

Camp Girl Power

Monday, August 15th to Friday, August 19th 2016
9 AM to 3 PM

Girls, ages 11-13, will develop the skills to be **EMPOWERED** in the 21st century through a variety of fun and interactive activities.

Camp Girl Power is facilitated by:
Dawn H. Haaz, Psy.D., Licensed Psychologist
& Samantha Lohr, M.Ed., N.C.C.

Monday: It's All About Me

Explore self-identity and build self-esteem

Tuesday: Mind, Body, Spirit Day

Learn to take care of oneself mentally, physically, and spiritually

Wednesday: It's All About Us

Understand healthy relationships and how to develop them

Thursday: Take the Lead

Become an effective leader and team player

Friday: Empowered We Stand

Celebrate being **EMPOWERED!**

EMPOWERED: Possessing the knowledge, skills, confidence, and resources to stand up for oneself, make positive choices, and be in control of one's future.™



Girls Empowered

P.O. Box 201
Doylestown, PA 18901

267-225-6684



Fee is \$350 (Limited financial assistance available)