

# ACTION CARE PLANS FOR A STUDENT WITH SEVERE MIGRAINES/HEADACHES

**Student:** \_\_\_\_\_ **Grade:** \_\_\_\_\_  
**Date of Birth:** \_\_\_\_\_ **Diagnosis:** \_\_\_\_\_

## EMERGENCY INFORMATION:

Parent/Guardian's Name: \_\_\_\_\_  
Mother: Telephone (H) \_\_\_\_\_ Father: Telephone (H) \_\_\_\_\_  
Telephone (W) \_\_\_\_\_ Telephone (W) \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
Physician: \_\_\_\_\_ Telephone: \_\_\_\_\_  
Address: \_\_\_\_\_

**HISTORY:** \_\_\_\_\_ **Diagnosis Made:** \_\_\_\_\_  
Other current/chronic concerns: \_\_\_\_\_  
Previous Hospitalizations: \_\_\_\_\_  
Surgeries: \_\_\_\_\_

DESCRIPTION OF A TYPICAL HEADACHE/MIGRAINE \_\_\_\_\_

Possible Triggers: \_\_\_\_\_  
Average Length of Time a Headache Lasts: \_\_\_\_\_  
Student Reaction to Headache: \_\_\_\_\_

ALL CURRENT MEDICATIONS (Please provide medication dispensing form if medication is to be given at school)

	NAME OF MEDICATION	DOSAGE	TIME	SIDE EFFECTS
1.	_____	_____	_____	_____
2.	_____	_____	_____	_____
3.	_____	_____	_____	_____

ANY ADDITIONAL INFORMATION: \_\_\_\_\_

## EMERGENCY TREATMENT:

\*Notify Parents

\*Given Medication as ordered

Comments or Miscellaneous Information:

\_\_\_\_\_  
\_\_\_\_\_

PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_