

# The Great Cake Challenge: Learning the Skill of Compromising



**Objective:** To learn and practice what compromising means, why it is an important skill to have when working with others and getting along with siblings, friends and family.

Watch this video link to help define the concept:

<https://pbskids.org/video/super-why/2365704394>

## **Activity:**

1. Think about your idea of the perfect cake. What are your favorite flavors, ingredients, toppings and decorations?
2. Now draw a picture of your favorite cake on a piece of paper. You can write down all the details (such as the toppings, decorations, flavors and ingredients). Make it as detailed as you'd like!
3. Now talk with your family and see what *their* idea of the perfect cake would be. Work together with your siblings, parents or anyone who lives with you to create a cake that everyone would enjoy (including the flavor, ingredients, toppings, the name of the cake and a picture of the cake). Everyone needs to compromise to make this 'great cake challenge work'. Maybe someone doesn't get to pick their favorite flavor, but they instead get to pick a topping they love.

\*Use the attached worksheet to help outline your perfect cake.

**Discussion/Follow up Questions:**

What does it mean to compromise? How does compromising work?

Think about ways you compromised when creating this 'team' cake. What did you compromise about? What did others compromise about?

How did compromising make this project better? How can it make your relationships better?

Was there a time that you felt it was more difficult to compromise? If so, how did your family get through it?

Is there anything that your family could've done differently?

What did you learn about compromising from this activity?

**Take it to the next level:**



Take this opportunity to work together to bake this cake that your family helped to create for real! Take a picture and send to Dr. Graz! If cakes aren't your thing you can work together and practice compromising through a 'great pizza challenge' or 'great cookie challenge'.



# THE GREAT CAKE CHALLENGE

BAKERS' NAMES: \_\_\_\_\_

\_\_\_\_\_

Cake Name: \_\_\_\_\_

Picture of Cake

A large, rounded rectangular area with a light blue border, intended for drawing a picture of the cake. At the top center, there is a small banner with the text "Picture of Cake".

Flavor

Ingredients

Toppings