-assurance as last year's defendant in a criminal case. Even when placed under aggressive cross-examination from strong opposing teams, Rina drew on her own self confidence to project a witness that was approachable, credible and compelling. As a lawyer for the team in the current year, Rina has demonstrated self-confidence with her ability think on her feet as she defends objections and thoughtfully crafts new lines of questioning on cross examination when faced with difficult witnesses from the opposing side.

Boomerang nominations are due by **Wednesday, January 31st**

January's Asset #9 Service to Others

Young person values service to others, in their families, school or community.
 He/she commits to meaningful and caring actions.

JANUARY'S ASSET TIPS #9 SERVICE TO OTHERS

The best way to teach young people the value of helping others is to be a role model. Activities such as providing a meal to a new parent, driving a neighbor to an appointment, or babysitting can make a huge difference in someone's life. Look for service opportunities to do with a young person. Join organizations that involve—and provide leadership roles for—both young people and adults.



In your home and family: Together, think of 10 ways your family can serve others. Choose one idea. Pick a date to do the activity. Afterward, talk about your experience.

In your neighborhood and community: Join or support an organization that teaches (and provides opportunities for) serving others. Some possibilities to consider: Boy Scouts, Girl Scouts, Habitat for Humanity, local youth groups or a club at school.

In your school or youth program: Seek learning opportunities for students and group members to engage in community service projects. Also bring community resources into the classroom or program setting.



WANTED: Innovative Learning Grant Projects!

Attention ALL CBSD administrators and educators. CB Cares will be accepting Innovative Learning Grant applications before or by January 31st. ILG's are awarded for innovative ideas that will enrich the curriculum and will directly benefit the students of CB School District. Up to \$1,000 will be award per grant project unless multiple schools apply together.

For ILG guidelines and application visit:

<http://cb-cares.org/grants>



Principal Spotlight:
Mr. Kevin T. Shillingford
Holicong MS
Years in CBSD: 30

Holicong's Mr. Shillingford is celebrating 10 years at CBSD. He grew up in West Chester Pa and graduated from Clemson before going back for his Masters in

Education from Citadel. A strong believer in higher education, he is currently working on his dissertation for doctorate in education at Delaware Valley University. He was inspired to pursue education while at Clemson when he worked with the Panhellenic President and to start a group called "Greeks for Grades." The idea was for students in fraternities and sororities to volunteer in the local elementary and middle schools for community service. *"I'll never forget the first day I went to Strode Elementary school. We were just going to read with one or two students in kindergarten and first grade and the students were really excited to see us and they all volunteered. While volunteering, I spent a day talking to one young man who told me he lived with his grandparents and a few siblings and cousins. I remember after that visit realizing that I had taken a lot of my own experiences in life for granted and there were a lot of kids out there who needed the support that education provided. Not just the content, but the relationship-building, social skills, and overall life skills that not all students had access to."* That was a wakeup call for a younger Mr. Shillingford to realize his career as an educator.

The best part of his job is spending time with the students in hallway conversations, the classrooms and the cafeteria. He respects that each student has their own unique story as they go through the many changes and challenges of middle school. He also really enjoys working with his staff because they challenge him to be his best self. His advice to other educators: Patience - its ok to take time to reflect and gather information before making a decision.



Community News & Events

MLK Service Project Opportunity

Second Baptist of Doylestown Service Project:

WANTED: GENTLY USED & NEW CLOTHING

The Bucks County Chapter of The Links will be hosting a clothing drive to benefit A Woman's Place.

Most needed items are the following:

- Women's clothing
- Children's new and gently used winter clothing sizes new born to 16
- Boys and Girls tops or bottoms
- Boys and Girls Winter coats
- Socks

Volunteers are welcomed to participate on Monday,

January 15th at Second Baptist Church Of Doylestown 6055 Swamp Rd. If you are unable to join us, feel free to drop off donations at the church from 8:00am to noon.

Reducing Anxiety, Building Resilience in Kids

Thursday, February 1st

7p

Lenapae MS

Sue Kressly, MD, FAAP, Doylestown Health Medical Staff pediatrician, will provide parents with tools to help reduce anxiety and build resilience in their child. The presentation will provide parents with practical tips and strategies on empowering kids to complete tasks without interventions, letting kids fail along the way, praising kids for effort not outcome, installing confidence and empowerment in their child – all with the goal of instilling success in the future. Babysitting is available for children age 5+ and will be provided by CB High School National Honor Society and Key Club students.

To register: DoylestownHealth.org/ParentPositive



PARENTPOSITIVE
Partnerships creating a healthier, stronger community.

Did you know coaches are a leading positive influence on today's youth?



Visit our website: Cb-cares.org to download a nomination form.

Nominations are being accepted through April 30, 2018.

The recipient will be honored at a community ceremony in late spring with a plaque and \$500 award.

The Positive Coaching Award is in partnership between CB Cares EF and Bucks County Orthodontics.



**bucks county
ORTHODONTICS**

Todd M. Welsh, DMD



Attention all soon to be DRIVERS and PARENTS!

Can you Survive UR Drive?

Survive UR Drive is an interactive, hands-on program designed by teens for teens! The program includes a panel discussion with local police departments, emergency medical response personnel, a criminal defense attorney, and those directly affected by distracted driving accidents.

Updates about junior and senior driv-er's license privileges and "what if" scenarios will be discussed before the afternoon concludes with participants testing their driving skills in various distracted scenarios in golf carts on a closed course. Parent participation is highly recommended.

Registration is required at <http://www.cbfymca.org/>

This free workshop will be offered on:

Sunday, January 28th

Our Mission Statement:

CB Cares Educational Foundation, in partnership with Doylestown Health, the Central Bucks School District, local businesses, and the community, is dedicated to enriching the experience of students through learning grants and 40 Developmental Asset based programs which promote responsible and resilient youth.