

Thursday  
November 19<sup>th</sup>  
“B” Day

**National  
Entrepreneur's  
Day!**



Happy Birthday!

**Grant Bullard**

## **Announcements**

### **C B East Boys Winter Track**

**The CB East Boys Winter Track Team is still accepting athletes for the season. They will be starting daily practice on November 20<sup>th</sup> at 3 p.m. at the track. Please visit the East Athletic Website for more information and email Coach Pierangeli at [cpierangeli@cbsd.org](mailto:cpierangeli@cbsd.org) to join!**

# Announcements

## C B East Boys Winter Track

The first official day of boys winter track is this **Friday, November 20<sup>th</sup>**!

- 1. Ensure Paperwork is Complete** – Check that your Physical (PIAA Pages 5/6 or Page 7) has been submitted or uploaded electronically along with your Family ID account to C B East.
- 2. Complete Daily COVID Survey** – To attend practice every day, you must take the Daily Winter Survey before 12 p.m. If it is not filled out, you will NOT be able to stay for practice. Save the link on your computer and phone!
- 3. Wear Sweatpants & Sweatshirts** – You are required to wear pants and a sweatshirt or long sleeves every day. Wear shorts underneath so you are ready if weather permits. I will send athletes home if they do not have proper winter gear.
- 4. Meet at the Track (No Locker Room)** – Meet at the track & bring a bag every day because we are NOT allowed to use any locker room or gym at this point. Again, this is why sweats are crucial every day and the bag can have your extra layers, hats, spikes, etc.
- 5. Wear a Mask** – It is mandatory that you wear a mask to practice, keep it on until we begin running, and wear it when we stretch/leave the track.

## **Announcements**

### **Coffee House**

- Join us tonight at 7pm for Holicong's Annual Coffeehouse.**
- This year's virtual event will include singers and poets. Stay tuned for an email from Dr. Shillingford that will include the link to the Teams call.**

## Announcements

MBIT Open Virtual Open House at 6:00 PM – See [MBIT website](#) for details!

[Holicong Coffeehouse](#) tonight at 7:00 PM! There is a link to join and tonight's lineup will be emailed out later today!

# **Announcements**

## **World Affairs**

**The first meeting for ninth grade World Affairs Club is today at 2:15. If you did not receive an email from Mr. Kelly and are interested in attending, email him today at [pkelly@cbsd.org](mailto:pkelly@cbsd.org).**

# Announcements

## Yearbook

**Any student interested in helping put together the 2020-21 yearbook should email Mrs.**

**Lock at [jlock@cbsd.org](mailto:jlock@cbsd.org) this week. She will send you the form to fill out. We will begin to meet to work on our book after Thanksgiving.**

# P.O.P.S. Club Meeting

Today @2:50  
through Teams



All students are invited to join this information meeting. Email Mrs. Louderback [blouderback@cbsd.org](mailto:blouderback@cbsd.org) for the meeting link.



## Health & Safety Tip of the Week

Please remember that it is imperative that you wear your mask and maintain social distancing protocols!