



CB South Cheerleading

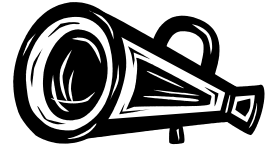
CHEER CLINIC 2016

Date: September 25, 2016

Time: 1:00 – 4:00 p.m.

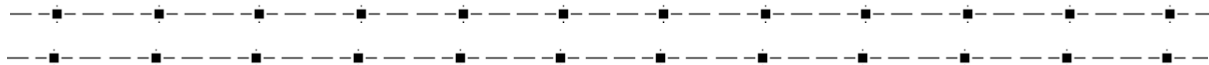
Place: CB South Gym

Cost: \$35 per person/
Siblings \$15

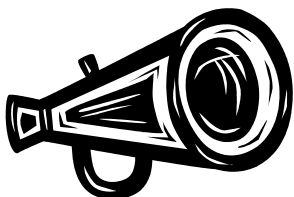
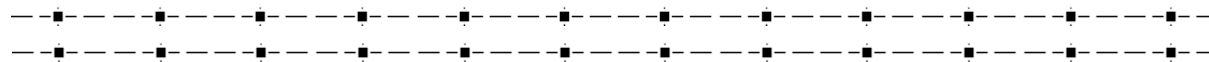


*Registration has changed – we will no longer
be able to accept direct cash or check, and
payment is now online.*

CLINIC ESSENTIALS



- To register your child for the clinic, you will need to follow the directions on page 2 of this advertisement. **Registrations received by 9/18 will be guaranteed a clinic t-shirt.
- All participants must complete a waiver, which is also found on the registration site – this must be filled out and brought with you the day of the clinic.
- Cheerleaders should wear comfortable clothes and sneakers. Please bring a snack. Water will be provided.
- Clinic participants are invited to cheer with the team at the home football game scheduled on Friday, September 30, 2016!



**FREE CLINIC
T-SHIRT FOR ALL
PARTICIPANTS**

To Register for the Clinic:

- Go to www.cbsd.org and click on the right hand side for "Community School".
- Next, click on the link on the left-hand side for "Extended Learning Programs-Online Registration".
- Follow the directions provided to register for a free MyPaymentsPlus account.



- Once you are registered with MyPaymentsPlus, you may register for the CB South Cheerleading Cheer Clinic 2016 (under CB South Athletics within the site).
- If you have questions, you may contact Kelli Barlow: mkbarlow@comcast.net



Clinic AGENDA

12:30	<i>Registration Begins</i>
1:00	<i>Pictures with the Titan</i>
1:15	<i>Stretching & Jumps</i>
1:30	<i>Motions</i>
1:40	<i>Sideline Chants</i>
2:00	<i>Break/Snack</i>
2:15	<i>Cheer</i>
2:30	<i>Dance</i>
2:55	<i>Break/Snack</i>
3:15	<i>Review</i>
3:30	<i>Stunting</i>
3:45	<i>CBS Exhibition</i>
3:50	<i>Performance</i>