

## Study Tips and Test Preparation

### **Before the Test:**

Study every day. (Don't cram the night before the test!)

- Study in the same place with all of your supplies handy.
- Find a quiet place away from distractions, with ample room to work. It could be the desk in your room or the kitchen table.
- Laying down on your bed or sprawled out across the living room rug are generally NOT good study places.

Practice what you have learned every day.

- Share what you have learned, do your homework, and tell others about it.

Be positive. Have an "I can do it" attitude.

- Set goals for yourself.
- Make a schedule, make flashcards one night, and study for subjects you don't have homework in for 5 minutes a night.
- Do the harder homework first or when someone is there you can talk to about it.
- Use rewards to mark your progress. Take a snack break before your math homework.

Try to understand what you are learning.

- Don't just memorize; be able to talk about it in your own words and relate it to what you already know.
- Review notes, classwork, and homework daily.

Make up some of your own test questions and answer them for practice.

- Make it a game. Study with a friend; then you split the work. Ask a parent or sibling to "play" with you.