



Dear Parents and Guardians,

We would like to take this opportunity to welcome you to the 2011-12 school year! We hope you had a wonderful summer and are geared up for the new school year. ARAMARK is very pleased to continue to provide school breakfast and lunch for Central Bucks students.

We want you to know that we take this responsibility seriously and put your child's nutrition and well-being first and foremost. This year we will be featuring exciting new recipes, menus, vibrant dining environments, and nutritional information and messaging to encourage healthy eating and lifestyles.

We'd like to take this opportunity to share with you our new programs and services for the upcoming school year. Also, please find the following attachment to this letter:

- *August and September Monthly Menus insert*

Menus may be viewed on the Central Bucks School District Website (www.cbsd.org) under the "Cafeteria Menus" tab. Daily and monthly menus will also be posted in the cafeteria.

Breakfast

The daily breakfast menu consists of hot and cold options such as an assortment of breakfast sandwiches, bagels & cream cheese, breakfast sliders, cereal & graham crackers and much more! Each breakfast entrée includes a fresh fruit or 100 % fruit juice, and low-fat or fat-free milk. The cost of breakfast is \$1.35 for Elementary, \$1.85 for Middle, \$2.10 for High Schools. Reduced-price breakfast is \$0.30. Breakfast is served in the lunchroom 30 minutes before the start of school. Please check with your child's school to determine if a hot breakfast is served.

Lunch

Central Bucks School District uses a computerized meal accountability system. Prepayment for meals is Central Bucks preferred system available using the Café Prepay website. Prepayment for meals can also be made by check or cash. Please look for a detailed explanation of the Café Prepay system in the attached letter.

The lunch price is \$2.25 for elementary students. High School and Middle School students have the option to choose from regular meals at \$2.60 or premium meals for \$3.10. Reduced price lunch is \$0.40. The premium tier menu selections are new this year for the middle schools. Please check with your individual school's cafeteria to find out which premium entrées selections are offered!

All meal deal lunches include the entrée, fruit, vegetable, bread or grain plus a milk. There are a wide variety of fruits and vegetables offered daily so that each student may find something they enjoy.

Point-of-Sale System

For those of you new to the school district, we'd like to outline our Point-of-Sale (POS) system. The POS system benefits you, your child, and the school in a number of practical ways. We hope that you and your student will consider taking advantage of some of these convenient options. Please read the following information carefully.

We will be using a computerized cash register system to ease the payment process for your child. Here's how it will work:

- You can add money to your child's account by filling out an envelope and sealing the payment inside.

- The envelope should be clearly marked with your child's name, grade, and homeroom. If the payment is for more than one child, indicate how the money should be split (for example, Johnny = \$10.00 and Sally=\$15.00). Payment can also be made by check made out to "Central Bucks School District Food Services"

- We encourage payment be made using the Café Prepay on line payment system. For a small transaction fee, funds can be placed on your student's account using a major credit card.

- Payment can be made in any amount your budget will allow. Students who have money on account will not have to worry about lunch money every morning and will go through the lunch line more quickly at school.

- All students have been assigned a PIN # to use when buying lunch. Students will enter this ID number into a PIN pad at the cashier station. Grades K-6 cashier stations will use photo ID on the POS screen in lieu of the student ID number.

You will also have the ability to view and print out a copy of your child's meal purchase history report. This history report will show all the dates and times that your child has purchased lunch within the past 30 days. Please be advised that when you first create your account, you will only be able to see your child's history for that day. To view the 30-day history, log out and then sign back in again.

HealthierUS School Challenge (HUSSC)

The HealthierUS School Challenge (HUSSC) is a voluntary initiative established in 2004 to recognize schools participating in the National School Lunch Program that have created healthier school environments through promotion of nutrition and physical activity. We're doing our part to promote nutrition via increasing fresh fruit and vegetable offerings, increasing whole grain offerings, as well as using healthier cooking techniques.

In alignment with HUSSC, we are committed to serving nutritious meals to your children. This commitment is at the heart of how we deliver on our promise to help students flourish. We encourage students to embrace good eating and healthy lifestyle habits at an early age, and a school's food and nutrition program plays a big role in this effort. We're excited about the opportunity to launch these new menus at your school.

Some features of the new menu include:

A different hot vegetable offered every day of the week, and at least four different fresh fruits and vegetables offered daily. At least one whole grain food offered each day and only offering low-fat and skim milk.

ACE Nutrition Mascot Program

Throughout the school year, our elementary school nutrition mascot, ACE and his friends, share the *Stay Healthy* wellness message through a monthly program. Ace also makes an appearance to all the elementary schools throughout the year. Feel free to visit acefanclub.com to learn more.

Nutrition Education Materials

Monthly nutrition education materials are created and posted in the school cafeterias to reinforce healthy eating with students and provide nutritional facts and figures. Some typical topics the material focuses on are proper food portions, the main food groups, reducing sodium and reading labels. Monthly fruits and vegetables will be highlighted to encourage students' interest and consumption, as well as educate them on the benefits of eating fruits and vegetables regularly.

Free and Reduced-Priced Meals

Applications for free and reduced-priced meals are available at your school. Please fill out the form and return it to your child's school office before August 29, 2011. As a courtesy, all students who qualified for free or reduced-priced lunches last June will remain eligible until September 29, 2011. After that date, students must have a new application completed and returned to the school office to continue to receive free or reduced-priced meals. Families who qualify for free or reduced-priced lunches also qualify for the same category of breakfast. If the income in your household changes during the school year, we encourage you to fill out another application with the revised income data.

Food Allergies

There is a growing amount of food allergies and intolerances occurring in children. Please let us know if your child has any special dietary restrictions, and we will try to accommodate them as much as possible.

Again, welcome to the 2011-12 school year. If you have any questions, comments, or concerns regarding any aspect of the Food Service Program at your child's school, please feel free to contact ARAMARK Food Services at 267-893-5750, and we will be more than happy to assist you. Also, from time to time, we will reach out to you to obtain your feedback regarding the Food Service Program through our ViewPoint Survey process. We hope you will take the time to share your thoughts and ideas with us throughout the year.

Thank you for your support and cooperation. We look forward to another successful school year!

The ARAMARK Education Team at CBSD