



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

CENTRAL BUCKS FAMILY YMCA ABILITY PROGRAMS

WHO WE ARE

We are instructors with educational backgrounds, trainings and/or certifications in Adapted Physical Activities and Sports and Adapted Aquatics. We are experienced working with individuals with special needs in a variety of settings. Community volunteers who possess similar experience are our helping hands for those who may need one-on-one assistance and help us execute our lessons.

WHAT WE OFFER

The Ability program at the Central Bucks Family YMCA was created for individuals of all ages with disAbilities. The Ability program offers classes and private lessons in swimming and water safety, sports and recreation, and lifelong health and fitness.

Club After 2 is an after-school program created to accommodate the student with special needs who does not need babysitting, but rather than be left alone, they can come to a place with peers that offers social and fitness opportunities. The program now runs 5 days a week, Monday-Friday from 2:30 to 5:00 PM.

SEEKERS is our oldest recreational program here at the Central Bucks Family YMCA for adults (18+) with special needs. This popular program has been running for over 35 years and has more than 50 enrolled participants September through June. Their activities range from team games & bingo nights to holiday celebrations that include lots of dancing and food. In addition, our participants can choose to join a Boy Scout or Girl Scout troop.

HOW WE ARE DIFFERENT

We recognized a need in the community and are committed to exceeding it. Our existence continues to grow stronger because we are the YMCA. Our community has embraced us. We hear you and will develop the program you want. Allow us to EXCEED your expectations!

CONTACT US

If you are interested in finding out more about any of the above programs, please contact Meghan Halberstadt, Associate Director of Ability Programs, at 215-348-8131 ext. 1136 or email at mhalberstadt@cbfymca.org.

Please keep in mind the Central Bucks Family YMCA never turns away participants due to financial limitations. Here at the CBF YMCA we offer financial assistance and have been able

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