

# 2025 CB Kids Run Athlete Guide



### A letter from the director

Dear CB Kids Run Athletes and Families,

I am so happy you are racing in the first annual CB Kids Run this Saturday, April 26th! Please read the entire CB Kids Run Athlete Guide. All CB Kids Run race bibs will be picked up on race day at CB South starting at 7:00 AM. If you have any questions, please contact me directly at damichen@cbsd.org. The CB Kids Run staff will be on location at Central Bucks South High School from Friday afternoon until the completion of the race on Saturday morning.

The CB Kids Run will be AWESOME, and I can't wait to see you at the race!

Be well,

**Dave Michener** 

CB Active Kids Race Director

### **Athlete Guide Contents**

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### Packet Pickup

Location: Central Bucks High School South – Rear Parking Lot 1100 Folly Road, Warrington, PA 18976 (<u>https://goo.gl/maps/tpdJGK2jwFhG42gp8</u>) Date / Time: April 26<sup>th</sup> from 7:00 – 7:50 AM

### **!!! IMPORTANT !!!**

- Parents or guardians will need their child's name and grade level to pick up their child's bib.

### **Event Location / Parking**

- Central Bucks High School South
- PLEASE ENTER CB SOUTH THROUGH THE FRONT PARKING LOT ENTRANCE.
- Parking is available in both the front and rear parking lots of Central Bucks High School South.



### **Race Event Time**

Bib pick up opens at 7:00 AM and will close at 7:50 AM.

### Race Venue



### **Race Distance**

- All grade levels will be running the 1.2-mile course.

### Course Map



### **Race Supplies**

- Sneakers
- Wear a T-shirt representing your school
- Water bottle for before the race if needed
- Parents signs and noise makers to cheer your runner on!

#### Race Start

The race will start with runners getting into corrals based on their grade levels. The corrals will start the race every three minutes to spread runners out on the course. Sixth grade will start the race first, and kindergarten will start the race last.

### **Race Spectating**

Family and friends are welcome to see the race along the course in South's rear parking lot.

### **PLEASE DO NOT ENTER THE COURSE!**

#### **Race Finish**

When athletes cross the finish line, they will receive their medal, a water bottle and a pretzel / popsicle treat for completing the race. There will be photo opportunities in front of the CB Kids Run backdrop banner for families to take pictures after the race.

#### Awards

Awards will be sent out the week after the race. Runners will receive their award medals at their school.

### **Results**

Use the QR code to access race results.





## BUCKS COUNTY ORTHODONTICS

# Bold Smiles. Big Life.



### **CB Kids Run – Frequently Asked Questions!**

### Can athletes use scooters, roller blades, or skateboards during the race?

• No, only running, jogging, or walking is permitted during the race.

### Do I need to stay at the race the entire time my child is participating?

• All participants must have a parent or guardian present during their race.

### What is a rolling start and how does it work?

• A rolling start is when runners start a race as individuals or in small groups (not a mass start).

### How long will my child's race take?

• The run should take under 20 minutes to complete.