

September 2024 Lunch Menu



A program meal must include foods from at least 3 food groups. One item must be a ½ of vegetables or either ½ cup of fresh fruit or 100% fruit juice to follow USDA guidelines for the NSLP.

MONDAY



Limited Time Offer
September 16th – 20th

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Egg & Cheese Bagel 9
Sausage Egg & Cheese Bagel
Chicken Nuggets
Uncrustable PB&J Pack
Hummus & Veggie Plate
Veggie Baja Salad
Warm Apples w Cinnamon
Cucumber Tomato Salad

3-Cheese or Chicken & Cheese **3**
Quesadilla w Corn Salsa
Wacky Mac N' Cheese
Grilled Chicken Caesar Salad
Uncrustable PB&J Pack
Muffin & Yogurt Bundle
Fresh Pineapple Chunks
Black Beans

Cheese Pizza **4**
Pepperoni Pizza
Wacky Mac N' Cheese
Grilled Chicken Caesar Salad
Uncrustable PB&J Pack
Muffin & Yogurt Bundle
Baby Carrot Sticks
Farm Fresh Apple

Chicken Parm Sandwich **5**
Wacky Mac N' Cheese
Grilled Chicken Caesar Salad
Uncrustable PB&J Pack
Muffin & Yogurt Bundle
Fresh Banana
Rainbow Blend Roasted Veggies

Crispy Chicken Tenders w/ Garlic Parmesan Breadstick
Wacky Mac N' Cheese
Grilled Chicken Caesar Salad
Uncrustable PB&J Pack
Muffin & Yogurt Bundle
Fresh Blueberries
Crisp Pepper Strips **6**

Chicken Soft Tacos **10**
Chicken Nuggets
Uncrustable PB & J Pack
Hummus & Veggie Plate
Veggie Baja Salad
Fresh Cut Fruit Salad
Fireside Baked Beans

Cheese Pizza **11**
Chicken Bacon Ranch Pizza
Chicken Nuggets
Uncrustable PB & J Pack
Hummus & Veggie Plate
Veggie Baja Salad
Farm Fresh Apple
Roasted Buffalo Cauliflower

Pico & Jack Cowboy Burger **12**
Black Bean Burger
Chicken Nuggets
Uncrustable PB & J Pack
Hummus & Veggie Plate
Veggie Baja Salad
Fresh Banana
Seasoned Sweet Potato Fries

Penne w Marinara & Dinner Roll
Chicken Nuggets
Uncrustable PB & J Pack
Hummus & Veggie Plate
Veggie Baja Salad
Fresh Blueberries
Sauteed Seasoned Broccoli **13**

Cheesy Ham & 16
Tater Tot Strata w Toast
Uncrustable PB & J Pack
Buffalo Chicken Dip
Ham & Cheddar Stackable
Warm Apples w Cinnamon
Crisp Celery Sticks

Chicken & Cheese Nachos **17**
Bean & Cheese Nachos
Uncrustable PB & J Pack
Buffalo Chicken Dip
Ham & Cheddar Stackable
Fresh Cut Fruit Salad
Mexi-Corn

Cheese Pizza **18**
Veggie Pizza
Uncrustable PB & J Pack
Buffalo Chicken Dip
Ham & Cheddar Stackable
Baby Carrot Sticks
Farm Fresh Apple

Grilled Cheese Melt **19**
Grilled Cheese & Tomato Melt
Uncrustable PB & J Pack
Buffalo Chicken Dip
Ham & Cheddar Stackable
Fresh Banana
Rainbow Roasted Veggies

Veggie Dumplings **20**
W Breadstick
Uncrustable PB & J Pack
Buffalo Chicken Dip
Ham & Cheddar Stackable
Fresh Blueberries
Crisp Pepper Strips

Limited Time Offer: Chicken Katsu Bowl. September 16th – 20th

French Toast Sticks 23
w Sausage Patty
Blueberry Waffles
Uncrustable PB & J Pack
Chicken Salad Wrap
Fresh Fruit & Cheese Plate
Warm Apple w Cinnamon
Cucumber & Tomato Salad

Chipotle Chicken & Cheese Burrito **24**
Blueberry Waffles
Uncrustable PB & J Pack
Chicken Salad Wrap
Fruit & Cheese Plate
Seasoned Corn
Fresh Cut Fruit Salad

Cheese Pizza **25**
Meat Lover's Pizza
Blueberry Waffles
Uncrustable PB & J Pack
Chicken Salad Wrap
Fruit & Cheese Plate
Roasted Cauliflower
Farm Fresh Apple

BBQ Chicken Flatbread **26**
BBQ Cheddar Flatbread
Blueberry Waffles
Uncrustable PB & J Pack
Chicken Salad Wrap
Fruit & Cheese Plate
Fresh Bananana
Crispy tater Tots

Chicken Nuggets w Creamy Rice
Blueberry Waffles
Uncrustable PB & J Pack
Chicken Salad Wrap
Fruit & Cheese Plate
Fresh Blueberries
Sauteed Seasoned Broccoli **27**

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Early Dismissal

Wellness Tip of the Month:

Apples are a great energy booster. Apples are an excellent source of fiber. The antioxidants in apples are in the skin. Apple trees can live to about 100 years. Apples are member of the rose family. We serve farm-fresh apples every week. Enjoy an apple today!!



*Menu is subject to change without notice due to product availability

*Aramark is an equal opportunity employer