



**Each student is able to choose one Program Breakfast free of charge for the 2023-24 school year. They must choose a fruit or fruit juice to meet USDA required components.**

**OCTOBER 2023**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>2</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>3</b></div>	<div>Jumbo Waffles Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>4</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>5</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>6</b></div>	<div> <b><u>Breakfast Packs may include, but not limited to:</u></b> </div> <div> Cocoa Puffs, Lucky Charms, Cinnamon Toast Crunch Cereals. Strawberry, Chocolate, or Cinnamon Pop Tarts, Apple, Raspberry or Blueberry Nutrigrain Bars. </div> <div> Milk Choices are Hormone free Non-Fat Chocolate Or 1% White </div> <div> Fruit Juice is 100% Apple, Grape, Fruit Punch or Orange </div> <div>  </div>
<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>9</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>10</b></div>	<div>Bagel w Cream Cheese Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>11</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>12</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>13</b></div>	
<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>16</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>17</b></div>	<div>Mini Cinni Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>18</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>19</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>20</b></div>	
<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>23</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>24</b></div>	<div>Strawberry Cream Cheese Bagel or Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>25</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>26</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>27</b></div>	
<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>30</b></div>	<div>Choice of Breakfast Pack</div> <div>Fresh fruit or Fruit Juice Choice of Milk <b>31</b></div>	<div> <b>Parents/Guardians can add money to Students Accounts by downloading MYSCHOOLBUCKS.COM</b> </div> <div> <b>MENU SUBJECT TO CHANGE WITHOUT NOTICE DUE TO PRODUCT AVAILABILITY</b> </div>			

