

Another birthday  
is a gift  
in itself.



## Caregiver Registration

American Cancer Society  
Relay For Life of Central Bucks Middle Schools  
May 19, 2012



A cancer caregiver is anyone who is currently caring for, or who has cared for, someone with cancer. The definition includes friends and family as well as professional caregivers. A breakfast reception for all survivors and caregivers begins at 9:30am at Relay. This will be followed by a group picture at 11am and our opening ceremony at Noon. Please do not register any *current* 8<sup>th</sup> or 9<sup>th</sup> grade CB middle school students as caregivers, although those persons are still welcome to join you for breakfast. \*\*If you already returned an RSVP via the postal service or e-mail for this year's event, you do not need to fill out this form.

Caregiver Name: \_\_\_\_\_

T-shirt size: S M L XL XXL

e-mail address: \_\_\_\_\_

Adult or Youth (circle one)

Caregiver Address: \_\_\_\_\_

Phone: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

\_\_\_\_\_ I do NOT need a new Caregiver shirt for 2012. I will wear mine from a previous year.

\_\_\_\_\_ I would like a Caregiver shirt for 2012

\_\_\_\_\_ I would like to participate in [Cancer Prevention Study - 3](#) at Relay

This form must be received by April 17, 2012 in order for you to receive a t-shirt.

Deadline approaching? Email your information directly to

Mail completed forms to:  
Ricki Wittmer  
Tohickon Middle School  
5051 Old Easton Road  
Doylestown, PA 18902

[rwittmer@cbsd.org](mailto:rwittmer@cbsd.org)

You may pick up your shirt between 9am and 4pm on May 16<sup>th</sup> -18<sup>th</sup> in the Tohickon main office OR on the morning of registration.

**THANK YOU for your support of the American Cancer Society**

The Official Sponsor of Birthdays™ 1.800.227.2345 [www.cancer.org](http://www.cancer.org)



Dear Caregiver,

The American Cancer Society Relay For Life of Central Bucks Middle Schools has become one of the largest youth fundraising events in the nation. Throughout the years our students and community have fought back against this disease by holding bake sales, creating partnerships with local businesses, asking relatives for donations, and educating one another on the importance of a healthy lifestyle. We will continue to do all of these, plus many more, in the future. However, I am excited to tell you about a unique opportunity to battle this disease that is available to you at this year's event: Cancer Prevention Study – 3.

The American Cancer Society first began conducting long-term prospective studies (also called follow-up studies) in the 1950s. For these studies, large groups of individuals were recruited through a successful partnership between the American Cancer Society researchers and volunteers. The study population provides information (e.g. lifestyle, medical, or behavioral) and then are followed over time to assess their health outcomes and to determine how those outcomes are related to the previously collected exposure data. The commitment of the study participants and the volunteers who recruited them has been vital to the success of these studies.

Past long-term American Cancer Society follow-up studies have played a major role in cancer prevention at the American Cancer Society, as well as in other national and international efforts. More than 300 scientific articles by American Cancer Society epidemiologists have been published from these studies and findings have significantly contributed to tobacco-related research, and to the understanding of obesity, diet, physical activity, hormone use, air pollution, and various other exposures in relation to cancer and other diseases.

You are eligible to participate if you are between the ages of 30 and 65 and have never been diagnosed with cancer (other than non-melanoma skin cancer).

At Relay, you will be asked to sign an informed consent form, complete a survey packet, have your waist measured, and provide a small blood sample – about 7 teaspoons. The blood sample will be drawn by a certified, trained phlebotomist from Quest Diagnostics. The time commitment at Relay is less than 30 minutes. About a week after Relay, you will receive a comprehensive baseline survey that is an integral part of your involvement in the study. In the future, you will be asked to complete mailed surveys every few years over the next 20-30 years to update lifestyle, environmental and medical information.

Many people know, for example, that smoking is bad for your health. What you may not know, however, is that past Cancer Prevention Studies by the American Cancer Society have played a key role in establishing this connection. It is public knowledge that we may take for granted today, but it is all thanks, in part, to the people who volunteered in past studies such as this one.

In this year's relay season, I am certain that you continue to support bake sales and car washes in the fight against cancer. I know that you will smile at our breakfast and opening lap as much as I do each year. I hope that you will participate in this study later on that afternoon, and I hope that you will light a luminaria to recognize the fact that you've helped to prevent future generations from hearing the words "you have cancer."

More information about CPS-3 is available online going to [www.cancer.org/cps3](http://www.cancer.org/cps3). To sign up, check the appropriate box on your Relay registration form and specific scheduling information will be made available to you.

Thank you for your consideration in participating in this endeavor,

-Bill Senavaitis