Field Hockey Captures SOL Title

By Marlee Monzon

The CB East Field Hockey team had a strong presence in Districts finishing 7th in playoffs. Led by Senior Captain Elizabeth Philipp and Junior Emily Horan, the team accomplished a lot this 2019 season. Head coach Meghan Spratt and assistant coach Lori Ierubino contributed greatly to the team’s success. The coaches held the girls accountable from the beginning of the season and pushed them to become a unified team.

The field hockey team captured the Suburban One League Continental Conference title for the fourth consecutive year and finished 5th in the SOL District. The girls set many goals during preseason, defending the SOL title being one of them. Other goals such as beating sister schools twice and beating Souderton were also achieved. The team beat rival CB West at home 6-0 and away 7-1. The other sister school, CB South, was defeated on their turf 4-0 and again at Patriot Stadium 3-0. While the team lost a heartbreaking game to Souderton the first time they faced them, the girls were motivated to win when they faced the school for the second time at Souderton and won 2-0. The team finished their regular season with a record of 15-3. The team won their first district game against Haverford High School 1-0, but then suffered a 2-1 loss against 4th ranked team Perkiomen Valley High School.

The girls finished their season after a heartbreaking loss to 1st ranked Garnet Valley in overtime. The team says goodbye to seven seniors: Elizabeth Philipp, Allison Gallant, Emma Donnelly, Grace Melloy, Marlee Monzon, Ana Bassler, and Juliana Mignon. Elizabeth Philipp and Emma Donnelly prepare to continue their field hockey success at UC Berkeley and at James Madison University.

Senior Allison Gallant prepares to drive the ball down the field.

The defensive line: Juniors Renee Gatto, Grace Bethke, and Sophomore Kiera Lamb meet with Junior goalie Emily Bullard after East scores a goal.

Senior captain Elizabeth Philipp tracks down the field and beats the offender.

Junior Kenzie Lever hugs Emma Donnelly in congratulations after Emma’s goal during the game against Methacton.
East vs. West Game

By Aly Siock, Eleanor Verbeck, Ava Gress

On October 4, this year’s East vs. West rivalry ended in defeat 45-10. The overpowering, loud student section motivated the team to play their hardest. Even though we fell short, next year we will come back stronger.
Fall Fashion
By Aly Siock, Eleanor Verbeck, Ava Gress

Aly Siock with cozy cardigan and ripped jeans
Joseph Kearney with fall flannel
Alec Iavecchia with comfy sweatpants
Mr. Gorlick with a spooky witch hat
Aydin Zazyczny with a fall colored sweatshirt
Eleanor Verbeck with trendy flare cut jeans
Ava Gress with a stylish hat
Caroline Eldringhoff with Halloween colored socks and shoes

Students and teachers modeling their favorite fall apparel!
2019 Fall Trends

Travis Scott

Travis Scott is more than a rapper, he is a worldwide phenomenon. His new album, *Astroworld*, is double platinum having one billion global streams in the first WEEK. East students couldn’t stop listening to it! His documentary “Look Mom I Can Fly” has millions of views on Netflix. Travis Scott is a household name throughout the halls of every high school.

Rolled Nike Socks?

Shortening the height of Nike socks by rolling the top of the sock down. This is a daily fashion change in boys throughout East. Some question it, some think it’s weird, some think it looks great. Just take a look the next time in the halls and you’ll see how the rolled sock trend is taking over!

TikTok Takeover

If you still haven’t heard of TikTok yet, you’re 20 years too old. TikTok has over 500 million active users, being ranked as the top most downloaded app in 2019. Kids spend hours a day on the app and know it so well, that they can finish the lyric to almost any TikTok sound. Kids even make them in the halls to practice their funny dances in hopes of going viral.

IT Chapter 2

IT Chapter 2 is a popular thriller that made $91 million in the first weekend, and grossed over $700 million. This three hour movie reflects the original movie by showing how the now adults fight Pennywise, the clown. Students can’t stop talking about the film as they jumped out of their seats!

Kombucha

Kombucha tea is a trendy drink made from fermented sugar, tea, and yeast. It is an acquired taste as you either hate it or love it. The beverage has many benefits such as a source of probiotics and vitamin B. Many students drink it because it is found in several local healthy, organic stores.
Homecoming

By Aly Siock, Eleanor Verbeck

Featured days with 90s throwback themes (for example, MTV Monday, and Totally Neon Tuesday). East took on one of our rivals, South, on Saturday, October 12. East came home with a victory of 14-12. The homecoming dance was themed with neon colors, bright lights, and throwback posters. The DJ kept the students dancing on their feet the whole night. The atrium was open for socializing with friends and filled with many treats!

Homecoming court Nominees (From left to right: Andrew Kuehl, Kempton Wilcox, Nick Breen, Nino Barbati, Devon Wu (King), Mollie Schibel (Queen), Mary Duffner, Kiki Fink, Bailey Clark, Sophia Marti-
School Store
By Aly Siock, Eleanor Verbeck, Amanda Baron

New Items
- Long sleeved dry fit
- Short sleeved dry fit
- 2 new designs coming

Cole Allen, and Ryan Figus showing off new school store apparel!

Best Sellers
- Sweatshirts
- T-shirts
- Flannels

Special Deal
Flip flops: 3 dollars!

Hours
Tuesday and Friday from 7-7:15 and all lunches Tuesday and Friday

Who runs the school store?
Mrs. Kownurko
Philly Sports
By Aly SiocK, Eleanor Verbeck, Ava Gress

Sports is the soul of Philadelphia and it brings people together as everyone cheers for a common team. Philadelphia is known for its proud fans and outstanding sports. The whole city unites when Philly teams take on rivals. No matter your background, Philadelphia supporters are some of the most enthusiastic fans!

Fly Eagles Fly

Every Sunday the city of Philadelphia gets ready for their family and friends to get together and watch the Eagles play. This year so far, the Eagles are 4-4 and Philadelphia Sports predicts they can still make the playoffs. The Eagles offense is hurting right now, which is what’s affecting their record. Without DeSean Jackson they cannot throw the long ball. But, Philadelphia fans still have hope. Go Birds!

Flyers

The Flyers have started the season at 5-5-1, which would make you think this is the same old team, however Flyers fans disagree. Their travel schedule to start the season was absurd. They traveled through four time zones and have been on the road for three weeks to start the season. No other NHL team had to endure that. After 40 years, the Flyers have a legitimate, game-changing goalie, Carter Hart. Having Hart for the full season will make a huge difference in how the rest of the team plays in front of him. He will provide a tremendous amount of confidence! The Flyers are predicted to finish the season with close to 100 points, which will qualify them for the playoffs. Go Flyers!

Sixers

The Sixers are currently 4-0 and are projected to be in contention for a championship. The Sixers still have Joel Embiid, who is arguably the most dominant center in the league. Embiid has Josh Richardson as a shooter, Al Horford as a center to shut down the other players, and Ben Simmons as a starting point guard to complete their team as a whole on and off the court.

Wells Fargo Center

Lincoln Financial Field
Winter Festivities

By Aly Siock, Eleanor Verbeck, Ava Gress

Winter is an exciting time of year with fun activities for friends and family!

Peddlers Village is an amazing place that puts out Christmas lights and creates a fun light tunnel that is perfect for taking pictures, called the Grand Illumination. As well as the lights, there is also a gingerbread making contest that anyone can participate in and the gingerbread houses are up for the public to look at.

Another fun thing to do is go and visit Shady Brook Farm. They also set up lights but, instead of walking around, you drive through the farm and the lights tell a story.

A Christmas tree is the symbol of the winter and Christmas time. Go to Doylestown and watch the giant Christmas tree at Starbucks get lit up as the choir sings behind it. Also, Santa pays a visit on his fire truck to hand out candy to the children.

Another staple for the holiday and winter season is ice skating outside in Philadelphia. It’s the perfect activity to get you into the holiday spirit!