

# **AP Psychology - Terms/Concepts (640 Total)**

## **Unit 1 – History and Approaches**

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|----------------------------|--------------------------------|--|
| 1. empiricism              | 13. biological psychology      | 23. social psychology                    |
| 2. structuralism           | 14. cognitive psychology       | 24. applied research                     |
| 3. functionalism           | 15. evolutionary psychology    | 25. industrial-organizational psychology |
| 4. experimental psychology | 16. psychodynamic psychology   | 26. human factors psychology             |
| 5. behaviorism             | 17. social-cultural psychology | 27. counseling psychology                |
| 6. humanistic psychology   | 18. psychometrics              | 28. clinical psychology                  |
| 7. cognitive neuroscience  | 19. basic research             | 29. psychiatry                           |
| 8. Psychology              | 20. developmental psychology   | 30. positive psychology                  |
| 9. nature-nurture debate   | 21. educational psychology     | 31. community psychology                 |
| 10. natural selection      | 22. personality psychology     | 32. testing effect                       |
| 11. levels of analysis     |                                | 33. SQ3R                                 |
| 12. behavioral psychology  |                                |  |

## **Unit 2 – Research Methods**

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|-----------------------------|-----------------------------|------------------------------|
| 1. hindsight bias           | 14. correlation coefficient | 27. descriptive statistics   |
| 2. critical thinking        | 15. scatterplot             | 28. mode                     |
| 3. theory                   | 16. illusory correlation    | 29. mean                     |
| 4. hypothesis               | 17. experiment              | 30. median                   |
| 5. operational definition   | 18. experimental group      | 31. skewed distribution      |
| 6. replication              | 19. control group           | 32. range                    |
| 7. case study               | 20. random assignment       | 33. standard deviation       |
| 8. naturalistic observation | 21. double-blind procedure  | 34. normal curve             |
| 9. survey                   | 22. placebo effect          | 35. inferential statistics   |
| 10. sampling bias           | 23. independent variable    | 36. statistical significance |
| 11. population              | 24. confounding variable    | 37. culture                  |
| 12. random sample           | 25. dependent variable      | 38. informed consent         |
| 13. correlation             | 26. validity                | 39. debriefing               |

## **Unit 3 – Biological Bases**

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|--------------------------|-------------------------------------|--------------------------------|
| 1. biological psychology | 11. neurotransmitters               | 19. nerves                     |
| 2. neuron                | 12. reuptake                        | 20. sensory (afferent) neurons |
| 3. dendrites             | 13. endorphins                      | 21. motor (efferent) neurons   |
| 4. axon                  | 14. agonist                         | 22. interneurons               |
| 5. myelin sheath         | 15. antagonist                      | 23. somatic nervous system     |
| 6. action potential      | 16. nervous system                  | 24. autonomic nervous          |
| 7. refractory period     | 17. central nervous system (CNS)    | 25. sympathetic nervous system |
| 8. threshold             | 18. peripheral nervous system (PNS) |                                |
| 9. all-or-none response  |                                     |                                |
| 10. synapse              |                                     |                                |

26. parasympathetic nervous system	40. thalamus	59. consciousness
27. reflex	41. reticular formation	60. cognitive neuroscience
28. endocrine system	42. cerebellum	61. dual processing
29. hormones	43. limbic system	62. behavior genetics
30. adrenal glands	44. amygdala	63. environment
31. pituitary gland	45. hypothalamus	64. chromosomes
32. lesion	46. cerebral cortex	65. DNA (deoxyribonucleic acid)
33. electroencephalogram (EEG)	47. glial cells (glia)	66. genes
34. CT (computed tomography) scan	48. frontal lobes	67. genome
35. PET (positron emission tomography) scan	49. parietal lobes	68. identical twins
36. MRI (magnetic resonance imaging)	50. occipital lobes	69. fraternal twins
37. fMRI (functional MRI)	51. temporal lobes	70. molecular genetics
38. brainstem	52. motor cortex	71. heritability
39. medulla	53. somatosensory cortex	72. interaction
	54. association areas	73. epigenetics
	55. plasticity	74. evolutionary psychology
	56. neurogenesis	75. natural selection
	57. corpus callosum	76. mutation
	58. split brain	

## Unit 4 – Sensation and Perception

1. sensation	23. pupil	44. monocular cues
2. perception	24. iris	45. phi phenomenon
3. bottom-up processing	25. lens	46. perceptual constancy
4. top-down processing	26. retina	47. color constancy
5. selective attention	27. accommodation	48. perceptual adaptation
6. inattentional blindness	28. rods	49. audition
7. change blindness	29. cones	50. frequency
8. transduction	30. optic nerve	51. pitch
9. psychophysics	31. blind spot	52. middle ear
10. absolute threshold	32. fovea	53. cochlea
11. signal detection theory	33. feature detectors	54. inner ear
12. subliminal	34. parallel processing	55. sensorineural hearing loss
13. priming	35. Young-Helmholtz trichromatic (three-color) theory	56. conduction hearing loss
14. difference threshold	36. opponent-process theory	57. cochlear implant
15. Weber's law	37. gestalt	58. place theory
16. sensory adaptation	38. figure-ground	59. frequency theory
17. perceptual set	39. grouping	60. gate-control theory
18. extrasensory perception (ESP)	40. depth perception	61. kinesthesia
19. parapsychology	41. visual cliff	62. vestibular sense
20. wavelength	42. binocular cues	63. sensory interaction
21. hue	43. retinal disparity	64. embodied cognition
22. intensity		

**Unit 5 – States of Consciousness** (*these terms/concepts are covered in the Summer Assignment; you are responsible for them on your own*).

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|--------------------------------------|----------------------------|---------------------------|
| 1. consciousness                     | 14. narcolepsy             | 28. barbiturates          |
| 2. hypnosis                          | 15. sleep apnea            | 29. opiates               |
| 3. posthypnotic suggestion           | 16. night terrors          | 30. stimulants            |
| 4. dissociation                      | 17. dream                  | 31. amphetamines          |
| 5. circadian rhythm                  | 18. manifest content       | 32. nicotine              |
| 6. REM sleep                         | 19. latent content         | 33. cocaine               |
| 7. alpha waves                       | 20. REM rebound            | 34. methamphetamine       |
| 8. sleep                             | 21. substance use disorder | 35. Ecstasy (MDMA)        |
| 9. hallucinations                    | 22. psychoactive drug      | 36. hallucinogens         |
| 10. delta waves                      | 23. tolerance              | 37. LSD                   |
| 11. NREM sleep                       | 24. addiction              | 38. near-death experience |
| 12. suprachiasmatic nucleus<br>(SCN) | 25. withdrawal             | 39. THC                   |
| 13. insomnia                         | 26. depressants            |                           |
|                                      | 27. alcohol use disorder   |                           |

**Unit 6 - Learning**

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|------------------------------------|-----------------------------|-------------------------------|
| 1. learning                        | 18. discrimination          | 37. biofeedback               |
| 2. habituation                     | 19. operant conditioning,   | 38. respondent behavior       |
| 3. associative learning            | 20. law of effect           | 39. operant behavior          |
| 4. stimulus                        | 21. operant chamber         | 40. cognitive map             |
| 5. cognitive learning              | 22. reinforcement           | 41. latent learning           |
| 6. classical conditioning          | 23. shaping                 | 42. insight                   |
| 7. behaviorism                     | 24. discriminative stimulus | 43. intrinsic motivation      |
| 8. neutral stimulus (NS)           | 25. positive reinforcement  | 44. extrinsic motivation      |
| 9. unconditioned response<br>(UR)  | 26. negative reinforcement  | 45. coping                    |
| 10. unconditioned stimulus<br>(US) | 27. primary reinforcer      | 46. problem-focused coping    |
| 11. conditioned response<br>(CR)   | 28. conditioned reinforcer  | 47. emotion-focused coping    |
| 12. conditioned stimulus<br>(CS)   | 29. reinforcement schedule  | 48. learned helplessness      |
| 13. acquisition                    | 30. continuous              | 49. external locus of control |
| 14. higher-order<br>conditioning   | reinforcement               | 50. internal locus of control |
| 15. extinction                     | 31. partial (intermittent)  | 51. self-control              |
| 16. spontaneous recovery           | reinforcement               | 52. observational learning    |
| 17. generalization                 | 32. fixed-ratio schedule    | 53. modeling                  |
|                                    | 33. variable-ratio schedule | 54. mirror neurons            |
|                                    | 34. fixed-interval schedule | 55. prosocial behavior        |
|                                    | 35. variable-interval       |                               |
|                                    | schedule                    |                               |
|                                    | 36. punishment              |                               |

## Unit 7 - Cognition

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|--|---|--|
| 1. memory<br>2. encoding<br>3. storage<br>4. retrieval<br>5. parallel processing<br>6. sensory memory<br>7. short-term memory<br>8. long-term memory<br>9. working memory<br>10. explicit memory<br>11. effortful processing<br>12. automatic processing<br>13. implicit memory<br>14. iconic memory<br>15. echoic memory<br>16. chunking<br>17. mnemonics<br>18. spacing effect<br>19. testing effect<br>20. shallow processing<br>21. deep processing<br>22. hippocampus<br>23. flashbulb memory | 24. long-term potentiation (LTP)<br>25. recall<br>26. recognition<br>27. relearning<br>28. priming<br>29. mood-congruent memory<br>30. serial position effect<br>31. anterograde amnesia<br>32. retrograde amnesia<br>33. proactive interference<br>34. retroactive interference<br>35. repression<br>36. misinformation effect<br>37. source amnesia<br>38. déjà vu<br>39. cognition<br>40. concept<br>41. prototype<br>42. creativity<br>43. convergent thinking<br>44. divergent thinking<br>45. algorithm | 46. heuristic<br>47. insight<br>48. confirmation bias<br>49. mental set<br>50. intuition<br>51. representativeness heuristic<br>52. availability heuristic<br>53. overconfidence<br>54. belief perseverance<br>55. framing<br>56. language<br>57. phoneme<br>58. morpheme<br>59. grammar<br>60. babbling stage<br>61. one-word stage<br>62. two-word stage<br>63. telegraphic speech<br>64. aphasia<br>65. Broca's area<br>66. Wernicke's area<br>67. linguistic determinism |
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## Unit 8 – Motivation, Emotion, and Stress

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|--|---|--|
| 1. motivation<br>2. instinct<br>3. drive-reduction theory<br>4. homeostasis<br>5. incentive<br>6. Yerkes-Dodson law<br>7. hierarchy of needs<br>8. glucose<br>9. set point<br>10. basal metabolic rate<br>11. sexual response cycle<br>12. refractory period | 13. sexual dysfunction<br>14. estrogens<br>15. testosterone<br>16. emotion<br>17. James-Lange theory<br>18. Cannon-Bard theory<br>19. two-factor theory<br>20. polygraph<br>21. facial feedback effect<br>22. health psychology<br>23. stress | 24. general adaptation syndrome (GAS)<br>25. tend and befriend response<br>26. psychophysiological illness<br>27. psychoneuroimmunology<br>28. lymphocytes<br>29. coronary heart disease<br>30. Type A<br>31. Type B |
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**Unit 9 – Developmental Psychology** (*these terms/concepts are covered in an independent “flipped” unit; you are responsible for them on your own*).

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|---|--|--|
| 1. developmental psychology<br>2. zygote<br>3. embryo<br>4. fetus<br>5. teratogens<br>6. fetal alcohol syndrome (FAS)<br>7. habituation<br>8. maturation<br>9. cognition<br>10. schema<br>11. assimilation<br>12. accommodation<br>13. sensorimotor stage<br>14. object permanence<br>15. preoperational stage<br>16. conservation<br>17. egocentrism<br>18. theory of mind | 19. autism spectrum disorder (ASD)<br>20. concrete operational stage<br>21. formal operational stage<br>22. stranger anxiety<br>23. attachment<br>24. critical period<br>25. imprinting<br>26. temperament<br>27. basic trust<br>28. self-concept<br>29. gender<br>30. aggression<br>31. gender role<br>32. role<br>33. gender identity<br>34. social learning theory<br>35. gender typing<br>36. transgender<br>37. adolescence | 38. identity<br>39. social identity<br>40. intimacy<br>41. emerging adulthood<br>42. X chromosome<br>43. Y chromosome<br>44. testosterone<br>45. puberty<br>46. primary sex characteristics<br>47. secondary sex characteristics<br>48. menarche<br>49. AIDS (acquired immune deficiency syndrome)<br>50. sexual orientation<br>51. menopause<br>52. cross-sectional study<br>53. longitudinal study<br>54. social clock |
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**Unit 10 – Personality** (*these terms/concepts are covered in an independent “flipped” unit; you are responsible for them on your own*).

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| 1. personality<br>2. free association<br>3. psychoanalysis<br>4. unconscious<br>5. id<br>6. ego<br>7. superego<br>8. psychosexual stages<br>9. Oedipus [ED-uh-puss] complex<br>10. identification<br>11. fixation<br>12. defense mechanisms<br>13. repression<br>14. psychodynamic theories<br>15. collective unconscious<br>16. projective test | 17. Thematic Apperception Test (TAT)<br>18. Rorschach inkblot test<br>19. false consensus effect<br>20. terror-management theory<br>21. humanistic theories<br>22. self-actualization<br>23. unconditional positive regard<br>24. self-concept<br>25. trait<br>26. personality inventory<br>27. Minnesota Multiphasic Personality Inventory (MMPI)<br>28. empirically derived test | 29. social-cognitive perspective<br>30. behavioral approach<br>31. reciprocal determinism<br>32. positive psychology<br>33. self<br>34. spotlight effect<br>35. self-esteem<br>36. self-efficacy<br>37. self-serving bias<br>38. narcissism<br>39. individualism<br>40. collectivism |
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## **Unit 11 – Testing and Individual Differences**

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|-----------------------------|--|-------------------------------|
| 1. intelligence             | 10. intelligence quotient (IQ)               | 17. validity                  |
| 2. intelligence test        | 11. achievement test                         | 18. content validity          |
| 3. general intelligence (g) | 12. aptitude test                            | 19. predictive validity       |
| 4. factor analysis          | 13. Wechsler Adult Intelligence Scale (WAIS) | 20. cohort                    |
| 5. savant syndrome          | 14. standardization                          | 21. crystallized intelligence |
| 6. grit                     | 15. normal curve                             | 22. fluid intelligence        |
| 7. emotional intelligence   | 16. reliability                              | 23. intellectual disability   |
| 8. mental age               |  | 24. Down syndrome             |
| 9. Stanford-Binet           |  | 25. heritability              |
|                             |  | 26. stereotype threat         |

## **Unit 12 – Abnormal Behavior**

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|--|---|--|
| 1. psychological disorder                          | 11. obsessive-compulsive disorder (OCD)   | 22. hallucination                        |
| 2. attention-deficit/hyperactivity disorder (ADHD) | 12. post-traumatic stress disorder (PTSD) | 23. somatic symptom disorder             |
| 3. medical model                                   | 13. post-traumatic growth                 | 24. conversion disorder                  |
| 4. DSM-5   | 14. mood disorders                        | 25. illness anxiety disorder             |
| 5. anxiety disorders                               | 15. major depressive disorder             | 26. dissociative disorders               |
| 6. generalized anxiety disorder                    | 16. mania                                 | 27. dissociative identity disorder (DID) |
| 7. panic disorder                                  | 17. bipolar disorder                      | 28. anorexia nervosa                     |
| 8. phobia  | 18. rumination                            | 29. bulimia nervosa                      |
| 9. social anxiety disorder                         | 19. schizophrenia                         | 30. binge-eating disorder                |
| 10. agoraphobia                                    | 20. psychosis                             | 31. personality disorders                |
|  | 21. delusions                             | 32. antisocial personality disorder      |

## **Unit 13 – Treatment of Abnormal Behavior**

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|-----------------------------------|--|---|
| 1. psychotherapy                  | 16. systematic desensitization               | 26. meta-analysis                                       |
| 2. biomedical therapy             | 17. virtual reality exposure therapy         | 27. evidence-based practice                             |
| 3. eclectic approach              | 18. aversive conditioning                    | 28. therapeutic alliance                                |
| 4. psychoanalysis                 | 19. token economy                            | 29. resilience  |
| 5. resistance                     | 20. cognitive therapy                        | 30. psychopharmacology                                  |
| 6. interpretation                 | 21. rational-emotive behavior therapy (REBT) | 31. antipsychotic drugs                                 |
| 7. transference                   | 22. cognitive-behavioral therapy (CBT)       | 32. antianxiety drugs                                   |
| 8. psychodynamic therapy          | 23. group therapy                            | 33. antidepressant drugs                                |
| 9. insight therapies              | 24. family therapy                           | 34. electroconvulsive therapy (ECT)                     |
| 10. client-centered therapy       | 25. regression toward the mean               | 35. repetitive transcranial magnetic stimulation (rTMS) |
| 11. active listening              |  | 36. psychosurgery                                       |
| 12. unconditional positive regard |  | 37. lobotomy  |
| 13. behavior therapy              |  |   |
| 14. counterconditioning           |  |   |
| 15. exposure therapies            |  |   |

## **Unit 14 – Social Psychology**

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|---|---|---|
| 1. social psychology<br>2. attribution theory<br>3. fundamental attribution error<br>4. attitude<br>5. peripheral route persuasion<br>6. central route persuasion<br>7. foot-in-the-door phenomenon<br>8. role<br>9. cognitive dissonance theory<br>10. conformity<br>11. normative social influence<br>12. informational social influence<br>13. social facilitation | 14. social loafing<br>15. deindividuation<br>16. group polarization<br>17. groupthink<br>18. culture<br>19. norm<br>20. prejudice<br>21. stereotype<br>22. discrimination<br>23. just-world phenomenon<br>24. ingroup<br>25. outgroup<br>26. ingroup bias<br>27. scapegoat theory<br>28. other-race effect<br>29. aggression<br>30. frustration-aggression principle<br>31. social script | 32. mere exposure effect<br>33. passionate love<br>34. companionate love<br>35. equity<br>36. self-disclosure<br>37. altruism<br>38. bystander effect<br>39. social exchange theory<br>40. reciprocity norm<br>41. social-responsibility norm<br>42. conflict<br>43. social trap<br>44. mirror-image perceptions<br>45. self-fulfilling prophecy<br>46. superordinate goals<br>47. GRIT |
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