

Central Bucks School District Elementary School Breakfast Menu December 2022

You can add money to your students account at Myschoolbucks.com Or Send a check with your

child made out to CBSD

DATES THAT RATE

2nd Early Dismissal 12th Early Dismissal 13th Early Dismissal 23rd No School for Students 26th-30th Holiday Break Choice of breakfast

Fresh Fruit or 100% Juice Choice of Milk

Pack

2

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk

5

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 6

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 7

Mini Waffles or Choice of breakfast

Fresh Fruit or 100% Juice Choice of Milk 8

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 9

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk

12

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk **13**

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 14

Pancakes With Syrup or Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk **15**

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 16

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk

19

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 20

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 21

Warm Apple Frudel or Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 22

Choice of breakfast Pack

Fresh Fruit or 100% Juice Choice of Milk 23

In-Service Day
No School
For
Students

26

<u>Holiday</u> Break 27

<u>Holiday</u> Break 28

<u>Holiday</u> Break 29

Holiday Break 30

<u>Holiday</u> Break

One free reimbursable breakfast per student for the remainder of school year

A reimbursable meal must include items from at least 3 different food groups, 1 of those items must be either 4oz of fresh fruit or 100% fruit juice to comply with USDA guidelines for the NSLP. Any second entrée will be charged a la carte pricing to the student's account.

Milk: All Choices are rBST Hormone Free:

Nonfat Flavored Chocolate OR 1% White Wellness Tip of the Month: Did you know the first known carrots were yellow & purple? Carrots are rich in antioxidants and vitamins like Vitamin A and Beta Carotene. The USDA recommends children ages 4-8 have 1.5 cups of veggies per day.

