

Central Bucks School District Elementary School Lunch Menu January 2023

2

WINTER
BREAK
SCHOOL
IS
CLOSED

Chicken Tacos
Or
Fish Tacos
w/ Salsa Mayonnaise

Bagel Bundle PB&J Pack Ham & Cheese Sandwich Mixed Fruit Green Pepper Strips Choice of Milk Cheese Pizza Or Pepperoni Pizza

Bagel Bundle PB&J Pack Ham & Cheese Sandwich Apple Slices Corn Choice of Milk BBQ Chicken Sandwich Or Vegan Nuggets

> Bagel Bundle PB&J Pack Ham & Cheese Sandwich Juicy Pears Fresh Cucumbers Choice of Milk

Penne Pasta with Marinara & Breadstick

Bagel Bundle
PB&J Pack
Ham & Cheese Sandwich
Clementine
Broccoli
Choice of Milk

9 Mini Waffles

with Sausage Patty

Popcorn Chicken Salad Muffin Pack PB&J Pack Applesauce Baby Carrots Choice of Milk 10

Black Bean Chili Frito Bowl w/ Corn

Popcorn Chicken Salad Muffin Pack PB&J Pack Mixed Fruit Green Pepper Strips Choice of Milk Cheese Pizza or BBQ Chicken Pizza

> Popcorn Chicken Salad Muffin Pack PB&J Pack Apple Slices Corn Choice of Milk

Popcorn Chicken Bowl Or Vegan Nugget Bowl

> Popcorn Chicken Salad Muffin Pack PB&J Pack Juicy Pears Fresh Cucumbers Choice of Milk

Lucky Tray Day
Fish N' Chips
Or
Hot Dog

Popcorn Chicken Salad Muffin Pack PB&J Pack Clementine Broccoli Choice of Milk

16

MLK DAY
SCHOOL
IS
CLOSED

17 Nacho Day

Beef and Cheese or Bean and Cheese

Chicken Salad Sandwich BYO Pizza Bagel PB&J Pack Mixed fruit Green Pepper Strips Choice of Milk Cheese Pizza O

or

Buffalo Chicken Pizza

Chicken Salad Sandwich BYO Pizza Bagel PB&J Pack Peaches Corn Choice of Milk Chicken Patty or Chicken Parm

> Chicken Salad Sandwich BYO Pizza Bagel PB&J Pack Juicy Pears Fresh Cucumbers Choice of Milk

Turkey & Cheese on a Pretzel Bun

20

Chicken Salad Sandwich BYO Pizza Bagel PB&J Pack Clementine Broccoli Choice of Milk

Sausage Egg & Cheese
Bagel
or
Egg & Cheese Bagel

Caesar Salad Muffin Meal PB&J Pack Applesauce Baby Carrots Choice of Milk Cheese♥ or Chicken & Cheese Quesadilla w/ Corn Salsa

Caesar Salad Muffin Meal PB& J Pack Mixed Fruit Green Pepper Strips Choice of Milk Cheese Pizza or
Pepperoni Pizza

Caesar Salad Muffin Meal PB & J Pack Peaches Corn Choice of Milk Chicken Nuggets or Vegan Nuggets

> Caesar Salad Muffin Meal PB & J Pack Juicy Pears Fresh Cucumbers Choice of Milk

Cheeseburger or Deluxe Gardenburger

> Caesar Salad Muffin Meal PB & J Pack Clementine Broccoli Choice of Milk

30 Lucky Tray Day

Pancakes with Scrambled Eggs

Cheese Sandwich Fruit & Cheese Plate PB&J Pack Applesauce Baby Carrots Choice of Milk Chicken Fajitas or Cheese Fajitas with Mexi-Corn

Cheese Sandwich
Fruit & Cheese Plate
PB&J Pack
Mixed Fruit
Green Pepper Strips
Choice of Milk

Parents can add money to student's lunch accounts and track purchases at

MYSCHOOLBUCKS.COM # Wellness Tip of the Month: Did you know Clementines pack a punch with High fiber, Low Calories and they're loaded with antioxidants. Clementines are also a great source of Vitamin C, Vitamin B6, Calcium and Magnesium.

Lunch Prices: \$2.60 Full Free for Reduced

A reimbursable meal must include items from at least 3 food groups, one of those items must be a 4oz fresh vegetable and either 4oz of fresh fruit or 100% fruit juice to follow USDA guidelines for the NSLP. Any second entrée will be charged a la carte pricing to the students account.

Menu subject to change without notice due to product availability

Milk: All Choices are rBST Hormone Free:

Nonfat Flavored Chocolate
OR
1% White

<u>DATES THAT</u> RATE:

2-school is closed 13-Lucky Tray Day 16-MLK Day 30-Lucky Tray Day



