



**Each student is able to choose one Program Breakfast free of charge for the 2023-24 school year. They must choose a fruit or fruit juice to meet USDA required components.**

# OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>2</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>3</b>	Jumbo Waffles Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>4</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>5</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>6</b>	<p><b><u>Breakfast Packs may include, but not limited to:</u></b></p> <p>Cocoa Puffs, Lucky Charms, Cinnamon Toast Crunch Cereals. Strawberry, Chocolate, or Cinnamon Pop Tarts, Apple, Raspberry or Blueberry Nutrigrain Bars.</p> <p>Milk Choices are Hormone free Non-Fat Chocolate Or 1% White</p> <p>Fruit Juice is 100% Apple, Grape, Fruit Punch or Orange</p>
Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>9</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>10</b>	Bagel w Cream Cheese Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>11</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>12</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>13</b>	
Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>16</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>17</b>	Mini Cinni Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>18</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>19</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>20</b>	
Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>23</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>24</b>	Strawberry Cream Cheese Bagel or Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>25</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>26</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>27</b>	
Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>30</b>	Choice of Breakfast Pack Fresh fruit or Fruit Juice Choice of Milk <b>31</b>	<p><b>Parents/Guardians can add money to Students Accounts by downloading <a href="https://myschoolbucks.com">MYSCHOOLBUCKS.COM</a></b></p> <p><b>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY</b></p>			

