

Baked Chicken Nuggets

www.allrecipes.com

Submitted by: Teresa

Yields: 3 servings

" A Parmesan crust lifts these chicken nibbles above the ordinary. Serve alone or with an array of dipping sauces."

INGREDIENTS:

- 1 skinless, boneless chicken breast
- 1/3 cup Italian seasoned bread crumbs
- 2 T. grated Parmesan cheese
- 1/8 teaspoon salt
- 1/8 teaspoon dried thyme or 2 pinches ground thyme
- 1 teaspoon dried basil
- 3 T. butter, melted

DIRECTIONS:

1. Preheat oven to 400 degrees F.
2. Cut chicken breasts into 1 1/2 inch size pieces. Place chicken in a mixing bowl. Pour melted butter over the chicken. Stir to coat.
3. In a Zip-Loc baggie, mix together the bread crumbs, cheese, salt, thyme and basil. Mix well.
4. Add chicken to the Zip-Loc bag. Close and shake to coat the nuggets.
5. Place on a parchment paper lined baking sheet in a single layer.
6. Bake for 20 minutes.