

# The Monk

## Viewing Guide

*Answer the following questions on a separate piece of paper as you watch the film. You do not need to write in complete sentences.*

1. What is a monastery?
2. What are the differences between monks and priests?
3. What kinds of families did most medieval monks come from?
4. Why did nobles donate money to monasteries?
5. Who was St. Benedict, and why was he an important influence for medieval monks?
6. Describe the type of clothing worn by monks.
7. How did people become monks during the Middle Ages?
8. What were some of the rules of medieval monasteries?
9. What responsibilities did medieval monks have?
10. How did monks preserve texts of ancient literature?
11. What role did monks play in establishing schools?
12. How did people become nuns during the Middle Ages?
13. What responsibilities did medieval nuns have?
14. Who were the Knights of the Temple, and what role did they play in the Crusades?

*Critical Thinking Questions: After the film is complete, choose ONE of the following questions and answer in a short paragraph.*

- A. How was the life of the medieval monk different from that of the nun? What do these differences tell us about society in the Middle Ages and its beliefs about women?
- B. What do you think were some motivating factors for becoming a monk in the Middle Ages? Do you feel that these benefits outweighed the costs of being a monk?