

October 2024 Breakfast Menu

Each student is able to choose one Program Breakfast
free of charge for the 2024/25 school year
They must choose a ½ cup fruit or fruit juice to meet
USDA required components

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Bagel w Cream Cheese or Frosted Strawberry Pop Tart Fresh Fruit or Fruit Juice Choice of Milk	2 Sausage Egg & Cheese Bagel Or Trix Cereal Bowl Fresh Fruit or Fruit Juice Choice of Milk	3 School Is Closed	4 Blueberry Nutri-Grain Bar Or Mini Cinni Fresh Fruit or Fruit Juice Choice of Milk
	7 Scrambled Eggs Or Cinnamon Toast Crunch Bar Fresh Fruit or Fruit Juice Choice of Milk	8 Banana Chocolate Oatmeal Bar or Cheerios Bowl Fresh Fruit or Fruit Juice Choice of Milk	10 Chocolate Frosted Pop Tart Or Choco Chip Bar Fresh Fruit or Fruit Juice Choice of Milk	11 Jumbo Waffle Or Trix Cereal Bowl Fresh Fruit or Fruit Juice Choice of Milk
	14 Whole Grain Glazed Donut or Lucky Charms Cereal Bowl Fresh Fruit or Fruit Juice Choice of Milk	16 Egg & Cheese Bagel Or French Toast Bar Fresh Fruit or Fruit Juice Choice of Milk	17 Frosted Fudge Pop Tart Or Frosted Flakes Cereal Fresh Fruit or Fruit Juice Choice of Milk	18 Confetti Pancakes Or Golden Grahams Bar Fresh Fruit or Fruit Juice Choice of Milk
21 French Toast Sticks Or Strawberry Pop Tart Fruit or Fruit Juice Choice of Milk	22 Choc Chip Oatmeal Bar or Apple Cinnamon Cheerios Fresh Fruit or Fruit Juice Choice of Milk	23 Blueberry Waffles Or Golden Grahams Fresh Fruit or Fruit Juice Choice of Milk	24 Raspberry Nutri-Grain Bar or Rice Krispie Bowl Fresh Fruit or Fruit Juice Choice of Milk	25 Apple Frudel Or Cinnamon Toast Cereal Fresh Fruit or Fruit Juice Choice of Milk
28 Apple Nutri-Grain Bar Or Mini Cinni Fresh Fruit or Fruit Juice Choice of Milk	29 Bagel w Cream Cheese or Frosted Cinnamon Pop Tart Fresh Fruit or Fruit Juice Choice of Milk	30 Mini Cinni or Trix Cereal Bowl Fresh Fruit or Fruit Juice Choice of Milk	31 Banana Chocolate Oatmeal Bar or Cheerios Bowl Fresh Fruit or Fruit Juice Choice of Milk	