

# CB Kids Triathlon AM Session

## 1) Location and Time:

- **Central Bucks High School South (front parking lot) by 7:00 AM.**
- 1100 Folly Rd, Warrington, PA 18976

## 2) What to bring:

- A bottle of water
- Snack
- Sun Screen / Hat / Jacket

## 3) Volunteer Check-In:

- Go to the rear parking lot and please find the yellow Volunteer Check-In flag.
- All volunteers will receive a Volunteer T-Shirt or reflective vest based on their assignment. Please wear this during the race to show you are there to support the athletes.

## 3) **\*\*\*IMPORTANT\*\*\***During the race:

- Please support the athletes by cheering them on. This really helps bring a positive feeling to the race and makes it a great day for everyone. Cell phones should be used for emergencies only. Please do not use them during the race.
- Please be attentive to the athletes and watch for any concerns you see on the course.
- If you see a problem during the race or have a concern you need to share with the race staff, please:
  - use the Emergency Contact Form that you will receive when you check-in to contact a coordinator.
  - find a race staff member in a grey shirt with a two-way radio.

## 4) After volunteering:

- Please come back to the volunteer check-in tent to let the volunteer coordinator know you are leaving.