



# July Fluency Program



Practice smooth, easy speech every day.

Draw a ☆ on your calendar for every day that you complete a Speech Activity.

<b>Date</b>	<b>Smooth Speech Activities</b>
1	Say 5 words that begin with the letter "h."
2	Name 5 fruits using stretchy speech.
3	Name 3 vegetables using stretchy speech.
4	Fourth of July!
5	Count to 20 using slow, easy speech.
6	Name 5 words that begin with the letter "a."
7	Lie down outside. Look at the clouds. What shapes do you see?
8	Name 10 farm animals using smooth speech.
9	Name 10 water animals using smooth speech.
10	Name 5 things you enjoy doing. Make sure you use easy speech.
11	Recite a nursery rhyme.
12	Say your name and address using easy speech.
13	Say your phone number using easy speech.
14	Talk about the weather. Keep your speech smooth.
15	Take a slow walk outside. What do you see?
16	Name 5 things that begin with the letter "e."
17	When you ask questions today, remember to use slow, easy speech.
18	Take a break and relax today.
19	Sing the Alphabet Song.
20	Go for a swim if you can. Keep your speech slow and smooth.
21	During dinner tonight, use slow, easy speech.
22	Name 5 things that begin with the letter "i."
23	Name 5 things that begin with the letter "o."
24	During lunch, use your slow, easy speech.
25	Do a finger play rhyme.
26	Tell someone a joke today.
27	Say 5 girls' names using continuous air: Emily, Amy, Alice, Annie, Elizabeth.
28	Say 5 boys' names using continuous air: Erik, Isaac, Harry, Anthony, Artie.
29	Recite the days of the week using easy speech.
30	Recite the months of the year using easy speech.
31	Relax and have fun today.