

LUNCH & LEARN



CB West is proud to offer this 63-minute time during the school day where you will eat lunch and choose from a variety of activities based on your daily academic, social, and emotional needs.

Lunch 1/Learn 1: 10:33-11:03

Lunch 2/Learn 2: 11:06-11:36

Lunch & Learn is...



ACADEMIC: See teachers for help, work with a study group, study in a quiet area



SOCIAL: Sit with your friends, play basketball in the gym, play games



EMPOWERING: Decide how you will use your time, honor the trust instilled in every West student

Lunch & Learn is *NOT*...



A time to go off campus.



A time for club meetings, rehearsals, or practices.



A guaranteed privilege. This privilege can be revoked if you do not follow general rules of courtesy and respect.



Check the signs on your teachers' classroom doors to see if your teacher is available Learn 1 or Learn 2.



You can eat any time during the hour. You can purchase food in the cafeteria, Court Street Cafe, and Grab & Go stations.



You can go to the main lobby, gym, auditorium library, locker pods, cafeteria, and outside (weather permitting).