

As always, individuals who are sick (ie. fever/vomiting/diarrhea) should remain at home to prevent the spread of infection.

## Answer the 2 questions in the blue boxes.

Has the CBSD student or employee been in close personal contact with an individual who tested positive for COVID-19?

YES

- If you are experiencing symptoms, stay at home, inform the school, and call your healthcare provider.
- Students/Employees with low level exposure may be eligible for modified quarantine (MQ). Your school nurse or representatives from the BCHD will advise you of the level of quarantine that your exposure requires.
- Those who are not eligible for MQ must remain at home for 10 days (7 days with evidence of a negative COVID-19 test\*) from the date of last close personal contact with a positive individual.

**Families/Employees should notify the school if a CBSD student/employee tests positive for COVID-19. The district will work with the Bucks County Health Department (BCHD) to determine a safe return date.**

\*Individuals who do not qualify for MQ may return after 7 days with evidence of a negative COVID-19 test performed no less than 5 days after most recent exposure.

Visit [www.cbsd.org/2020-21](http://www.cbsd.org/2020-21) for more information. Call your school nurse with questions or concerns.

Does the CBSD student or employee have 1 or more symptoms in **Group A** or 2 or more from **Group B**?

### Group A

- cough
- shortness of breath
- difficulty breathing
- new loss of taste
- new loss of smell

### Group B

- fever (100 degrees or higher)
- chills
- hot/cold flashes/shivering
- muscle pain
- headache
- sore throat
- nausea or vomiting
- diarrhea
- fatigue
- runny nose or congestion

YES

- Stay at home.
- Inform the school.
- Rest and recover.
- Call your healthcare provider if symptoms worsen.

## Return to School/Work Criteria

CBSD students and employees should stay home when they are sick to help reduce the spread of infection. Those who are experiencing symptoms that could be associated with COVID-19 (as outlined above) may not return to school/work until the following 3 criteria are met:

- 1. Individual has been fever free for 24 hours without the use of fever reducing medication,**
- 2. AND has improved symptoms,**
- 3. AND at least 10 days have passed since symptoms first appeared, OR the date of a positive COVID-19 test.**