



Central Bucks School District Elementary School Breakfast Menu October 2019

V= Vegetarian Meal Choice
GF=Gluten Free

1
Jumbo Waffles **V**
Fresh Fruit or 100% Juice
Choice of Milk

2
Mini French Toast Squares **V**
Fresh Fruit or 100% Juice
Choice of Milk

3
Pancake Sausage Wrap
Fresh Fruit or 100% Juice
Choice of Milk

4
Bacon, Egg & Cheese Bagel
Fresh Fruit or 100% Juice
Choice of Milk

7
Jumbo Waffle **V**
Fresh Fruit or 100% Juice
Choice of Milk

8
French Toast Sticks **V**
Fresh Fruit or 100% Juice
Choice of Milk

9
NO SCHOOL
YOM KIPPUR

10
Egg & Cheese Bagel **V**
Fresh Fruit or 100% Juice
Choice of Milk

11
Mini Pancakes **V**
Hash Brown Patty **V**
Fresh Fruit or 100% Juice
Choice of Milk

14
Bacon, Egg & Cheese English Muffin
Fresh Fruit or 100% Juice
Choice of Milk

15
Mini Blueberry Waffles **V**
Fresh Fruit or 100% Juice
Choice of Milk

16
Ham, Egg & Cheese Bagel
Fresh Fruit or 100% Juice
Choice of Milk

17
Mini Cinni Stix **V**
Fresh Fruit or 100% Juice
Choice of Milk

18
Egg & Cheese on a Bagel Hash Brown Patty **V**
Fresh Fruit or 100% Juice
Choice of Milk

21
Mini Maple Waffles **V**
Fresh Fruit or 100% Juice
Choice of Milk

22
Pancake Sausage Wrap
Fresh Fruit or 100% Juice
Choice of Milk

23
Breakfast Scrambled Egg & Cheese Bowl **GF** w/
Toast **V**
Fresh Fruit or 100% Juice
Choice of Milk

24
Mini French Toast Squares **V**
Hash Brown Patty **V**
Fresh Fruit or 100% Juice
Choice of Milk

25
Bacon, Egg & Cheese Bagel
Fresh Fruit or 100% Juice
Choice of Milk

28
Ham, Egg & Cheese Bagel
Fresh Fruit or 100% Juice
Choice of Milk

29
Breakfast Burrito (Egg & Cheese in Tortilla) w/ Salsa **V**
Fresh Fruit or 100% Juice
Choice of Milk

30
Whole Grain Breakfast Donut Ring **V**
Fresh Fruit or 100% Juice
Choice of Milk

31
Pancakes **V**
Fresh Fruit or 100% Juice
Choice of Milk

31

Build your Snack Pack & Go!

- Pick one Of The Following Items: Cereal **GF**, Muffins **GF**, Breakfast Bars, or Poptarts **V**
- Choose one Of The Following Items: Animal Crackers, Goldfish, Cheez-Its, Graham Crackers or Low Fat String Cheese **V** **GF**
- Pick one Of The Following Fruit Items: Whole Fresh Fruit or 100% Fruit Juice **V**

All Snack Packs Come with a 8oz Bottle of Water
and a Choice of Milk
Snack Packs are the same price as Breakfast!

Breakfast Meal Prices: \$1.65 Full; \$0.30 Reduced

To make a meal students must select 3 of 4 items. At least one item must be a ½ cup fruit or 100% fruit juice. Meals without a fruit component will be charged a la carte pricing.

Available Daily: **V**

Students may select from the following options; Assorted Whole Grain Cereal, Gluten Free Cereal **GF**, Muffins, Breakfast Bars and Whole Grain Bagel with spread or Lowfat Yogurt with a Cheese Stick.

Milk-All choices are rBST Hormone free: Nonfat Flavored Chocolate or Strawberry, 1% White

This institution is an equal opportunity provider.

"The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE"

Free or Reduced Applications may be completed online under the Food Service Tab



Central Bucks School District- Elementary School Lunch Menu- October 2019

Monday Alternate
Pizza Sticks with
Marinara Sauce

Tuesday Alternate
Hamburger or
Cheeseburger
GF Bun Available

Wednesday Alternate
Cheese **or Pepperoni**
Pizza
Gluten Free Pizza Available

Thursday Alternate
Beef Nachos
or Bean **Nachos**

Friday Alternate
Chicken Strips
GF Chicken Tenders Available

We've gone DIGITAL!
 Check out our new
 online menus
 Visit:
www.cbsd.nutrislice.com



1
Santa Fe Rice & Beans Bowl

 Garden Salad
 Chipotle Grilled Chicken Wrap
 ~~~~~SIDES~~~~~  
 Sautéed Peppers  
 Leafy Green Salad  
 Applesauce

**2**  
**Pancake Sausage on a Stick**  
 Garden Salad   
 Chipotle Grilled Chicken Wrap  
 ~~~~~SIDES~~~~~  
 Baked French Fries
 Cucumber Slices
 Peaches

3
Mini Pierogis
 Garden Salad
 Chipotle Grilled Chicken Wrap
 ~~~~~SIDES~~~~~  
 Corn  
 Celery Sticks  
 Fruit Cocktail

**4** **LUCKY TRAY DAY**  
**Cheesy Mac n' Cheese**   
 Garden Salad   
 Chipotle Grilled Chicken Wrap  
 ~~~~~SIDES~~~~~  
 Mixed Vegetables
 Baby Carrots
 Pears

7
Chicken Tacos w/
Pineapple Salsa
 Buffalo Chicken Salad
 Ham & Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Pinto Beans  
 Leafy Green Salad  
 Orange Slices

**8**  
**BBQ Chicken Sandwich**  
 Buffalo Chicken Salad  
 Ham & Cheese Sandwich  
 ~~~~~SIDES~~~~~  
 Baked Beans
 Celery Sticks
 Apple Slices

9
NO SCHOOL
 Yom Kippur

10
Fish Sticks w/ Pretzel
Rod
 Buffalo Chicken Salad
 Ham & Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Corn  
 Grape Tomatoes  
 Fruit Cocktail

**11**  
**Tomato & Mozzarella**  
**Pesto Panini**  
 Buffalo Chicken Salad  
 Ham & Cheese Sandwich  
 ~~~~~SIDES~~~~~  
 Broccoli
 Pepper Strips
 Blueberries

14
Mini Corn Dog Nuggets
 Caesar Salad
 Turkey & Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Green Beans  
 Celery Sticks  
 Peaches

**15**  
**French Toast Sticks**   
**Sausage Patty**  
 Caesar Salad  
 Turkey & Cheese Sandwich  
 ~~~~~SIDES~~~~~  
 Tater Tots
 Fresh Broccoli
 Pears

16
Chicken Parm Sandwich
 Caesar Salad
 Turkey & Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Mixed Vegetables  
 Baby Carrots  
 Applesauce

**17**  
**Make Your Own Pizza**   
 Caesar Salad  
 Turkey & Cheese Sandwich  
 ~~~~~SIDES~~~~~  
 Corn
 Cucumber Slices
 Orange Slices

18 **LUCKY TRAY DAY**
Rotini Pasta **w/**
Meatballs
 Caesar Salad
 Turkey & Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Peas  
 Leafy Green Salad  
 Pineapple Tidbits

**NATIONAL SCHOOL LUNCH WEEK 14<sup>th</sup>-18<sup>th</sup> - JOIN US FOR LUNCH FOR FUN FESTIVITIES**

**21**  
**Chicken Patty Sandwich**  
 Chef Salad  
 Cheese Sandwich   
 ~~~~~SIDES~~~~~  
 Baked French Fries
 Grape Tomatoes
 Whole Apple

22
Penne Alfredo w/ Broccoli
 Chef Salad
 Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Broccoli  
 Baby Carrots  
 Raisin Box

**23**  
**Chicken Drumstick**  
 Chef Salad  
 Cheese Sandwich   
 ~~~~~SIDES~~~~~  
 Mixed Vegetables
 Tomato Cucumber Salad
 Apple Slices

24
Turkey Hot Dog
 Chef Salad
 Cheese Sandwich
 ~~~~~SIDES~~~~~  
 Corn  
 Celery Sticks  
 Blueberries

**25**  
**Waffles with Fruit &**  
**Whipped Topping**   
 Chef Salad  
 Cheese Sandwich   
 ~~~~~SIDES~~~~~  
 Diced Potatoes
 Pepper Strips
 Fruit Cocktail

28
BBQ Pulled Pork Sandwich
 Garden Salad
 Chicken Caesar Wrap
 ~~~~~SIDES~~~~~  
 Baked Beans  
 Cucumber Slices  
 Pineapple Tidbits

**29**  
*World Flavors*  
*Featured Dish of the Month*  
**Chicken Pad Thai Bowl**   
 Garden Salad   
 Chicken Caesar Wrap  
 ~~~~~SIDES~~~~~  
 Mixed Vegetables
 Leafy Green Salad
 Peaches

30
Hot Ham & Cheese on
Pretzel Roll
 Garden Salad
 Chicken Caesar Wrap
 ~~~~~SIDES~~~~~  
 Green Beans  
 Grape Tomatoes  
 Orange Slices

**31** **LUCKY TRAY DAY**  
**BLT Chicken Club**  
**Sandwich**  
 Garden Salad   
 Chicken Caesar Wrap  
 ~~~~~SIDES~~~~~  
 Corn
 Celery Sticks
 Applesauce

= Vegetarian
 = Gluten Free
 = Fuel Item of Month
 Majority of our products are
 treenu/peanut free except for the
 prepackaged PBJ pack

Lunch Prices: \$2.60 Full; \$0.40 Reduced

To make a meal, students must select foods from at least 3 different food groups with one of the items being a 1/2 cup fruit, 1/2 cup vegetable or a 4 oz. fruit juice. Students may select up to 1 cup of vegetables but only 1/2 c fruit or 100% juice. Meals without a fruit or vegetable will be charged a la carte pricing.
 Menu subject to change without notice due to product availability

Offered Daily: PBJ Pack , Yogurt w/ Pretzel & Bagel Protein Pack

Milk: All Choices are rBST Hormone Free: Nonfat Flavored Chocolate or Strawberry and 1% White

Selection of Fresh Fruits and Vegetables are offered daily. Options may include: applesauce, apple slices, peaches, pears, pineapple, raisins, mandarin oranges, grapes, oranges, leafy green salad, mixed bean salad, tomatoes, cucumbers, celery, corn, carrots, broccoli, peas and peppers.

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