

## PARENTPOSITIVE

Partnerships creating a healthier, stronger community

## Raising Kids to Thrive: Balancing Love with Expectations and Protection with Trust

What can we do as parents to give our children the unconditional love needed to thrive while also holding them to the high expectations needed for success? How can we protect our children while letting them learn life's lessons?

According to Dr. Kenneth Ginsburg, these are the two toughest questions with which we parents wrestle. Dr. Ginsburg offers the latest in research and a wide breadth of expert opinion, including adolescent viewpoints. Learn strategies to give thoughtful and balanced consideration to these two questions and build the perspective needed to make well-informed parenting decisions and to raise children who will be more than resilient – they will be poised to thrive!



Dr. Kenneth Ginsburg CB West High School Wednesday, April 13th 7:00p.m.

Kenneth Ginsburg, M.D., is a pediatrician specializing in Adolescent Medicine at The Children's Hospital of Philadelphia and a Professor of Pediatrics at the University Of Pennsylvania School of Medicine. He also serves as Director of Health Services at Covenant House Pennsylvania, an agency that serves Philadelphia's homeless and marginalized youth. Dr. Ginsburg has received over 30 awards recognizing his research, clinical skills, and advocacy efforts. He is the author of the best-selling *Building Resilience in Children and Teens: Giving Kids Roots and Wings*.

Registration encouraged. For more information or to register, visit Doylestownhealth.org/ ParentPositive or call 215.345.2121 Free parent education program appropriate for parents of elementary, middle and high school aged children. Free babysitting for children in Kindergarten through 6th grade available at CB West High School. Babysitting for infants, toddlers and preschoolers available at Central Bucks Family YMCA for a nominal fee.

Pre-registration required for babysitting at both sites.





