

Activities for Showing Generosity and Gratitude

Color, paint, or draw a picture for a loved one and give it to them as a gift.

Go through your clothes and find things you've outgrown or don't wear anymore. Donate it! (Ask a grown-up for help with this.)

Go through your toys and collect toys you no longer play with. Donate them! (Ask a grown-up for help with this.)

Go through your pantry and find non-perishable food items. Donate them to a food pantry! (Ask a grown-up for help with this.)

Tell a family member how grateful you are to have them in your life. Tell them all the reasons they are so special and important to you.

Tell a friend how much you value their friendship and all the reasons why. You can call, write a letter, e-mail them, or video chat with them.

Send your teacher a message about how much you appreciate all the work they are doing for distance learning.

Use sidewalk chalk to leave special messages, pictures, or activities for people as they walk by your home.

Help your parents with chores around the house. Ask them how you can be helpful.

Help a younger sibling with their distance learning or play a game of their choosing.