#### Central Bucks School District Human Growth and Development Curriculum



#### **Course Description**

The Human Growth and Development Curriculum in the Central Bucks School District is a science-based program that addresses issues associated with human growth, adolescent physiological and emotional changes, the human reproductive system, societal issues, and associated topics, in an organized manner in grades four, five, and six.

A strength in the program's commitment to family involvement is program activities. The program utilizes videotapes, DVDs, PowerPoint, worksheets, and other commercial media whenever possible both to motivate and to inform in a factual and systematic manner.

## **Course Level Objectives**

## Grade 4

The student will be able to:

- develop attitudes that reflect respect for themselves and an appreciation for individual differences and growth patterns.
- understand their own physical, emotional, and mental development, especially in reference to gender specific anatomy and changes in puberty using appropriate vocabulary.
- discuss and consistently practice the principles of hygiene and self-care.
- share all materials from the Human Growth and Development program with their families.

## Grade 5

The student will be able to:

- identify and discuss physical, emotional changes, and mental development occurring in males and females during puberty.
- discuss male and female reproductive systems using appropriate vocabulary.
- discuss and consistently practice the principles of hygiene and self-care.
- discuss with parents and teachers appropriate social and behavioral patterns.
- share all materials from the Human Growth and Development program with their families.

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# <u>Grade 6</u>

The student will be able to:

- discuss male and female reproductive systems using appropriate vocabulary.
- discuss and consistently practice the principles of hygiene and self-care.
- will understand the emotional, social, and physiological aspects of human reproduction.
- participate in decision making simulations regarding the physical, emotional and mental development of males and females throughout puberty.
- share all materials from the Human Growth and Development program with their families.