



September 2023

Dear Parents/Guardians,

This year at Holicong Middle School the counselors will conduct discussion groups with students. Discussion groups are confidential in nature and intended to help adolescents cope with everyday situations. Participation in a group is on a voluntary basis. These groups are not therapeutic. Examples of topics discussed are study skills, bereavement, classroom behavior, adjusting to a family move, peer pressures, substance abuse, stress management, family dynamics, friendship issues, etc.

These groups usually consist of six to eight students under the supervision of one of the counselors. Some discussion groups are facilitated in conjunction with the school psychologist, student support counselor, or a certified counselor from a community agency.

Groups are open to all students. If, however, you do not want your child to participate in such discussion groups, please contact us in the Student Services Office at 267-893-2710, or [blouderback@cbsd.org](mailto:blouderback@cbsd.org)

Thank you for your cooperation.

Sincerely,

Barbara Louderback, Meghan Pierangeli, Greg Striano, & Danielle Chickanosky

Holicong Counselors

**School Counselors**

**Meghan Pierangeli**

**Grade 8**

**Barbara Louderback**

**Grade 9 + ,**

**Grade 8 Learning Support Program**

**Greg Striano**

**Grade 7 +**

**Grade 8 Autistic Support,**

**Emotional Support Programs and 504s**

**Student Services Support Counselor**

**Danielle Chickanosky**